

# The Racing Blade®

VOLUME XXIX  
NUMBER 3

FEBRUARY, 1996



Rich Widmark

## Features:

ASU Convention

Connecticut Association Expands

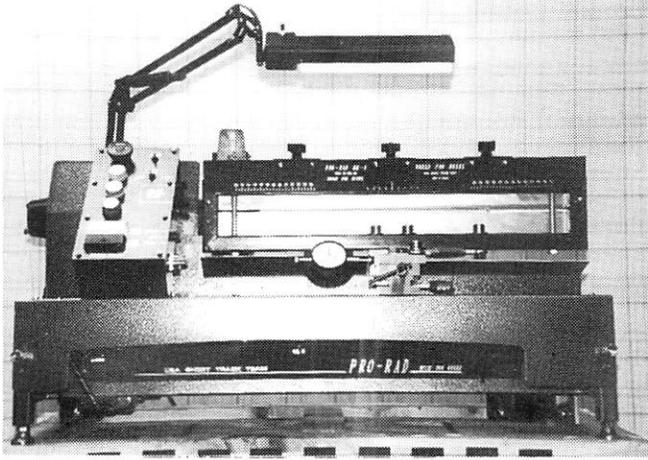
Remembrances of Harvey Moore

Dan Jansen Movie

E-Mail Directory

NATIONAL SPEEDSKATING NEWS  
PUBLISHED BY THE AMATEUR SPEEDSKATING UNION OF THE U. S.

**YES, THIS IS ROCKIT SCIENCE**



**PRO-RAD RM-1 RADIUS MACHINE  
WORLD STANDARD OF EXCELLENCE**

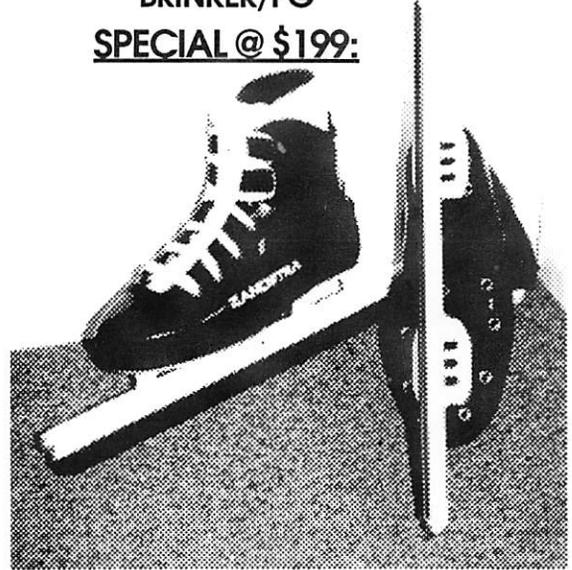
**LET US ROCK YOU - \$30/pr**

*or*

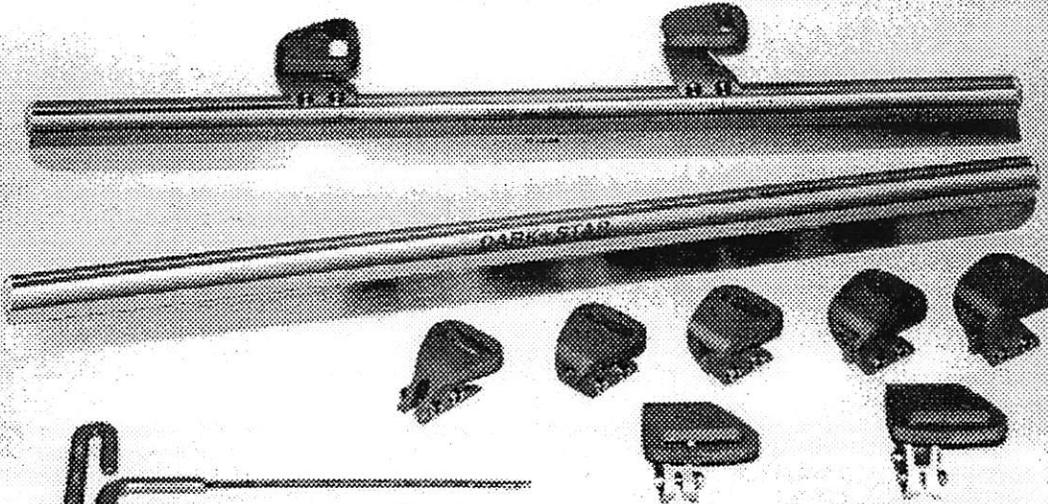
**DO IT YOURSELF - \$5300**

*If you sharpen your skates, they'll get out of shape eventually. Re-radius recommended twice per year.*

**"BRINKER/PG"  
SPECIAL @ \$199:**



**"MERLIN"  
THE MOST TECHNOLOGICALLY  
ADVANCED BLADE OF THE DECADE.**



**DARK\*STAR**  
MADE IN THE USA FABRIQUE AUX ETATS UNIS

**WHEN EVERYTHING MATTERS**

**NEW!!! MERLIN for '96 - updated, stiffer, stronger tube; new steel runners with extra edge holding ability; super!**

**NEW!!! PERIGEE for '96 - super strong, with hardened tube**

SPEEDSKATING PROFESSIONALS, SINCE 1980 - THE MOST COMPLETE PRODUCTION, SALES, AND ON-SITE SERVICE FACILITY IN NORTH AMERICA. OUR ONLY BUSINESS IS SPEEDSKATING, ALL DAY, EVERY DAY. DEAL WITH PEOPLE THAT KNOW YOUR SPORT, ADVANCE YOUR SPORT, AND KNOW YOUR INDIVIDUAL NEEDS AND PROBLEMS. UNIQUELY QUALIFIED TO SERVE YOU.

**BUILT FOR SPEED**  
400 west taylor street  
syracuse, NY 13202 USA  
ph 315 475 3110



# The Racing Blade®

VOLUME XXIX

ISSUE No. 3

FEBRUARY, 1996

## Feature Articles

### **ASU Convention Heads for the Twin Cities..... 3**

By Rose Kline

*All the data to make early plans.*

### **Need a Little Stronger Dose of Speedskating? Try This!..... 5**

By Shirley Yates

*Compelling reasons why you should come to the convention.*

### **Memorial to Harvey Moore..... 7**

By Jan Edwards and Peggy Dixon

*Heartfelt reminiscing about a man and his contribution to a joyful youth.*

### **Harvey Moore Remembered..... 8**

By Erik Hendriksen

*Fond memories of an important man.*

### **Connecticut Speedskating Association Expands into Norwich..... 9**

By Al Menghi

*A top-notch primer on what to do and how to do it.*

### **The Dan Jansen Story.....11**

By Joyce Leggatt

*An inside story on the making of a television movie.*

### **E-Mail Directory.....13**

By Ann Glaser

*Turn on your computer and start communicating.*

### **Bonnie and Casey Promote World Cup Meets in Roseville.....15**

By Randy Briggie

*A run-down on meets and format changes.*

### **Action at the Great Lakes Short Track Championships.....17**

*Photo Layout.*

# Departments

|   |   |
|---|---|
| <b>Notes From The National Office</b> .....21<br>By Shirley Yates | <b>What's Happening</b> .....27<br>By Fred Benjamin |
| <b>Overheard in The Heat Box</b> .....20<br>By Larry Ralston      | <b>USISA News</b> .....30<br>By Katie Marquard      |
| <b>President's Report</b> .....20<br>By Jim Chapin                | <b>Association Articles</b> .....40                 |
| <b>Coach's Couch</b> .....26<br>By Don Kangas                     | <b>Letters</b> .....29                              |



# Special Items

|  |   |
|--|---|
| <b>1996 Scholarship Application Notice</b> .....12 | <b>Carol Blatchford Memorial Scholarship Announcement</b> .....40 |
| <b>Summer Camp Schedule</b> .....23                | <b>Election Notice - ASU Members to the USISA Board</b> .....6    |
| <b>Thank You From Joyce Leggatt</b> ..16           | <b>Shirley Says</b> .....39                                       |
| <b>Clubs and Association List</b> .....18          |   |
| <b>Obituary - Dr. Lowell Miller</b> .....29        |   |

# ASU Convention Heads For The Twin Cities

by Rose Kline

This year's ASU Convention, hosted by the Greater Minnesota Speedskating Association (GMSA), will be held Friday, May 17 through Sunday, May 19, 1996, at the Days Inn Airport by the Mall of America.

The Days Inn Airport features 207 deluxe guest rooms, meeting and banquet facilities, a full service restaurant and lounge, a beautiful indoor tropical paradise complete with an indoor swimming pool, whirlpool, sauna and deck games (putting green for those who want to bring their putter to practice)! The Days Inn is located within walking distance (just across the street) from the world-famous shopping and entertainment complex Mall of America.



The Days Inn is just minutes from the Minneapolis/St. Paul International Airport with complimentary shuttle service. If you would like to use the hotel shuttle service just use the hotel phone board at the baggage level of the airport and call the Days Inn for service. If you're driving, take I-494 to 24th Ave, going south to Killebrew Drive. Right turn onto Killebrew Drive, then left at traffic light to service road. The hotel has plenty of free parking.

If you wish to indulge in a little wagering, Mystic Lake Casino is 20 minutes away. There is free transportation from the hotel at 7:15 p.m. every Friday, Saturday or Sunday evening.

GMSA has secured a block of rooms at a special group rate of \$69.00 a night for single/double occupancy. Kids (12 and under) stay and eat free in the hotel restaurant when accompanied by parents. Although the Convention will be held Friday through Sunday there will be a select number of rooms reserved for those arriving as early as Thursday, May 16. To make your reservations call the Days Inn at 612-854-8400 and be sure to ask for the "ASU Convention rates". Incidentally, these rates are guaranteed until April 16, 1996, so don't delay, make your reservations early!

Registration for the Convention is \$(60.00) and includes the banquet. Separate banquet tickets may be purchased for \$30.00 each. For your convenience, there will be a hospitality room open with refreshing beverages and snacks provided by your GMSA friends. There will also be coffee served during meetings.

To register for the Convention and/or banquet please complete the registration form, attach your check and mail to:

Rose Kline  
229 Stardust Blvd.  
Circle Pines, MN 55014

If you have any questions please contact Rose Kline (Chairperson) 612-786-5041 or Joan Peterson 612-774 7391.

Make your reservation now for an exciting weekend in Minnesota!

## 1996 ASU Convention / Banquet Registration

Name: \_\_\_\_\_

Association: \_\_\_\_\_

I will be attending:

- Only the Banquet on Saturday night enclosed is my check for \$30.00
- The Convention / Banquet enclosed is my check for \$60.00

(This is NOT a hotel reservation. Call the hotel phone number shown above in the article.)

## Summer Training Camp Northwood University

Midland, Michigan  
July 28-August 3, 1996

This camp is open to all speedskaters. Programs will be available for skaters of all ages and ability from any association or club. The camp is sponsored by the Michigan Speedskating Association with the arrangements made by the Midland Speed Skating Club. Contact Don Kangas, 517-631-3863 for additional information.

## Change of Telephone Number

Effective January 20, 1996, the area code for Editor Bob Vehe was changed from 708 to 847. This applies to the entire North and Northwest suburban area of Chicago. The area code for the National Office has NOT changed at this time. The basic seven digit numbers remain the same as shown in the masthead on page 4 of every issue of The Racing Blade.



## The Racing Blade®

Is published by the Amateur Speedskating Union of the United States five times per year, and is printed and mailed at Wyandotte, Michigan as third-class mail.

Publisher—Roy Helminski, 2504 Seventeenth Street, Wyandotte, Michigan 48192 (313) 284-1124.

Subscriptions are free of charge to all registered members of the ASU. Subscriptions are \$15.00 per year for non-members in the U.S. Subscriptions to Canada, Central or So. America are \$20.00 per year and \$25.00 per year to Europe, Asia and Australia. All payments in U.S. funds.

Subscriptions or change of address requests should be directed to ASU National Office at the address shown below.

Letters to the Editor, articles of interest, and features about an Association's officials or skaters should be sent to the Editor, Robert R. Vehe, 404 HiLusi Avenue, Mt. Prospect, Illinois 60056. (708) 253-4191, FAX (708) 253-4195. Unsigned letters and manuscripts cannot be accepted.

Further information about speedskating, becoming a member of the Amateur Speedskating Union, or establishing local organizations can be obtained from the ASU National Office, Shirley A. Yates, Executive Secretary, 1033 Shady Lane, Glen Ellyn, Illinois 60137, Phone (708) 790-3230, FAX (708) 790-3235. The ASU is a non-profit, charitable organization. Donations are tax-deductible.

Art Director: Richard Westlake

Requests for advertising information should be addressed to the Advertising Director, Chuck Kazmierski, 2331 Old Pine Trail, Midland, Michigan 48642, (517) 631-3357.

### ADVERTISING SPACE

Advertising space is available at the following rates (per issue) in U.S. funds:

Flea Market Ad  
(20 word maximum) . . . . . \$ 15.00  
Up to Quarter Page . . . . . \$ 40.00  
Half Page . . . . . \$ 75.00  
Full Page . . . . . \$125.00  
Back or Inside Back or  
Inside Front Cover . . . . . \$150.00

Back Issues  
of the Racing Blade . . . . . \$ 3.00

## Our Twenty-First Cover

by BOB VEHE

Here's a photo that somehow I had acquired years ago, from where I don't know. The daredevil is somewhat obscured by the smoke from the kerosene blaze on the burning towels on the airplane engine cowling ring used for the feat. The daredevil is Rich Widmark from Northbrook, Illinois.

Some years ago, I published this photo and Rich was surprised since he didn't have a copy of it. I believe this photo was taken at the old St. Louis Arena at one of the fabulous St. Louis Silver Skate meets playing to a packed house. Some time later I saw Rich and he asked if he could get a copy of the photo and that there was no rush. This "no rush" requirement has stretched into two or three years or more because it kept disappearing and my memory keeps getting shorter and shorter.

While looking through some old photos for an inspiration for a cover, I had my annual surprise by stumbling upon this photo. Instantly, my memory was perfect. Rich wants a photo and I want a cover. Eureka!

The use of this as a cover struck me as reasonable since it is something that most likely will never be seen again. Exhibitions such as this must be violating at least a dozen ordinances or laws, by now, and if not, the anti-smoking pickets would be ten deep at the entrances to the arena.

There is an interesting story about fire ring jumping and barrel jumping and the skaters who did this for many years, but I'll save it for the next issue with more photos and more details.

Dont' let me forget.

## DEADLINES



**ITEMS FOR THE NEXT ISSUE**

**ARE DUE: MARCH 1, 1996**

June 1, 1996



## ASSOCIATE EDITORS

**LARRY CLEVER**  
NORTHERN NEW YORK  
12 Benton Drive  
Saratoga Springs, NY 12866  
(518) 587-8055

**MARY CHAPIN**  
MISSOURI ASSOC.  
6551 Tholozan Avenue  
St. Louis, MO 63109  
(314) 645-8320

**MILT WEINSTEIN**  
NORTHEAST ASSOC.  
50 Princeton Road  
Chestnut Hill, MA 02167  
(617) 332-1407

**BRAD GOSKOWICZ**  
WISCONSIN ASSOC.  
4995 South Guerin Pass  
New Berlin, WI 53151  
(414) 476-2290

**DENNIS MARQUARD**  
OHIO ASSOC.  
2418 Bassett Road  
Westlake, OH 44145  
(216) 899-9577

**MICHIGAN ASSOC.**  
P. O. Box 148  
Twin Lake, MI 49441

**MARY WONG**  
NO. CALIFORNIA ASSN.  
2723 Gamble Ct.  
Hayward, CA 94542  
(510) 886-0565

**ALBERT D. MENGHI**  
CONNECTICUT ASSN.  
130 Butlertown Road  
Waterford, CT 06385  
(203) 439-1619

**KEN VRAA**  
GREATER MINNESOTA  
SKATING ASSN.  
4360 Andromeda  
Eagan, MN 55122

## NEED A LITTLE STRONGER DOSE OF SPEEDSKATING? TRY THIS!

by Shirley Yates

It happens every year. As we settle into the new year, before the season is even over, we begin to direct our thoughts to that spring-time "festival" - the ASU Convention. You might consider this a change-of-pace activity for our group of speedskating fanatics. But when you consider that the three-day weekend is spent totally concentrated on the sport, it really isn't.

The Convention is ASU's forum for assessing the past season, discussing new programs for the future and establishing legislation or making

---

**"And who does this? People like you."**

---

changes in the current rules that govern the sport. And who does this? People like you. All of our members - skaters, non-skaters, officials, parents - are important in determining the future of our sport and it is done at the Convention.

This year the Convention comes back to the Midwest. The Greater Minnesota Speedskating Assn. is hosting the 1996 event, scheduled for May 17-19 at the Days Inn Mall of America/Minneapolis Airport.

Each association may send seven "official delegates" to the Convention. That includes a Board of Control member, three delegates and three alternate delegates. These people represent you in any voting at the Convention. They also have the responsibility of taking what has happened at the Convention back to their associations and clubs.

But anyone may attend and if you want to learn more about speedskating and becoming involved on the National level or are concerned about any aspect of the sport, you are urged to attend the Convention. Your association needs good representation at this important annual meeting and the ASU needs the direct support and input of members who are willing to contribute and commit to the future of the sport.

---

**"...you will be able to participate  
in ... meetings "**

---

Even if you are not an official delegate at the Convention, you will be able to participate in the meetings and workshops, help determine activities that affect clubs and associations, express your concerns, voice your opinions and make a difference. You will be part of the lobbying and arguing that leads up to the final voting on Sunday on the proposals which have been submitted by the associations. If you helped to draw up your own association's proposals, you will be in on the action from the beginning to the end.

And when you see the interaction between the association Board of Control members and

delegates and the consideration that is given to each proposal, you will understand the process by which the ASU's rules have been developed since the ASU's first Convention in 1927.

Because we conduct the necessary annual business of the Union at the Convention we know it is going to be a "working" weekend, but we know there will be time for fun too. What could be more fun than renewing old friendships and meeting new people from all over the country, all of whom have the same great passion as you. And you can do this at meetings, poolside, in the whirlpool or sauna, at social functions, at breakfast, at the banquet - with no ice around! In Minnesota you can do this on the putting green, at the Mall of America or at a casino!

---

**"Audit and Finance...Few people  
will attend that meeting..."**

---

It's always difficult fitting all the activities of the weekend into three days. So although the Convention officially opens at 9 a.m. Friday, the first meeting is always at 8 p.m. on Thursday. It's an important one - Audit and Finance. It's open to everyone. Few people attend that meeting although most people arrive at the Convention on Thursday. So it's a small group usually that discusses financial problems and does the preliminary voting on any Finance proposals on the agenda. The recommendations are then passed on to the Board of Control on Sunday for the final voting.

Frequently the host association will organize a casual get-together on Friday evening or open a hospitality suite, which usually is a great relief to Conventioneers who have put in a long day of meetings and are looking forward to relaxing. However, Saturday evening's social event, the banquet, is an elegant dressy affair - at least by speedskating's standards. Special ASU awards are presented to those who deserve our recognition and the Hall of Fame inductees are honored. Accolades, good food and drink and camaraderie are the order of business for the evening.

An important part of the Convention has become the Officials Clinic for referees, starters, clerks and judges. It was well attended at the 1995 Convention in Boston. Actually four clinics were conducted because the group of officials was split up and each discipline met separately, instructed by experienced ASU Chief Officials. Not only were potential officials given the basic instruction needed to fulfill the various positions, but many experienced officials, knowledgeable in the rules, participated and crucial issues were discussed.

---

**"The clinics will...be held...on  
Saturday..."**

---

Because the Officials Clinic was considered to be a great success again, Commissioner of Officials Tony Arena has announced an Officials Clinic

will be held at the 1996 Convention. The clinics will again be held from 3-5 p.m. on Saturday and those wishing to only come in for the clinics, and perhaps the Saturday evening banquet as well, may do so without registering for the whole Convention.

Another new feature of the 1995 Convention was a Media Clinic conducted by Myra Vandersall, ASU's very accomplished Promotion/Publicity Chairman. It was a winner! Originally it was agreed that each association should designate one representative to attend the clinic. As it turned out, almost everyone at the Convention sat in on Myra's clinic, mesmerized by her presentation and impressed by the materials she gave them to take back to their associations and clubs. We don't know what Myra is planning for this Convention but whatever it is, we know it will be very professional and important to our sport.

This Convention also will include the election of ASU officers and eight individuals from the ASU to USISA, four to its Board of Directors and four to the President's Advisory Board.

All proposals for the Convention Agenda must be into the National Office by March 1. The forms and instructions on how to submit proposals were sent to all association secretaries in January. The full Agenda and all details of the Convention will be mailed to association secretaries by April 15. Associations wishing to bid on the National or North American Championships for 1999 should request a sanction application from the National Office. Deadline for submitting the application is April 1. NO APPLICATIONS will be accepted after that date.

Those bidding for the Convention or National Marathon may also submit a bid to the National Office before the convention but bids will be taken for these events until the close of business on the Saturday of the Convention.

## First Impressions Count

Remember what you heard about first impressions being important? Keep this in mind when a new or potential skater visits a workout.

Introduce yourself

Thank them for stopping by

Ask them if they have any questions

Offer encouragement

Most importantly-Don't ignore them

Most new skaters are nervous and shy, and may even be a little intimidated. If they don't feel welcome, they probably won't come back. You can help give them a positive first impression of the sport. Remember, every new skater is important.

Al Menghi

## ASU TO ELECT MEMBERS TO USISA BOARD

In the spring it will be time again to elect eight individuals from the ASU to the USISA Board Members Committee. The four receiving the most votes will be members of the Board of Directors. The next four will be members of the President's Advisory Board. This committee will be seated at the September 1996 USISA Board Meeting. The term will run through May, 1998.

When considering submitting your name for this position, it should be remembered that these positions belong to the ASU - not to an individual. It is expected you will support ASU goals, not your own or those of USISA.

Members must attend the two major USISA meetings each year - in September and April - at their own expense for transportation, food and lodging. The committee meetings take place on Friday afternoon and evening. The board meeting is all day Saturday and on Sunday until business is completed.

Members must also attend the May ASU Convention each year which convenes Friday morning and runs to about noon on Sunday. Again, transportation, food, lodging and any other expenses are assumed by the individual.

Board members are expected to involve themselves on USISA committees and be active and vocal in support of ASU positions on those committees and at board meetings.

### QUALIFICATIONS:

ASU Executive Committee Members, and their spouses are not eligible to run for this committee. Applicants should have a basic working knowledge of ASU and USISA and have some experience at the club and state association level. Applicants should be comfortable speaking before a group of 60-75 people to make or advance a point.

### DIRECTIONS:

Send a resume of your qualifications before April 1, 1996, to:

**ASU NATIONAL OFFICE**  
1033 Shady Lane  
Glen Ellyn, IL 60137

No applications will be accepted after April 1, 1996. If you wish to give reasons why you want to be a member of the board, limit them to 50 words or less.

A ballot will be sent to each association by May 1, 1996, for its consideration. The ballot must be cast in person at the Convention by the Board of Control member.

Each Board of Control member, including the Skater Representative to the Board of Control, will have one vote for each of the eight positions available.

**2Editor's Note:**

This memorial was written by Jan Edwards and Peggy Dixon and read at the Memorial Service by Andy Dixon

# MEMORIAL TO HARVEY MOORE

As we look back over the years of skating, it is hard to say if there was one single most important influence in our lives; but what we do call to mind, is Harvey Moore. From the time when we all first began to skate or should we say, put on skates and attempted to skate, Harvey noticed the potential in all of us. His eyes watched carefully every move we made. He was fascinated by every stroke a skater made. He saw more than the naked eye could see. He evaluated the blade position and the angle of how a skater swing their arms. He was caught up in that moment, watching a skater, any skater, glide across the ice, hypnotized by that moment.

This attentiveness sometimes got Harvey into trouble. It didn't matter to Harvey who the skater was or what team they were on. He helped everyone! From the youngest beginner to the seasoned Olympian. The smart skaters and their parents listened carefully to Harvey. He would only speak a couple of phrases to you, but in that brief instruction, champions were made. Look at Champaign-Urbana's history of National Champions. Coincidence or fate that so many champions came from these two towns? We believe it is because of Harvey Moore and all of his followers.

He had an uncontrollable destiny to be a part of history and he was. Our Bonnie made history and in doing so, she immortalized Harvey Moore forever. Now he joins the line-up of other skating heroes in heaven: "Chilli" Blair, Jim Edwards, Frank Kirby, and all the skating stars who stood on the ice and froze for the love of skating. The memories will always be there to recall for a wonderful moment on a cold, snowy, winter day, when our Rink, the Polar Dome in Dundee, Lake Como in St. Paul,

car rides to Buffalo, New York, and Harvey and Dick Blum (Niagara Falls). To hotel lobbies where skating was all that was spoken, long train rides thru the hills on the way to St. Paul, summer skating at the rink in Springfield, skating the Lake of the Woods pond, and the basement locker room sessions after practice at the ice rink. This is where it all began. We listened because we wanted to learn from this man who loved the sport more than anyone ever could.

Harvey loved skating more than his own self. It came before his wonderful wife, Marge, who shared Harvey with us for so many years. Thank you, Marge. It came before business; nothing would interfere with skating. We remember many skating trips when we would ride with Harvey to away meets. We would spend time in the car outside warehouses and businesses while Harvey tried to combine business with skating. We did not realize until we got older how hard that must have been for him to go every weekend and spend so much on a sport that only benefited everyone else.

How can we end this memorial to Harvey? We can't. Every time one memory ends, another begins. So, farewell forever, and thank you for our memories.

Love - Jan and Peggy



## Harvey M. Moore

Born-September 2, 1919

Died-December 10, 1995

Co-founded the United Commercial Travelers Speedskating Club in 1955 in Champaign, Illinois, and helped develop it into one of the largest and most successful clubs in the country.

Numerous skaters who became National or North American Champions along with many Olympians started their speedskating careers under Harvey Moore's guidance.

His interest in speedskating was all-consuming and his success as a coach, role model and leader of youth is unequalled.

Dear Bob,

Harvey Moore died last week. I went to the Memorial Service for him Saturday night. There were very few people there but a handful of devoted skaters and some close relatives. I suppose very few people in the skating world in Chicago and other places know about it, but they should be made aware. There was never a more dedicated skating coach or enthusiast than Harvey. He tried to help everyone and he was way ahead of this time. Jan Edwards and Peggy Dixon wrote a beautiful eulogy and Andy Dixon read it. I think it should be put in The Racing Blade and when I get a copy I will send it to you. Poor Harvey never got the appreciation he deserved.

Hastily, Eleanor (Blair)

*A close look at a coach from a skater  
who benefited from his help*

# Harvey Moore Remembered

By Erik Henriksen

The American speedskating community lost one of its most dedicated club coaches when Champaign-Urbana's Harvey Moore was called to rest on December 10, 1995. Harvey had been failing in health for several years, and we have missed his presence at skating events and functions for some time.

I am honored to recall and celebrate Harvey's contributions to skating while sharing some personal anecdotes.

Harvey Moore was easily the best recruiter and ambassador of speedskating that Champaign or any other club ever had. Harvey would set up his stake-out at evening and weekend public sessions at the University of Illinois ice rink. I got my first pair of skates in 1965 when I was seven years old and I began skating at public sessions with my brother, Neil. Before long Harvey "flagged us down" and said something like, "How long have you boys been skating? You go pretty good. How would you like to come to family night at U.C.T. and try speedskating?" That was my start in the sport as it was for countless others.

Following the first encounter, Harvey would work with us at public sessions, which, by the way, speedskaters ruled in those days. He would have us chase down other skaters and invite them to join our group regardless of what type of skates or attire they may have worn. The group grew and on any given public session, Harvey would be holding court with the new recruits and the established skaters. At times, over half the club would be on the ice commandeering the public session under Harvey's direction.

This was the early environment for the many top skaters Champaign produced. The Blairs, Roger Capan, the Dixons, Toy Dorgan, the Edwards, the Evans,



Coach Harvey Moore

Scott Drebes, the Timpones and the Henriksens were all catalyzed by Harvey Moore.

Harvey knew skates and helped us all with our equipment needs. If you were outgrowing skates or were having a problem with them, Harvey took them to his ZZZ Fastener Supply Co. where he inventoried skates. He would get you into a new pair or find suitable used ones, at or near cost. Harvey straightened bent blades on the old benches in the rink lobby. He would adjust the radius on your skates on his famous portable belt sander.

It was Harvey Moore who looked for deals on motels for our considerable out-of-town meet schedule. Harvey pushed for the chartered buses for Chicago area races, which added to our team spirit and comfort at cold, outdoor meets.

Harvey had one fault, which at the time, I didn't understand. He coached and gave pointers to skaters from other clubs. These included my competition. Now for those of you who remember my early days as a skater, you will recall that I needed any edge, break, or advantage I could get. Having your coach helping

skaters who are waxing you silly all over the ice is not the way to close the gap. More on this later.

From a technical standpoint, Harvey Moore contributed greatly. He studied and loved the mechanics of skating. Harvey put us through "slow work" at the beginning of every practice. This included teaching the proper skating position. Harvey stressed a relaxed upper body with a gentle aerodynamic profile, and, of course, the proper knee bend. He worked with us on rolling our edges. Few clubs in this country had technical coaching of this caliber. Harvey's "slow work" was analogous to patch sessions utilized by figure skaters. It is invaluable for developing speed and maintaining control and stability at high rates of speed.

I would be remiss if I didn't mention the arms. Harvey had a fixation with this part of the human anatomy as it related to speedskating. Harvey stressed hand position, elbow break (on both forward and backswing) and cross swing on starts and the transition to overdrive. Whoever knew Harvey remember these sound bytes, "Let 'em come back" or "Reach with 'em" or "Use 'em." There can be no argument made as to whether or not it was overkill. In some cases it was, but take a look at some Bonnie Blair footage. There you will see some of Harvey's best work!

Skaters change coaches several times, but it is nice to be on good terms with as many of them as possible. It was very uplifting to have Harvey around with his 1950s club robe and the famous bullhorn telling me to "Use 'em" at the 1980 Olympic Team Trials. I made that team by one hundredth of a second. If I hadn't "Used 'em" I would have been watching Eric Heiden on TV

*(Continued on page 44)*

*A top-notch primer on what to do and how to do it (sans pareil).*

# Connecticut Speedskating Association Expands into Norwich

By Al Menghi

The Connecticut Speedskating Association recently started a new speedskating program in Norwich, Connecticut. This program is at a brand new municipal rink which is located in the Southeastern part of the state, where there has never been a speedskating program. We had only three registered skaters within 30 miles of this rink, so we had to work really hard with publicity and promotion. Here are some of the things we learned:

## **Get involved early and get to know everybody involved**

We got involved when the rink was just the dream of some local hockey players and parents. When we found out about it, we immediately contacted the proponents and offered any assistance we could. We joined the committee to promote the rink and spoke to the city council and at public hearings. This gained us some valuable allies who were very important later on (one of them became the rink authority chairman). We also got to know the local reporters.

Throughout the process, our input was appreciated. One of the politicians later said that our input really helped sway the city council in favor of the rink. Apparently some members of the council thought the hockey players wanted the city to fund a rink just for them.

## **Be professional and put it in writing**

After construction of the rink was approved, an authority was formed to manage it. Again, we attended meetings and made ourselves known. We immediately wrote a letter requesting ice time. At one of the meetings, we were given the opportunity to discuss our ice request. We made overhead slides and had copies to hand out. The slides

were simple, brief, uncluttered and explained our goals. One slide was a flow chart explaining the ASU/USISA association and club relationship. Another slide had a few brief facts about speedskating. Other slides explained our growth plans for the next two years. We told what hours we wanted and justification for why we needed them. We

anyway. If you want the ice, you have to sign up and pay. Don't expect the rink to give you any special breaks. As they say, money talks. We didn't go into this totally recklessly, there is a clause in our contract where we can (try to anyway) sell our ice time if things didn't work out.

## **Newspaper coverage**

We wrote letters to the three lo-



CSA Members Jerry Klasman, Jody Foley and Dave Money Penny in the Norwich Winter Carnival Parade on November 25.

Al Menghi Photo

stated that prime time ice is critical to the development of a new program. We could only afford one hour, so we said they should be able to fit us in the schedule. Our presentation helped. One of the authority members told me our presentation was by far the most organized and most professional one they had seen.

## **You can't be afraid to take a risk**

We had only a handful of skaters who could commute to the new rink, but in order to secure ice time, we signed a contract

cal newspapers and ended up getting stories in two of them. Send the letters to the reporters who cover the local town news or special interests. We have found the sports writers are more responsive to actual racing news than general club information.

In the letters, be honest and direct: flowery pitches don't work. In our letters, we stated that we are looking for publicity, but we are newsworthy too and a story would be mutually beneficial. It worked. Newspapers are not in business to provide free advertising for your program. There has to be something in it for them too, or they won't do a story.

### Get involved in the community

Norwich had a winter carnival and a parade in which we participated. This also got us some additional newspaper coverage and a few leads for fundraising. There was a public access cable TV show filmed to promote the winter carnival. We were interviewed and after describing what we were going to do at the carnival, had a couple of minutes to promote our new program. You will be surprised at how many people watch public access television.

For the parade, we made an eight foot long speedskate and mounted it on top of a pick-up truck. We in-line skated in the parade and handed out 125 of the ASU brochures. At the winter carnival, we demonstrated slideboard, turncable, and in-line skating. We got a surprisingly warm reception from both the parade spectators and the people who watched our demonstrations.

### Difficulties

This new program has had some difficulties. We still need to get a few more skaters signed up to keep the program from losing money. Two weeks of near blizzard conditions on the nights of (our third and fourth) workouts kept most of the skaters away and has hurt us real bad financially. We only charged new skaters per session because we wanted to give them the chance to try it before they committed. Maybe that was a mistake and we should have required a months' ice time paid up-front. The rink does that for their programs. Trying to start a new program between the holidays probably made things more difficult too, but that is when the rink opened.

A few skaters had verbally committed but backed out. Even though they probably had good intentions, things change. A few skaters backing out can break a new program.

It's been said that in most organizations 20% of the people do 80% of the work. We are no exception. Don't underestimate how much work is involved in starting a new program and be sure you recruit enough help.



Dave Moneypenny (bending over in the center) demonstrates technique to new skaters at Norwich.  
J. Benton Photo



Alex Ihlo on the inside at the start of a race at the Bay State Championships in Marlboro, MA  
J. Benton Photo

Don't get discouraged by the few difficulties we encountered. The positive far outweighs the negative. But in order to accurately describe our experience, we had to tell both sides of the story.

### The Results

We consider our promotional efforts successful. At our first session, we had nine new skaters show up. Eight of the nine had never seen speedskating before other than on television. The second week five more new skaters came. At least one or two more seem to show up every week. In another month or so, we should be in good shape.

The past two years of work has taught us a great deal. We learned that hard work and a couple of breaks can get you results. To start a new program from scratch and to be able to bring speedskating to a new community has been quite rewarding.



Dave Moneypenny on the left instructs skaters at the first Norwich ice session on November 30. J. Benton Photo

*The inside story on the making of the movie*

# THE DAN JANSEN STORY

By Joyce Leggatt

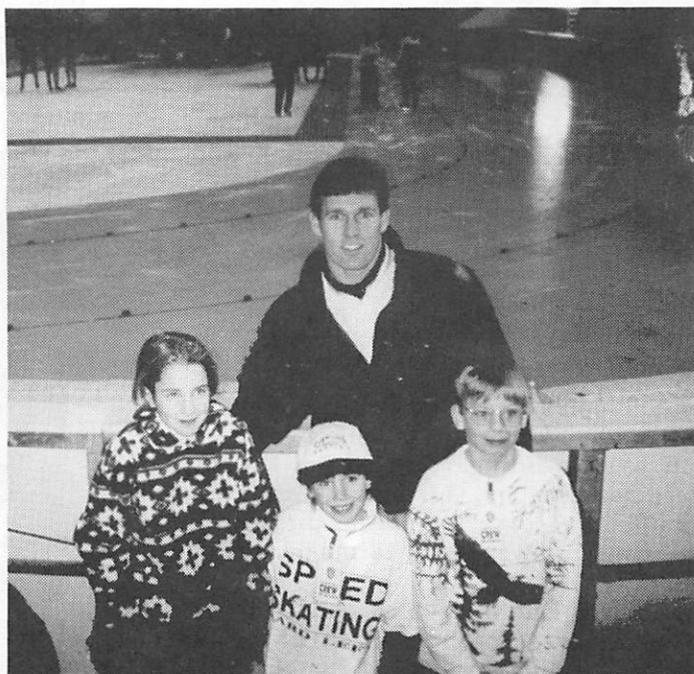
It may be hard to believe that Warner Brothers chose Canada as the place to film the story of Dan Jansen's life. But they did, and I can tell you I was glad they asked me to be a timer at the Olympics in Lillehammer, alias Copps Coliseum in Hamilton, Ontario.

Our days started at 6:30 in the morning, which meant we had to be ready at 5:30 to travel to Hamilton. I was called the night before the first day's shooting to ask if I wanted to be a part of it. Eight hours later I was on my way to filming for my screen debut. Of course, the first stop was make-up. That was quite an experience for me since I never wear make-up.

The first day we arrived home at 10:30 that night. I was told they may have ended up with 20 minutes of film. It was a day of sitting through retake upon retake, and it gave a new meaning to how movies are made. When I watch a movie or read about the cost of making a movie, I will now understand where all the money goes and why.

I met some very interesting people among the extras who were playing the roles of spectators. They did not know who Dan Jansen was or why they were making a movie about him. I tried to fill them in to the best of my ability and they were really interested. It also gave me a chance to tell them all about our wonderful sport of speedskating. I also found it quite humorous when one of the extras started to tell me all about speedskating the second day I was there. I listened politely and was surprised at how much knowledge she had picked up in a day. I hope she tells others about our sport.

I also had a bit of fun with the young actor who was playing the part of Andy Gabel as he had blond hair. I offered to dye it for him but he said no. The actor who plays the part of Nick



Dan Jansen with Katie Oliveria who plays Jane Jansen, Tom Hanham who is Dan as a boy and Josh McFarlane as the young Michael Jansen

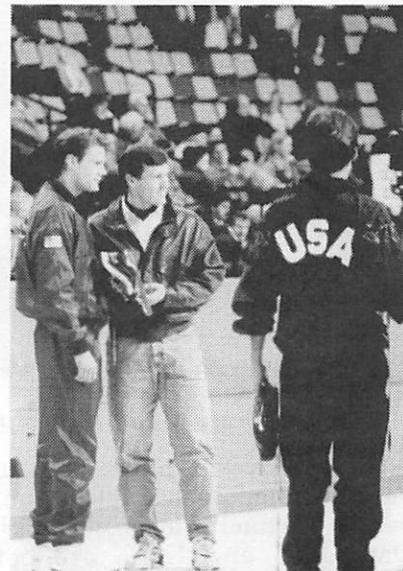
Thometz was quite a character and we had lots of fun working with him. The fellow playing Peter Mueller couldn't even skate.

The other special young man was the actor who plays the part of Dan. Although he had never skated before this film, he gave it his best effort and I could see the difference on the second day I was there. I was told he had been training four hours a day and was coached at the Paramount Rink in Southern California before he came to Canada. But he was under the supervision of a figure skating coach! Too bad they had not called the ASU office. They maybe could have had Jerry Search coach him. Canadian Mike Murray, an ex-skater who now coaches, was doing a great job of coaching him in Hamilton and, as I said, it showed on the second day.

But he wasn't quite good enough to carry the baby around the rink after Dan Jansen's 1000 meter win at Lillehammer. That was considered too dangerous for

the baby so they pulled "Dan" around on a "trolley" for his big scene.

Lunch time was another experience. I got into line with the 250 extras and was trying to decide if I really should bother since the menu was chips and "tube



On the left is Matt Keesler who plays Dan as an adult with Mike Murray, who was the skating double for Dan, wearing the USA warm-up jacket.



A race at West Allis alias Gage Park in Brampton, Ontario. Third from the left is Josh McFarlane as young Michael Jansen

steaks" (which I don't even like) when someone came up and said, "you don't belong here", and herded me off to the dining room where the cast and crew were feasting on the biggest and most extravagant buffet I've ever seen. And did we eat! It's a wonder any of us were able to make our way back to the "set".

That's where I met Dan Jansen and meeting him and talking to him was the biggest thrill for me. What a nice young man. The United States should be proud to have him for an ambassador in the world of speedskating. I look forward to seeing Dan again in 1997 when he will be in Ontario as a board member at the World Special Olympics.

Most of the skaters taking part came from Ontario: the K-W Sertoma Club, Cambridge, Brampton, Markham, Quince, Toronto and Oakville. I cannot tell you what a thrill it was for these young skaters to be taking part in this movie.



Tom, Katie and Josh in front of the "Jansen home."

Katie Oliveria plays the part of Dan's sister, young Jane, Josh McFarlane plays the part of young Michael Jansen, Tom Hanham plays young Dan. Josh and Katie are both members of the Cambridge Club, while Tom is a member of the Oakville Club and a first-year speed skater.

The person giving all the advice and keeping the directors and producers straight in the sport of

speedskating, was Mike Murray. What a wonderful job he did. Mike's energy is unbelievable and they could not have picked a better person for the job.

All the people who were there working on the film from the director, make-up, and hairdressers to the camera people, couldn't have been nicer. Everyone of them made us feel welcome and treated us so well that it made the days seem shorter and a pleasure to work for them.



Josh McFarlane-Young Michael Jansen, Katie Oliveria-Young Jane Jansen, Tom Hanham-Young Dan Jansen, Andrew McFarlane-Young Andy Gabel

I had a lot of fun working on the film and can't wait to see it. I only hope I did not end up on the cutting room floor. If I did I still have the stub off my pay cheque to prove that I was in the movies. OH YES, they did pay me!

The Dan Jansen Story will be aired on CBS February 18, 1996.

**Editor's Note:**

Joyce Leggatt is Vice President for External Affairs for the Canadian Amateur Speed Skating Association.

**Scholarship Deadline  
February 15, 1996**

To be considered for the 1996 Scholarship Grant, a skater's application, including all necessary information required, must be in the Amateur Speedskating Union's National office by February 15, 1996

***Luck is a matter of preparation  
meeting opportunity---Oprah Winfrey***

# Speedskating E-Mail List

27-Dec-95

| <u>Last Name</u> | <u>First Name</u> | <u>Email Address</u>                  | <u>Location</u> | <u>State</u> | <u>Other Information</u>  |
|------------------|-------------------|---------------------------------------|-----------------|--------------|---|
|                  |                   | brie731@execpc.com                    | Milwaukee       | WI           | Badger Speedskating Club  |
|                  |                   | Tin B@aol.com                         |                 | UT           | Utah Club   |
|                  |                   | agriff@kuentos.guam.net               | Milwaukee       | WI           | Badger Speedskating Club  |
| Baldwin          | Donald            | 73363.2755@compuserve.com             | Hartford Area   | CT           | CSA - Tri Town Rink Manager   |
| Baldwin          | Donald            | ir004317@interramp.com                | Hartford Area   | CT           | CSA - Tri Town Rink Manager   |
| Ballog           | Jonathan          | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, 12, Juvenile   |
| Ballog           | Dave              | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, VP   |
| Bauer            | Elizabeth         | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, secretary, timer, clerk                                    |
| Bauer            | Cameron           | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, 11, Midget   |
| Bauer            | Claude J          | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, Maryland SS Assn(President), 43, Master Men                |
| Bauer            | Brenda            | 71034.1576@compuserve.com             | Frederick       | MD           | Frederick SS Club, 7, PeeWee  |
| Beth             | Barbara           | AFRP51A@prodigy.com                   | Oakland         | CA           | Golden Gate Speedskaters, No Calif Assn, Sr. W                                |
| Brummitt         | Martha            | brummitt@execpc.com                   | Milwaukee       | WI           | Badger Ss Club, Pee Wee Girls - B   |
| Brummitt         | Sam               | brummitt@execpc.com                   | Milwaukee       | WI           | Badger Ss Club, Midget Boys - A   |
| Brummitt         | Charlie           | brummitt@execpc.com                   | Milwaukee       | WI           | Badger Ss Club, Pony Boys - A   |
| Brummitt         | Mary Jane         | brummitt@execpc.com                   | Milwaukee       | WI           | Badger Ss Club, 39, Club Secty  |
| Carpenter        | Gary              | CofSNZ@aol.com                        | Wash DC Area    | MD           | Editor WAR Chronicles, 48, Master Men-B                                       |
| Carpenter        | Gary              | GBCarpenter@eworld.com                | Wash DC Area    | MD           | Maryland Ss Assn, Natl Capitol Ss Club  |
| Clausing         | Howard            | hclaus@interaccess.com                |                 | IL           | ASAI, Evanston Club, Sr Men A, 33   |
| Cohn             | Ralph             | RCohn@gnn.com                         | Boston Area     | MA           | Baystate Ss Club  |
| CSA              |                   | CTSPEED@aol.com                       |                 | CT           | Connecticut Speedskating Association (email monitored by Ann Glaser)          |
| de Graaf         | Gerrit            | Gdegr@aol.com                         | Easton          | CT           | Dutch, prefers Long Track, new twin boys                                      |
| Dewar            | David             | macinnen@ViaNet.on.ca                 |                 |              | Timmins Family YMCA, 44, recreational skater                                  |
| Ed               | Luban             | eluba@dreamscape.com                  | Syracuse        | NY           |   |
| Franz            | Joe A             | JoeAFranz@aol.com                     | S Burlington    | VT           | Sr M, Competitive Sports Mktg Systems, Hyper/Roces Team                       |
| Gavan            | John              | JGAVAN@MCIMAIL.COM                    | Colorado Spring | CO           |   |
| Gavan            | John              | 0003378944@mcimail.com                | Colorado Spring | CO           | Novice Sskater, Hockey player   |
| Gavan            | John              | MCI Mail - 337-8944                   | Colorado Spring | CO           | for use by FAX if you don't have email  |
| Glaser           | Ann K.            | TheRealAnn@aol.com                    | Southwest       | CT           | CSA, 32, Sr W, Mktg- Promo-Consulting   |
| Guthrie          | Bruce             | SpdSk8@aol.com                        | Bellingham      | WA           | Whatcom SS Club, NW SS Assn, 32 (6/6/63), Sr M B                              |
| Haire            | Marty             | isk82fast@aol.com                     | Saratoga        | NY           | NNY SS Assn, 33, new to skating   |
| Kirchoff         | Kevin             | Momuscafe@aol.com                     | Scarsdale       | NY           | Yonkers Ss Club   |
| Klasman          | Jerry             | 73312.2505@compuserve.com             | Central         | CT           | CSA, GrandMaster  |
| Koshi            | Glenn             | tmprdis@ix.netcom.com                 |                 |              | "The Blademan" - Team Paradise suppliers                                      |
| MacInnes         | Neil              | macinnen@ViaNet.on.ca                 |                 |              | friend of David Dewar - owns email address                                    |
| Markus           | Wyatt             | Wyatt.Markus@f516.n2613.z1.fidonet.or | Western         | NY           | W NY Assn, starting new club, 20, "I speed skate like it is an illegal drug!" |
| McAward          | Eniko             | MrsMcSkate@aol.com                    | Long Island     | NY           | Long Island Speedskating Club, SrW B  |
| McAward          | Jim               | JimMcSkate@aol.com                    | Long Island     | NY           | Long Island Speedskating Club, Secretary and Newsletter Editor, Sr M B        |

RACING BLADE

FEBRUARY, 1996

csa@email.wks

Maintained by CTSPEED for the ASU

1

# Speedskating E-Mail List

27-Dec-95

|                 |             |                                  |                |        |   |
|-----------------|-------------|----------------------------------|----------------|--------|---|
| Menghi          | Albert      | ameng@aol.com                    | Eastern        | CT     | CSA   |
| Nakao           | Jim         | JimNak@aol.com                   | Huntington Bch | CA     | formerly of Peirce Skating Club of Chicago (60s/70s)                  |
| O'Hare          | Linda       | Lv2spdk8@aol.com                 |                | MO     | MSA, Clayton & Gateway Club coach                                     |
| Olson           | Liz         | olson@ix.netcom.com              | Central        | CT     | CSA   |
| Rylander        | Maura       | Maura.Rylander@jwtdet.sprint.com | Detroit        | MI     | Wolverine Ss Club   |
| Sano            | Hajime      | 76520.2056@compuserve.com        | Pasadena       | CA     | So Calif Ss Assn(SCSSA), VP Racing, Tech Dir Coaching, Natl Class Sr  |
| Scanlon         | Bill        | wscanlon@execpc.com              | Madison        | WI     | President, Madison SSKating Club                                      |
| Search          | Jerry       | jerrys@ix.netcom.com             | Southern       | CA     | So Calif SS coach   |
| Seftsam         | Patrick     | pseftsam@canuck.com              | Calgary        | Albert | NSA, Sr. Men  |
| Smith           | Christie    | VikiSecret@aol.com               | Pleasantville  | NY     | MASA, Yonkers Ss Club, Children's Representative                      |
| Van Benthuyse   | Dan         | danvanb@aol.com                  | Long Island    | NY     | Former Pres. MASA, LISSC  |
| Vandersall      | Myra        | mvandersal@aol.com               |                | MO     | ASU Promo & Publ, mother of skater                                    |
| Verheul (1)     | Jim         | verheulj@abacus.std.teradyne.com | Southern       | CA     | Electrical Engineer, Bicycle Racer, 30                                |
| Verheul (2)     | Jim         | verhej@rpi.edu                   | Upstate        | NY     | Electrical Engineer, Bicycle Racer, 30                                |
| Vraa            | Matthew Lee | mvraa@carroll1.cc.edu            |                | WI     | Carroll College   |
| Westover        | Brian       | Brian_Westover@msn.com           |                | MN     | Greater Minnesota Ss Assn, Shoreview Ss Club                          |
| Westover        | Tom         | westo004@gold.tc.umn.edu         |                | MN     | Greater MN SS Assn, Shoreview SS Club, Juv Boys-1st yr, Natl Competit |
| Young Originals |             | Youngorig@aol.com                |                |        | skin suit supplier  |

www

[www 1994 Olym/Results-Lilleh.](http://www.sun.com/OL/OL94-mirror.html)  
[www 1998 Olym/Nagano Japan](http://www.linc.or.jp/Nagano/index.html)  
[www 2002 Olym/Salt Lake City](http://www.slc2002.org/olympics)  
[www Amsterdham Skating Page](http://carol.fwi.uva.nl/~ehaas/us.html)  
[www ASU](http://web.mit.edu/jeffrey/speedskating/asu.html)  
[www Conn. Speedskating Assn](http://web.mit.edu/jeffrey/speedskating/csa.html)  
[www Dutch Marathon Results](http://www.xs4all.nl/~janzwabu)  
[www Golden Gate SSKaters](http://www-cs-students.Stanford.EDU/~friedman/ggss.html)  
[www Mail Index](http://dutiosd.twi.tudelft.nl/~penninx/skate/maillist.html)  
[www No California Sskating Assn](http://www-cs-students.stanford.edu/~friedman/ncaa.html)  
[www Northeast Skating Assn](http://web.mit.edu/jeffrey/speedskating)  
[www Olympic Oval-Calgary CAN](http://www.kin.ucalgary.ca/oval/html/index.html)  
[www Ottawa Pacers Sskating Club](http://www.magi.com/~pacers)  
[www Speedskate Nova Scotia](http://highlander.cbnet.ns.ca:80/cbnet/comucntr/sports/skating/ssns2.html)  
[www Speedskating in General](http://www.twi.tudelft.nl/local/sports/skating.html)  
[www Swedish Skating Page](http://www.lysator.liu.se/~dahlen)  
[www Switzerland](http://www.telemedia.ch/sev)  
[www WAR-Wash. Area Rllsktrs](http://www.idsonline.com/userweb/ford/war.htm)

Washington Area Rollerskaters -WAR Chronicles

*A run-down on World Cup Long Track Meets and format changes being introduced.*

## Bonnie and Casey Promote World Cup Meet in Roseville.

by Randy Briggie

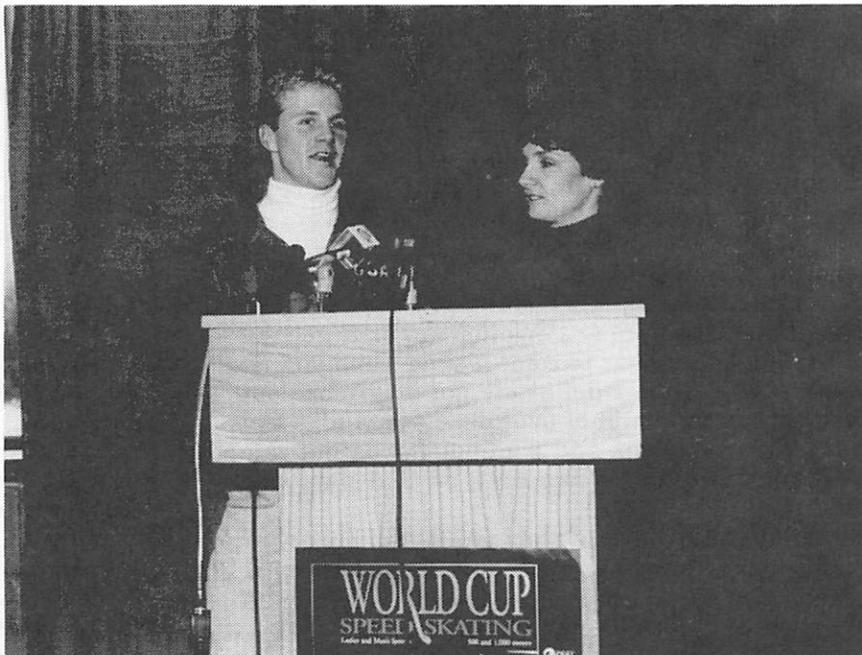
Talk to anyone in Minnesota about skating and to be more specific speedskating, and the names of Bonnie Blair and Dan Jansen are sure to be mentioned. Since retiring, Bonnie has remained in the public's eye with her personal appearances and that non-mistakable voice, which has helped her as a motivational speaker.

Bonnie has made other's lives shine as bright as the gold medals she has earned while skating. She has been able to motivate and give hope to women and men of all ages, in and out of speedskating. Bonnie said that though she is not coaching yet, you will find her at the Pettit Center helping out with the young and upcoming speed skaters when she is home in Milwaukee. She also remains active on the USISA Board of Directors .

Bonnie Blair has become the ambassador of the sport. That is why she and top male sprinter, Casey FitzRandolph, were in Roseville, Minnesota, at the John Rose Oval on November 14. They were there to bring the news to the media, as well as the public, that the John Rose Oval was selected to host a World Cup Speedskating Meet on February 23-24, 1996.

The event is one of only ten World Cup races awarded by the International Skating Union (ISU) in 1995-1996. It will feature the best male and female speedskating sprinters in the world. They will skate 500 and 1000 meters on each of the two days of the event.

The Roseville World Cup is one of two awarded to the United States this year. Milwaukee will host a long distance (1500, 3000, 5000 meter) World Cup Meet on February 24-25, 1996.



Casey FitzRandolph and Bonnie Blair

The ISU also announced a change in the world championship format that is expected to guarantee a top field of sprinters for the Roseville World Cup meet. Points earned on the World Cup Circuit will qualify skaters for the Inaugural World Championship Single Distance, scheduled for Hamar, Norway, March 15-17. In the past, world championships have been awarded only on the basis of overall results in four events of varying distances.

"This year should be the biggest yet for the World Cup," said Gene Sandvig of Minneapolis, who is a member of the ISU Technical Committee for Long Track speedskating. "This is the first year for a world championship contested on the basis of single distances, and all skaters will need to hold their positions in World Cup rankings to attend all World Cup races."

The World Cup Circuit moves to Calgary the weekend after the Roseville meet. "Calgary has the fastest ice in the world," Sandvig continued. "No one will want to miss a shot at world records and personal bests in Calgary."

"I think one thing that is important to understand is that our team is young and we do not have any Bonnie Blairs or Dan Jansens right now, and I am not saying we ever will, but give us a little bit of time. What your seeing right now is not necessarily what you will be seeing in a few years," said Casey FitzRandolph.

The U.S. Speedskating Team is developing a younger generation of skaters. The top female sprinter is Christine Witty, age 20 of West Allis, Wisconsin, who finished seventh overall at the 1995 World Sprint Championships, and recorded a second place in the 1000 meters.

Expected to be a factor in the women's events is Becky Sundstrom, age 19, of Glen Ellyn, Illinois, the reigning Junior World Champion. The top male threat is Casey FitzRandolph, age 20, of Verona, Wisconsin, the current U.S. Sprint Champion, who recorded three, top- twenty performances at the 1995 World Sprint Championships. Other men who are expected to place well are Dave Tamburrino and KC Boutiette. Dave was fifth overall at the Worlds and KC around twelfth. "Those were the highest placings we have had since 1988," said Bonnie. "So we have a good strong crop of young and upcoming athletes who will carry us into 2002 when the Winter Olympics are here in our own backyard again. "While in Roseville, Bonnie also unveiled the 1996 World Cup Poster and said she plans on being at the World Cup Sprints at Roseville, but only as a spectator. Later that evening Bonnie was to be honored with the 1995 Outstanding Achievement Award given to her for all she has done. She received the award from the Melpomene Institute.

When asked how she felt about being spoken of in the past tense she replied, "Well I am still getting use to that, but there has to come a time when you let the Caseys take over. I definitely got way more out of the sport than I would of ever dreamed. I also feel I left on my own terms and was not forced out due to an injury or anything like that, so that part was nice for me."

In speedskating there are no multi-million dollar contracts, very few if any product endorsements. Just the love of the sport and the love of watching an athlete such as the caliber of Bonnie Blair.

The Constitution only guarantees the American people the right to pursue happiness. You have to catch it yourself.

Ben Franklin



It's a great view from the Planetarium property back to downtown Chicago for some of the Special Olympians who skated at the meet in Franklin Park before Christmas

## THANK YOU

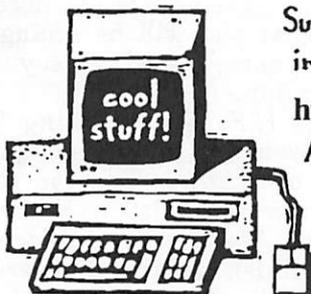
From Joyce Leggatt

I would like to take this opportunity to thank all responsible for running the Special "O" (Olympics) meet at Franklin Park, Illinois, just before Christmas. I realize this is a very busy time of the year and it shows the dedication of those interested in athletes with special needs. You are to be commended for your efforts.

I can assure you that the athletes who attended from Canada have never stopped talking about the great time they were shown. Our coach and manager were also impressed and can't praise you enough. They have given their assurance that they will be back again this year.

I would like to give a special thanks to my two good friends, Tom Healy and Doc and Savage, and also to Mike Keating, for their help and hospitality. Tom and Doc, I owe you one! We will do our best to try and organize a meet here in Cambridge next year provided we can get ice.

# Come Home To The ASU



Surfin' the 'net? Come home to the ASU home page! For up to the minute information on speedskating and what's going on in the ASU, enter

<http://web.mit.edu/jeffrey/speedskating/asu.html> Want to sign up for the ASU e-mail list and communicate with all your speedskating friends?

Enter [CTSPEED@aol.com](mailto:CTSPEED@aol.com) to get on the list. Have suggestions, comments, ideas for our new electronic communications system? Contact Jeff Harris at [jeffrey@mit.edu](mailto:jeffrey@mit.edu) or Myra Vandersall at [mvandersal@aol.com](mailto:mvandersal@aol.com) We want to hear from you.

# Action At The Great Lakes Short Track Championships

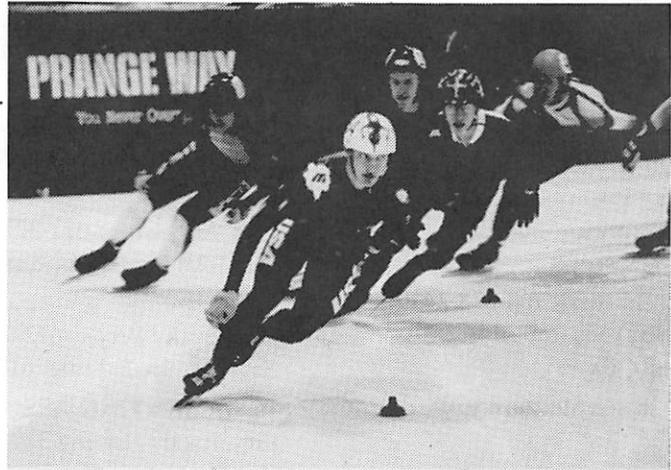
Milwaukee, Wisconsin  
November 11-12, 1995

## Elite Men

- 1. Tony Goskowicz 97 Pts.
- 2. J. P. Shilling 76 Pts.
- 3. Kip Carpenter 74 Pts.,
- 4. Scott Koons 73 Pts.

## Elite Women

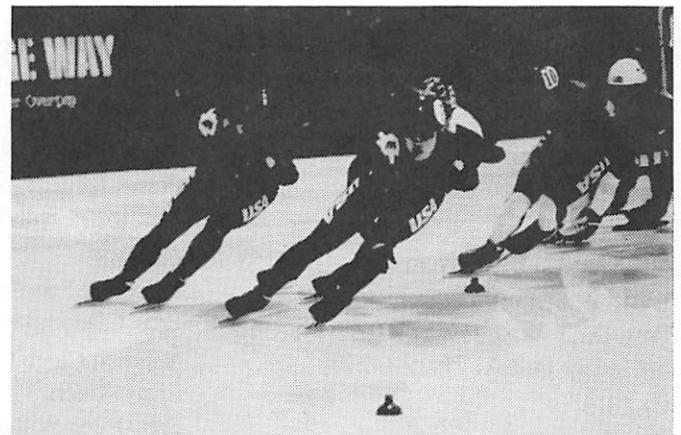
- 1. Whitney McGill 91 Pts.
- 2. Therese Lease 82 Pts.
- 3. Julie Goskowicz 72 Pts.
- 4. Hilary Mills 70 Pts.



Scott Koons leading the men's 1500 meter "B" Final followed by Marc Pelchat, Mike Kooreman, Eric Carrier and Scott Simunjak.  
Sam Hicks Photo



Karen Cashman and Therese Lease leading Heather Dudley and Barbara Beth.  
Sam Hicks Photo



J.P. Shilling and Tony Goskowicz leading Mike Kooreman, Marc Pelchat and Doug Moh.  
Sam Hicks Photo



PeeWee Girl's champion Tippy Jondon of the Midway Club leading Erica Lanser of West Allis.  
Sam Hicks Photo



Julie Goskowicz leading Whitney McGill, Karen Cashman and Hilary Mills during the Women's 1500 meter Final.  
Sam Hicks Photo

# 1995-96 ASU CLUBS/ASSOCIATIONS

Shirley Yates • Executive Secretary/Treasurer • 1033 Shady Lane • Glen Ellyn • IL • 60137 • Ph. 708-790-3230

Send corrections, changes, to the above address

## AMATEUR SKATING

### ASSOC. OF ILLINOIS

President: Steve Young 708-869-1775

Sec. Ken Ortiz 708-480-9619

### CLUBS

Champaign-Urbana

Pres. Becky Prather 217-328-2139

Sec. Pam Sims 217-356-4032

Evanston

Pres. Sanders Hicks 708-328-1419

Sec. Cherie Davis 312-274-8890

Glen Ellyn AAA

Manager Andrea Studzinski 708-790 9696

ext. 9

Mid-America

Pres. Sam Poulos 708-272-0282

Mount Prospect

Pres. Bob Vehe 708-253-4191

Northbrook

Pres. Carole Ortiz 708-480-9619

Sec. Alicia Mentell 708-263-1545

Northwest

Pres. Dick Martin 708-548-1189

Park Ridge

Pres. Tom Tokarczyk 708-698-7234

Sec. Georgia Kantzavelos 708-470-8158

### COLORADO SKATING ASSOC.

Pres. Dave Krall 719-473-2091

Sec. Mary Polaski 719-596-2778

### CLUBS

Broadmoor

Pres. Jim Jackson 719-473-6824

Mary Polaski 719-596-2778

Quicksilver

Pres. Steve Ridley 303-938-8724

### CONNECTICUT

#### SPEEDSKATING ASSOC.

Pres. Allen Forsyth 203-354-5570

Sec. Al Menghi 203-439-1619

### CLUB

Tri-Town

Pres. Dave Moneypenny 203-633-3956

Sec. Al Menghi 203-349-1619

### GREATER MINN. SKATING ASSOC.

Pres. Gebe Casler 612-646-7058

Sec. Debra Parker 612-644-2037

### CLUBS

Duluth

Pres. Lynda Parrella 218-728-5866

Sec. Kris Kerr 218-724-5629

Midway

Pres. Carl Sannes 612-484-4916

Sec. Joan Peterson 612-774-7391

Plymouth

Pres. Becky Oly 612-729-4066

Sec. Diane Bradford 612-432-6208

Powderhorn

Pres. Amy Oberg 612-822-5227

Sec. John Martin 612-888-7704

Shoreview

Pres. Becky Brooks 612-729-7302

Sec. John Hedenstrom 612-649-0031

### IOWA SKATING ASSOC.

Pres. Randy Hartwig 319-393-6268

Sec. Roger Greenland 319-396-5536

### CLUBS

Northwood

Pres. James Johnson 319-393-2029

West Side

Pres. Randy Hartwig 319-393-6268

Sec. Roger Greenland 319-396-5536

### MARYLAND

#### SPEEDSKATING ASSOC.

Pres. Claude Bauer 301-662-2040

Sec. Joan Clark 410-252-0319

### CLUBS

Frederick Speedskating Club

Pres. Claude Bauer 301-662 2040

National Capital Short Track

Speedskaters

Pres. Ellen Williams 301-445-3508

Silver Blades

Pres. David Kennedy 410-833-5923

Sec. Cindy Scharf 410-592-6286

Twin Ponds

Pres. Milo Smith 717-728-7436

### MICHIGAN

#### SPEEDSKATING ASSOC.

Pres. Bill Weaver 616-887-9693

Sec. JoEllen Anderson 616-846-0269

### CLUBS

Alpena

Pres. Glen Helwig 517-354-8626

Sec. Kathy Burton 517-356-0464

Bay County

Pres. Harold Sampier 517-892-6201

Sec. Angela Neal 517-893-0639

Midland

Pres. Nile Frawley 517-631-1982

Petoskey

Pres. Bill Steffel 616-347-5366

Sec. Tina Foltz 616-347-1648

West Michigan

Pres. Mark Jastrzembki 616-828-4627

Sec. Wendy Gabriel 616-874-7118

Wolverine

Pres. Chuck Bowen 810-784-5615

Sec. Bev Norman 810-264-2999

### MIDDLE ATLANTIC

#### SKATING ASSOC.

Pres. Peter Fitterer 908-245-4731

Sec. Paula Nabbie 908-687-2746

### CLUBS

Binghamton

Pres. Joel Boyd 607-771-8552

Central Park

Pres. Andy Pyo 516-625-9005

Flushing

Pres. Bob Finkel 201-567-3715

Sec. Stan Zompakos 212-533-0254

Garden State

Pres. Peter Fitterer 908-245-4731

Sec. Paul Nabbie 908-687-2519

Long Island

Pres. Dan van Benthuyzen 516-754-2105

Newburgh Winter Club

Pres. Chris Hawkins 914-236-3473

Sec. Valerie Robinson 914-569-1856

Staten Island

Pres. Roy Andersen 718-987-1930

Sec. Mike Frusci 718-966-9189

Yonkers

Pres. Robert Smith 914-769-6039

### MISSOURI

#### SPEEDSKATING ASSOC.

Pres. Charlie Brown 314-821-6886

Sec. Priscilla Ward 314-966-8972

### CLUBS

Clayton

Pres. Andrea Salvati 314-721-3871

Sec. Ed Renner 314-727-2547

Gateway

Pres. Priscilla Ward 314-966-8972

Sec. Beth Laenen 314-458-6459

Metros

Pres. Harlan Kwiatek 314-233-5132

Sec. Michaela Kepka 314-725-0886

Jefferson City

Pres. Paul Rudder 314-893-5979

# 1996 ASU CLUBS/ASSOCIATIONS

Shirley Yates • Executive Secretary/Treasurer • 1033 Shady Lane • Glen Ellyn • IL • 60137 • Ph. 708-790-3230  
Send corrections, changes, to the above address

## MONTANA AMATEUR

### SPEEDSKATING ASSOC.

Pres. Robbie Hanni 406-782-1452  
Sec. Kathy Manion 406-723-6910

### CLUB

Pres. Robbie Hanni 406-782-1452  
Sec. Kathy Manion 406-723-6910

## NORTHEAST

### SPEEDSKATING ASSOC.

Pres. Milton Weinstein 617-277-3143  
Sec. Jeff Harris 617-277-1024

### CLUBS

Bay State  
Pres. Alan Cook 617-826-2521  
Sec. William Northup 617-244-0813

### Maine

Contact: Carole Finks 207-781-3699

## NORTHERN CALIFORNIA

### SPEEDSKATING ASSOC.

Pres. Ron Heemskerk 408-247-5078  
Sec. Charles Doval 415-345-2062

### CLUBS

Berkeley Flyers  
Pres. Mike Cudahy 510-528-3123  
Sec. Greg Wong 510-886-0565

### Golden Gate

Pres. Jim Minami 510-581-3901  
Sec. Barbara Smith 510-988-0340

### Silicon Valley Short Circuits

Pres. Bob Duvalier Payne 408-773-1854  
Sec. Ferd Shaffer 408-263-0561

## NORTHERN NEW YORK

### SKATING ASOC.

Pres. Gary Talbot 518-695-6965  
Sec. Patricia Peaslee 413-443-3466

### CLUBS

Adirondack  
Pres. Thomas Miller 518-523-1157

### Capital District

Pres. Paul Marchese 518-731-6614

### Green Mountain

Pres. Beth Ann Lynch 802-229-0641

### Pittsfield Parks

Pres. William Farry 413-447-7348  
Sec. Patricia Peaslee 413-443-3466

### Saratoga Winter Club

Pres. Joel Williams 518-587-7908  
Sec. Betsey Porter 518-584-5398

### Speed Skaters of Troy

Pres. Steve Segore 518-786-8236

## Syracuse

Pres. Gretchen Burns 315-475-2570  
Sec. Pam Wilkins 315-672-9759

## OHIO SKATING ASSOC.

Pres. Joanne Uhlik 216-734-7580  
Sec. Dennis Marquard 216-899-9577

### CLUBS

Brooklyn  
Pres. Ann Koons 216-671-5456

### Lakewood

Pres. Dennis Marquard 216-899-9577  
Sec. Chuck Riedy 216-521-3829

### Mentor

Pres. Jim Pugsley 216-255-4197  
Sec. Dave Ryan 216-285-4639

### Elyria

Pres. Bob Reppenhagen 216-327-0671

## SOUTHERN CALIFORNIA

### SPEEDSKATING ASSOC.

Pres. Jerry Search 310-424-5293

### CLUBS

Ice Club De Morra  
Pres. Don Nelson 310-393-7371

### South Coast

Pres. Mark Chrysler 714-838-3044

## WESTERN NEW YORK

### SKATING ASSOC.

Pres. Bob Halden 412-744-0037

### CLUBS

Greater Pittsburgh Unified Club  
Pres. Stacy Mays 421-373-1707

### Niagara Frontier

Pres. Jeff Bucholtz 716-838-1048  
Sec. Jack Hailand 716-634-1330

## WISCONSIN SKATING ASSOC.

Pres. Elayne Riley 608-837-7704  
Sec. Peggy Goskowitz 414-425-3444

### CLUBS

Badger  
Pres. Tony Arena 414-549-1630  
Sec. Mary Jane Brummitt 414-961-1415

### Central Wisconsin

Pres. Karen Eyre 715-842-5892  
Sec. Donna Cleveland 715-845-4124

### Chippewa Valley

Pres. Steve Cafilisch 715-834-9608  
Sec. Barb Thompson 715-835-2191

### Madison

Pres. Bill Scanlon 608-257-0102  
Sec. Jane Robinson 608-273-3626

## Waupaca

Pres. Don Turzinski 715-366-7564  
Sec. Cathy Jezwinski 715-258-6147

### West Allis

Pres. Brad Goskowicz 414-425-3444  
Sec. Jeff Edwards 414-325-0486

## DIRECT MEMBER CLUBS AND AREAS OF ACTIVE INTEREST

### ALASKA

Anchorage-Eagle River Speedskating Club  
Pres. Christine Klein 907-278-4427  
Sec. Nancy Morris 907-694-3826

### FLORIDA

Rock On Ice Speedskating Club  
Pres. John Morrissey 407-767-5641

### South Florida Speed Skating Club

Contact: Harold Davis 305-825-0978  
Jeff Dowling 305-782-5928

### IDAHO

Contact: Pat Cunningham 208-622-4087

### INDIANA

Indy Speed Skating Club  
Pres. Brad Hughey 317-848-9410

### OKLAHOMA

Contact: Lisa Swenning 918-585-1286  
Joe Cotter 918-834-5346

### OREGON

Lane Speedskating Club  
Pres. Bill McConochie 503-344-9237  
Sec. Barbara Kull 503-683-5065

### TEXAS

North Texas Speedskating Club  
Pres. Rob Blair 214-418-5542

### UTAH

North Utah Speedskating Club  
Contact: Jay Glad 801-479-4486

### Oquirrh Park Speedskating Club

Pres. Thomas Noonan 801-964-6252

### Wasatch Speed Skating Club

Pres. Kitty Keller 801-532-5539  
Sec. Shellee Getts 801-975-9252

### WASHINGTON

Next Generation, Team Washington  
Pres. Yuki Ohno 206-728-9190

### Tacoma Speedskating Club

Contact: Jerry Suhrstedt 206-839-5997

### Whatcom Speedskating Club

Contact: Bruce Guthrie 206-647-5372  
Peter Wells 206-671-2004

## PRESIDENT'S REPORT



JIM CHAPIN

**A VERY GOOD YEAR** - By the time you read this we will be into 1996 and in the midst of a very exciting Short Track season. The progress and success of 1995 should not be overlooked, rather taken as an example of what can be accomplished when everyone puts forth effort mixed with talent. If we can approach our plus points in the next few years we will have a good future.

**ENTERTAINMENT BOOKS** - We have discussed this before. A personal experience FYI. The Quality Inn was the host hotel for the National Long Track in Milwaukee, with a skaters rate of \$59.00. In the Entertainment Book the Quality Inn was listed in the Hotel section. I used my Entertainment Card there for \$40.00 night. My annual \$30.00 Entertainment Book saved me \$38.00 on one weekend.

**CONVENTION 1996** - Greater Minnesota is hosting the 68th annual ASU Convention May 17-19. The Convention is an important part of our sport. If you haven't attended a convention try to do so and get active in what happens. It is a lot of work and the place you can let your opinions be known. You can't make changes there unless a proposal has been submitted on schedule and is on the agenda. Everyone has a chance to have their opinion heard. The Committee meetings are open season and your input can be important. If you don't attend you have no real direct say in what happens other than through your Board of Control delegate. Your Board of Control representative has the final vote, however this is often influenced by Committee input.

**ELECTION YEAR** - At the 1996 Convention we will have our biannual election of officers for the next two years. The ASU has had some real difficulty in getting individuals to run for office. It is a long term commitment which can run eight years if you stay with it. I would hope we have candidates for office this year who are active and interested in contributing to the sport over a long term. Serving the sport as an ASU officer is going to take a lot of your time if it is done properly. You will be responsible for several Committee areas and the progress or lack of progress within your area will be directly proportional to the time you devote to the task. When your year is over it is nice to reflect and see what was accomplished, assuming you have worked to make things happen. If this appeals to you, contact the Nominating Chairman Dennis Marquard ASAP.

**BEGINNER SKATE PROGRAM** - We have skates ready to ship. It's not too late to order. Fast delivery, ready to use !



## Overheard In The Heat Box

by LARRY RALSTON

The holiday season has come and gone and again provided an opportunity to communicate with old friends of speedskating. Some of the more interesting notes included word from Hall of Famer, Pat Peaslee, that their annual Fall vacation to the Southern Caribbean had to be cancelled in 1995, due to all the hurricane activity in the region. They will make up for lost time in April, '96, when they spend an extra couple of weeks there.

### What's Happening?

Former Racing Blade Editor, John Drenckpohl, is doing well in his new profession as a financial advisor with American Express and has become a grandfather for the 3rd time. All the Drenckpohl sons are now married and starting new families.

Racing Blade Publisher, Roy Helminski, recovered from knee surgery and spent the Thanksgiving Holiday with his son in Washington D.C.

Send get well cards to Betty Roche who recently underwent more surgery. And if that weren't enough of a downer, the entire Roche septic system had to be rebuilt last summer. Address all correspondence to: PO Box 102, 220 Dartmouth Rd. Stony Creek, NY 12878.

### Medallion and Medal Fund News

Latest to join the ASU Medallion/Medal Fund include Chuck and Ruth Moore, The Brad Goskowicz Family, Mrs. Ella Strauss, Bruce Bauer, and The Bearcat Skating Club of Minneapolis. Over the past 6 months there have been five medal programs completed and Certificates of Participation sent to the sponsors. We still have a number of sponsorship's available and would love to add YOUR name to the ever expanding list of donors. It's a simple and painless way to make a lasting contribution to the sport.

### Signs of the Times

A candidate for employment with the U.S. Postal Service turned in his recently completed test and was told by the person in charge that "The test will be graded by a high speed computer and you'll have the results in 4 to 6 weeks".

### Another Postal Service Gem

A recent incident at the Decatur, Michigan Post Office left me in awe. While purchasing stamps for the annual Christmas Card mailing, the Clerk suggested the new "self adhesive stamps". I asked if those new stamps would cost more and was told; "Oh no, The Post office doesn't make any money on selling stamps." (Why then do rates rise every 3 years?)

### It May Help

Olympic Speedskating Medalist, Johann Olav Koss, was named as the UNICEF Special Representative for sports at United Nations Headquarters. In his role he will encourage warring countries to expand the concept of an Olympic truce during the Olympic Games and has signed on a number of high profile athletes to help him achieve his goal. Among the first to agree to be part of the team was Bonnie Blair.

### Wedding Announcement

Congratulations and Best wishes to Bonnie Blair and David Cruikshank, who recently announced their engagement. A summer wedding is planned.

## Notice Number 2

By Bob Vehe

To all Associate Editors and anyone submitting articles to The Racing Blade.

In an effort to expedite the production of The Racing Blade, I am converting your submitted articles into typeset copy for the printer, as much as possible. I am doing this by scanning your copy into my computer and then processing it, as needed, into usable copy. The problem arises in that I cannot successfully work off most copy sent to me by fax and I am not in a position to retype the articles.

I realize that many of you are faxing me articles not only because of the convenience, but because you had not realized the deadline for the next issue and it wasn't brought to mind until you received the previous issue. All of the deadlines are in each issue of the magazine and in the same location, so please mark your calendar and mail me your typed articles to be received prior to the deadline.

If you want, you can send a diskette for a Macintosh computer utilizing Word or Pagemaker software. Out of desperation, I may have to buy a modem, but until I join the revolution, please use the mail or specialized delivery services.

If we can get this going, we should be able to speed up each issue and, notwithstanding the Postal Service, get it to you before the next deadline has passed.

Notes from . . .

## The National Office

by SHIRLEY YATES



In my October column, after writing about the devastating summer heat, I asked for a "true winter with cold temperatures". Why can't Mother Nature ever get it straight. Has she forgotten what winter used to be like in Northern and Eastern states? Early cold to freeze lakes and rivers, enough snow to make it pretty, a gentle breeze now and then.

Now the cold weather alternates with rain until January and then is accompanied by snow so it's hard to work on ice. On the one weekend of outdoor competition in Illinois, the State Outdoor was cancelled on Lake Ellyn, not because they didn't have the required eight inches of ice but because the ice had been so badly neglected by the village "ice caretakers" during repeated dustings of snow, that the ice could not be groomed for speedskating. The meet was moved to the Northbrook velodrome. On Saturday the temperatures went into the high 50s. There were times during the holidays when Chicago was warmer than Florida.

In Minnesota in December, the first day of the John Rose Memorial was cancelled because of dangerously low wind-chill temperatures. But the big story, of course, was in the East. Tons of snow, two to three feet in some places, fell along the Eastern Seaboard, from Boston to Virginia. Not only did business, industry, schools and government close down but, more importantly, people couldn't even get to speedskating meets.

So you see it's either too cold, too warm, too windy, too snowy. It's such a challenge.

### A DISAPPOINTING RESPONSE

In the Fall, Growth & Development Chairman DOC SAVAGE sent his annual questionnaire to the members of his committee and the association Novice Coordinators - 32 people in all. The deadline was Dec. 15 and as of Jan. 9, only three people had responded. What a shameful return! Doc makes it very easy for everyone. He doesn't overtax anyone's brain or writing skills. He's not looking for an essay or a lengthy report - just wants his people to answer some questions. On the other hand, perhaps it was too difficult for people

this year because they were asked for their opinions on a proposal drawn up by JERRY KLASMAN of the Connecticut Assn. Entitled "Project 2000", the plan outlines a way for us to take speedskating into the schools on a wide-scale basis. The proposal is exciting, the idea is feasible - but only if we can get the support of our members. And if they can't even read the proposal and respond to Growth & Development and its author, how could we ever expect support from the associations they represent.

These are the three who responded to Doc: BOB HALDEN of the Western New York Assn., DAN FLING of the Amateur Skating Assn. of Illinois and Jerry Klasman. Gentlemen, we thank you. Your associations are fortunate to have you.

### COLD CALLS, FARMING - WHATEVER YOU CALL IT, IT CAN WORK

I received a letter from AL MENGHI which I decided needed to be aired in my column instead of with the letters because I need to make a point about it.

"Jody Foley and I went to a public session at the new Norwich rink today. Got a lot of 'oohs and aahs' about the skates, and all the brochures went quickly. I can't wait until our first session next Thursday.

"We even got a couple of mentions in the rink's welcoming brochure. I saw one of the original proponents of the rink tonight. He said that our getting on board and discussing speedskating at the public hearings really helped push the deal through. (It is a municipal rink.) He said that some of the other politicians just thought he wanted the rink built so he would have a place to play hockey. Hearing him say that really capped off a great day.

"There was one glitch today - the assistant manager wouldn't let us on the ice with speed skates! I argued that we're not out here to speed skate - we just want to recruit people. If we skate too fast, we deserve to get thrown off just like anyone else. Luckily the manager quickly changed her mind."

The Connecticut members are gutsy - especially Menghi. He'll tell you all about their experiences with the new Norwich rink. Talk about going in "cold". They committed to several nights of ice before knowing if they'd even have anyone there to use it!

Coaching Committee Chairman DON KANGAS has advised the ASU to make "cold calls" at all the rinks in the country that have no speedskating programs. And he means actually calling upon these rinks in person. Some years ago we sent promotional materials including posters to about 600 rinks. I'm not sure if we ever got a response from any of them but the fact still remains that you need people living in those areas to follow up and help establish speedskating programs.

### TIME ZONES - CONFUSING AT THE LEAST!

Do you know what the time zones are in the United States? This little lesson will help you when you are trying to call the National Office - or anyone else in the ASU. The ASU is spread out across the country - from Maine to California, across the Pacific to Hawaii and North to Alaska. The continental U.S. has four time zones and the zones have not been made easy for you to determine or remember. The atlas is rather vague. I guess it is assumed that all anyone has to know is what time it is where they are.

To make matters worse, some states do not have clear cut rules as to what time zones counties can claim! So there are exceptions. The Eastern Time Zone is from the Northern tip of Maine to the middle of Lake Michigan, down along the western border of Indiana and then it zig zags South to include Georgia and Florida but not Alabama. The Central Time Zone is all of Wisconsin, Illinois, Missouri and South to include Texas but only the Eastern half of the Dakotas and Nebraska.

The Mountain Time Zone is smaller and not quite so cut up. Whole states like Montana, Wyoming, Colorado, Utah, New Mexico and Arizona are included. Then we enter the Pacific Time Zone: That's Washington, Oregon, California, Idaho and Nevada. From there we go North to Alaska which, according to the atlas, is in the Alaska Time Zone (they have their own zone?)

To put it in perspective, Alaska is four hours behind New York City in time. Then we have the Hawaii-Aleutian Time Zone which I think is an hour (maybe two?) behind Alaska. It's all very confusing. And, of course, each Fall we have to turn our clocks back an hour and in the Spring, ahead an hour. If you don't know what time it is where you are calling, you really should get some advice. AT&T, AAA Travel, Rand McNally, the U.S. Embassy? The ASU phone rings all hours of the day and night. I have answered calls as early as 6 a.m. (from

Ontario - it was an emergency and the caller thought it was 7 a.m. - Eastern Time) and as late as midnight - from California where, of course, it was only 10 p.m. Remember that Canada is, geographically speaking, in the same time zones we are. Who knows what crazy irregular borders they have!

It's so confusing. Just look at a map and learn the time zones - or call the National Office -  
CENTRAL TIME ZONE.

### THE WOUNDED KEEP COMING

The list of injured skaters continues to grow. The latest, most heartbreaking injury occurred on Dec. 19 in St. Louis, MO, when JOHN VANDERSALL, Junior from the Missouri Assn., slammed into the

boards and broke his leg. John has a rod in his leg, staples and I don't know what all. He went home from the hospital the day before Christmas and is definitely out for awhile. I can understand the pain and frustration John and his parents, MYRA and MAX, must be feeling. John had trained in Lake Placid in the fall, had been turning in his best times ever and was looking forward to competing in the U.S. Junior Short Track Championships.

Four Illinois skaters have joined the wounded: TOMMY TOKARCZYK, 12-year-old skater from the Park Ridge Club, broke his leg at the beginning of the season but came back to the ice in late December; JERRY CARTER of Peoria had 15 stitches for a blade slash in the calf; CARL CEPURAN, Glen Ellyn Club, had 35-40 stitches in his shin, and JIM NUBANI, Evanston Club, broke his leg.

All of these injuries occurred during skating practice. Thank you to DR. WADE SMITH, skater from the Pittsburgh Club, who responded to the item about injuries in my December column. I believe studies about these injuries could result in some improvement in safety measures at club practices. Perhaps more thought should be given to separating the novices from the more skilled skaters. Certainly coaches should make sure that part of the on-ice training in the Fall includes lessons on how to fall down properly to minimize injury.

We welcome HAFTHOR YNGVASON of Watertown, MA, into our sport. Mr. Yngvason was born in Iceland and has lived in the U.S. for 15 years. To my knowledge we have never had a native of Iceland in our sport before. It is fitting that an Icelander become a speed skater although he may be disappointed at the amount of ice the Northeast gets. Now snow is another matter...

BOB PEET of Baldwinsville, NY, (Northern New York Assn.) is another old timer who has come out of retirement. He says, "I'm a new 'Golden' Master and love the sport! Restarted at age 64 after being away from it for 40 years."

There's a new book out titled "Winter Adventure: A Complete Guide to Winter Sports". Written by Peter Stark and Steven M. Krauzer, this is supposed to be the "essential guide for anyone who doesn't know where to begin and for anyone who can't get enough of the cold-winter months". The authors cover over two dozen winter sports, from snowshoeing, snowboarding and winter camping to dog-sledding, skjoring, animal tracking, curling and barrel jumping - and the newest activities, one of which is kite skating.

Do you suppose they've included speedskating? Sounds like it may not be "off beat" enough for them.

## Travel Agency

The Amateur Speedskating Union of the United States in 1994 selected the AAA Travel Agency as its official agency to serve the travel needs of all members and friends.

The AAA Travel office is located in St. Louis, Missouri, and will handle calls from all areas of the United States on its toll-free 800 number. Tickets will be delivered by mail, two day UPS or Federal Express depending on when the tickets are needed.

AAA Travel Agency guarantees the lowest airfare at the time of ticketing. The Travel Counselors are instructed to offer the deepest discounted fares applicable at the time of booking. If a ticket has been issued and a fare decrease occurs, AAA Travel will notify the traveler of the lower fare and reissue the ticket at the lower fare. In addition, AAA Travel provides all travelers \$100,000 of air travel accident insurance with every ticket issued. This coverage is over and above the coverage provided by your credit card company.

Travel arrangements with AAA should be made by calling the St. Louis office at 1/800/922-9168 during business hours 8:00 a.m.-5:00 p.m., Monday through Friday. Individuals in the St. Louis call direct 314/523-7383. After hours, holidays and weekends call 1/800/248-3654 and give them the VIT code of PG5B.

## Summer Camps

The following camps are scheduled for the summer of 1996. so mark your calendars accordingly. Details on coaches and other information will be announced as soon as available.

|   |                 |
|---|-----------------|
| ASU/USISA Camp,<br>Marquette OTC            | June 22-29      |
| ASU Midwest Regional Camp,<br>St. Louis, MO | July 13-20      |
| ASU/USISA Camp,<br>Colorado Springs OTC     | July 20-27      |
| ASU East Regional Camp,<br>Frederick, MD    | July 27 -Aug. 3 |
| ASU West Regional Camp,<br>Eugene, OR       | Aug. 3-10       |
| ASU/USISA Camp,<br>Lake Placid OTC          | Aug. 10-17      |

Anyone interested in coaching or chaperoning should contact ASU Camp Coordinator David Kennedy at 301 W. Pennsylvania Ave., Towson, MD 21204. Phone (410) 828-7470, Fax (410) 828-4379

*Having read about strength training, the skaters were given personal instructions.*

# Kim Goss Conducts A Strength Tra

By Mary Wong  
Northern California Speedskating Association

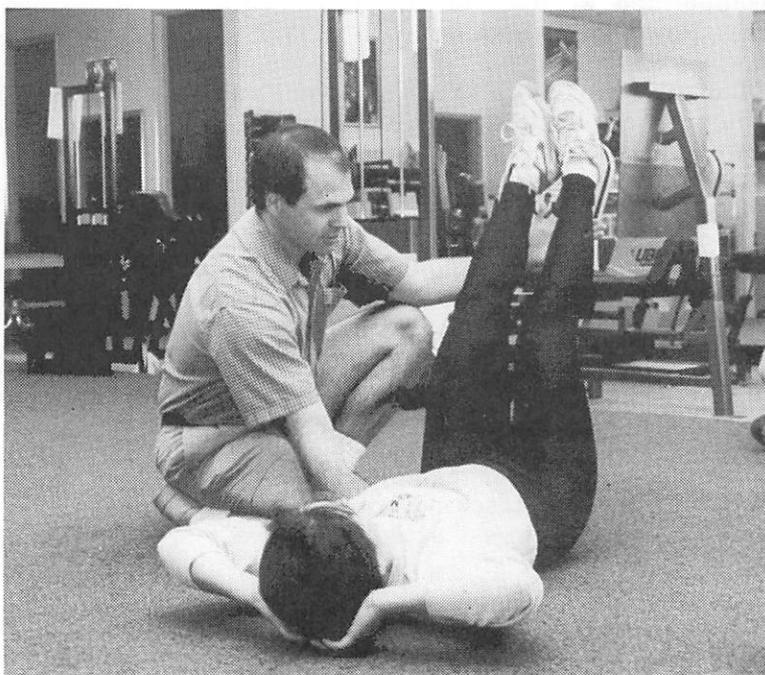
The recent articles about training and skating add to the quality of *The Racing Blade*. Thanks to Kim Goss for sharing the information from Charles Poliquin regarding strength training. Goss was strength coach with the Air Force Academy for five years. He designed their strength programs and consulted with athletes and coaches in basketball, swimming, football and figure skating, among others. He recently went back to writing full time. When talking to speed skaters, he discovered that a lot of the training information in speedskating is passed around by word of mouth and found out that the best way to get information directly into the hands of the skaters is through *The Racing Blade*.

I don't have a background in weight training, so some of the information in his articles was lost on me. I found out Goss would be in our area last December and arranged an afternoon strength training seminar for our skaters. He showed us how to use free weights properly, specifically for speedskating. He found that most of us concentrate on our leg muscles, neglecting the upper body and back and abdominals. Here is a brief synopsis of the exercises he suggests we emphasize.

**Abdominals** - variations of sit-ups and leg lifts, to work either upper or lower abdominals. He explained the role of the lower abdominals in supporting the lower back. Have you experienced back pain? If the lower abdominals aren't doing their share, extra stress is placed on the back, resulting in pain. Strong abdominals contribute to overall stability and balance. Here's a goofy one for the lower



Barbara Beth executes a back split squat, by stepping back with the left leg, from a standing position. Onlookers Holloway and Minami spot, while Heather Thompson and Gordon and Suzie Marshall watch.



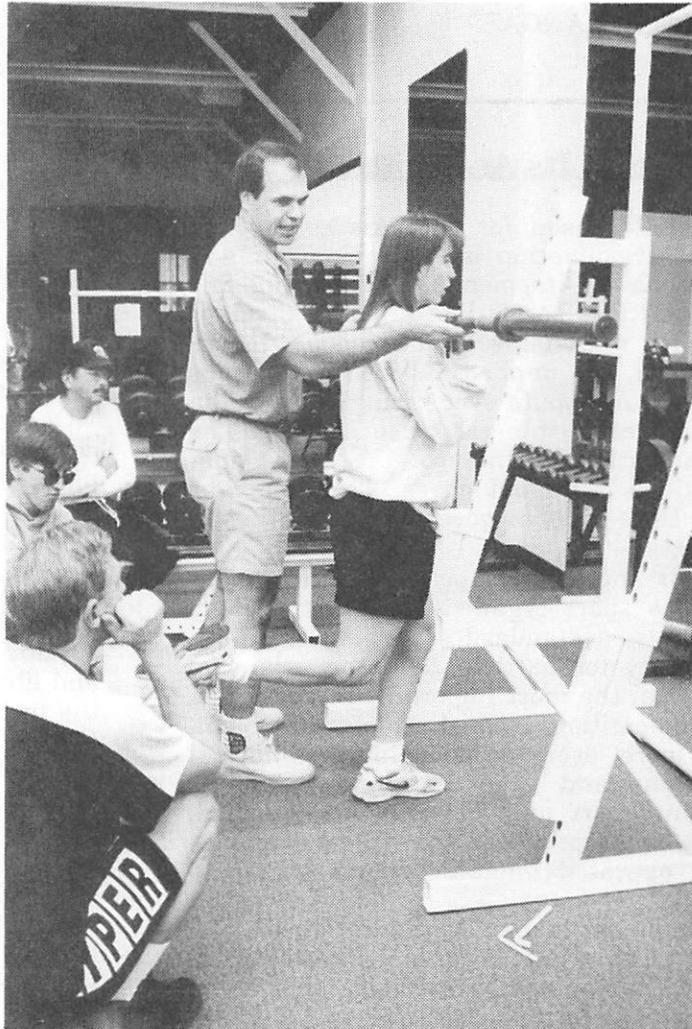
Kim Goss uses Heather Thompson to demonstrate leg lift technique, instructing her to keep the small of back pressed to the floor through the range of motion.

# ning Seminar For NCSA

back: On hands and knees, balance a broomstick or yardstick along your spine, and to the back of your head. Extend one leg behind you and write the alphabet in cursive with your big toe. Try to keep your spine in contact with the broomstick, without raising your head or dipping your shoulders.

Upper body - Chin-ups and dips, bench press. Upper body strength is necessary for effective starts, sprints and stability. Speed starts with the upper body. **Bench presses** are done by lying on your back on a bench. Press weight up from upper chest. **Incline press** means the bench is inclined, head higher than hips. Get someone to help spot you, or use a "Smith Machine" at a gym, where the bar is supported in a rack through the whole range of motion.

**Squats** - Goss suggests skaters use variations of squats rather than leg press or leg extension machines. Variations: **Back squats** - barbell on the shoulders behind the head, **Front squats** - barbell on upper chest, **Split squats** - legs spread far apart, one in front, one behind. From a standing position, step back as far as you can reach with one foot. Nearly touch knee to floor, then return to start position. Or, do the repetitions with your foot resting on a bench or box behind you. I found that I couldn't support enough weight on a barbell on my shoulders to really work my legs until I started doing sets one leg at a time. Goss suggests doing the sets without a weight belt to help develop stability in the abdominal and back muscles. He refuted popular theory that you shouldn't do squats past 90 degree knee bend. Studies show that the knees won't be injured if they are done with cor-



Jim Minami, Rich Boles and Ruggie Holloway watch as Kim Goss teaches Barbara Beth the correct form in a front one-leg squat with the right foot resting on a bench.

rect form, with knees pointed in the same direction as the toes. Again, don't start with weights that are too heavy.

Goss explained that the machines at the gym strengthen isolated muscles. You must then strengthen the other muscles around the same joint and they have to be "taught" to work together, or damage can result. Squats, chin-ups and dips, and bench presses work major muscle groups all together, avoiding imbalance problems.

All exercises are to be done in a slow, controlled manner. Before you start a strength program, it is recommended that you consult an illustrated guidebook. Getting Stronger by Bill Pearl is an excellent source.

## Coach's . . . . . . Couch

by DONALD A. KANGAS



### ASU and Its Associations

A fundamental reason for the existence of an amateur sport organization is to provide fair and safe competitions for its members. Providing fair and safe competitions seems like a simple straight forward task for reasonable minded people to undertake. However, the implied tasks are numerous and complicated. A dispute over racing rules is the reason the ASU came into existence in 1927. The previous organization, a Union of U.S. and Canadian Associations could not agree. The ASU was formed, after they split, to govern speedskating in the United States.

Providing fair and safe competitions is a complicated task. The sport organization must provide qualified officials, a standard set of rules, definitions of eligibility for participation, the money to pay the bills and, the most important ingredient of a successful competition, trained athletes to participate. Furthermore, every decision involves normal human emotions and preconceptions. In other words, amateur sport organizations are political. The ASU and its Associations are typical examples of politically operated amateur sports organizations.

I described, in an earlier "Coach's Couch", the effect of politics on events in a speedskating club. People involved in club politics see each other often. So they have time to settle disagreements.

Some Associations, which involve several clubs and a large territory, and certainly the ASU, which has only one convention each year, do not have opportunity for finding consensus. In other words, the ASU and its Associations are not effective decision making organizations. The diversity of objectives and lack of negotiating time preclude timely decisions.

For this reason, the ASU formed an independent committee in 1965 to arrange International and Olympic competitions for U.S. speed skaters. These negotiations require firm and rapid decisions. In 1967 this committee became the U. S. International Speedskating Association, USISA, an organization that continues to represent speedskating to the International Skating Union, ISU, and the U. S. Olympic Committee, USOC. The USOC, ISU and USISA are all significantly different organizations than they were then.

When first formed USISA was dependent upon the ASU and its Associations for funding. The ASU is still the only member of USISA listed in its by-laws. For a few years ASU paid \$2500 annual dues to USISA. Now, USISA obtains a significant amount of money from ISU and the USOC, because both organizations have very effectively negotiated sponsors for their international competitions.

The question now is, "How should the money be effectively distributed?" The policies and procedures of both ISU and USOC are evolving towards equitable distribution. Solutions are neither obvious or necessarily easy, however, changes are happening.

For example, current thinking at USOC is that the number of young athletes participating in Olympic sports must increase and the quality of their coaching improved. The USOC's objective is to have a continuous stream of motivated and qualified internationally competitive athletes. This objective requires recruiting a large number of athletes throughout the country in every Olympic sport and providing them with effective coaching from beginning to end of their sport careers.

One part of this program is the Olympic Sports Education Series of Books. Another part is promoting certification of coaching at all levels. First, provide information to instill interest and then make quality coaching available to encourage continued participation and permit athletes to reach their own potential.

The Olympic Sports Series of books will make specific sports information available in book stores and libraries throughout the country. Publication of the first books in the series has started. The speedskating book is scheduled for publication in 1996.

The ASU, as the national grass roots amateur speedskating organization open to all participants, should provide the opportunity for every athlete, anywhere in the country, to try speedskating with the direction of a qualified coach. A task coordinated with USISA as a step in the USOC plan to acquaint athletes throughout the United States with Olympic sports.

There is no reason to expect current Association members of the ASU to undertake such an expansion on a national scale. However, if speedskating is to survive and continue to grow, a way must be found to bring knowledge of speedskating anywhere there is ice. Arenas with year around ice are being built everywhere.

The USOC has changed. USISA has changed. It is time for the ASU and it's Associations to change. Parochial, politically driven decisions, that only consider local or personal interests, will not preserve our ancient sport or spread its inherent joy to athletes throughout the country. What is needed are new ideas and courage for their implementation.

Enjoy yourself. These are the good old days  
you're going to miss in the years ahead.

Anonymous



## What's Happening?

by

**Fred Benjamin**

Chairman  
USISA Board Members  
Committee

Approximately twelve skaters were denied entry into the recent USISA Championship competitions because of their late entry applications.

Everyone should know this requirement because it has been published and is on the entry forms. The form must be postmarked ten days before the competition date---NO EXCEPTIONS..

All skaters who entered late for the first Short Track and Long Track competitions under this rule were allowed to skate in spite of their late entry. This was the World Team/Oly Fest meet in Saratoga Springs last Spring and the World Sprint Championships in Milwaukee on December 22-23, 1995. All were warned this would be the last time.

Two skaters were allowed late entry in the succeeding three meets, since the late entries resulted from an ambiguity created by the Ice Chips and an apparent USISA agent. Those meets were the U.S. All-Around Championships, the Junior Short Track Championships, and the Regional Long Track Trials.

Most of the dozen or more skaters who were denied entry to these meets called me for help since I am the USISA/ASU Committee Chairman. I could not be of much help for several reasons, to wit:

- a. This entry rule is totally a USISA rule and they alone have jurisdiction over the matter.
- b. All late entries other than the two already described, basically resulted from skater or parent negligence. I believe part of the competition is following all of the rules.
  - \*Be on the line on time
  - \*Display your number appropriately
  - \*Wear required equipment
  - \*Enter on time
- c. I agree with USISA that they cannot make exceptions based strictly on a late entry without extenuating circumstances that impedes the ability to properly enter. An NGB has to follow its own rules and to support the athletes who did follow all the rules. Athletes have a right to know and rely upon USISA and ASU to enforce its rules on and off the ice to protect the athletes who do follow the rules.

One of the athletes who failed to enter on time asked for a grievance or arbitration hearing. The

result was that the skater was denied entry. The facts of the case, however, are not the focus of this article.

The importance of the hearing was that it was the first under the new Arbitration/Grievance process within the USISA By-Laws. Under the old process, USISA chose three arbitrators to hear a grievance. The aggrieved party often left the hearing with a perception that the deck was stacked against them.

The new process has an arbitrator picked by the aggrieved party and another chosen by USISA. The two arbitrators then agree on a third. In this case, the third one suggested by the party feeling aggrieved. Even though the ruling was not in favor of the skater with the late entry, I'm sure the skater felt the hearing was fair. The attorney for the skater told me that he felt the hearing was unbiased.

Additionally, because the By-Laws provide for the possibility of hearing by teleconference, we were able to put it together within eight hours of the notice with people on the call in Wisconsin, Ohio, New York, Massachusetts, Michigan and Illinois.

USISA was very cooperative and flexible in giving the skater a hearing and pulling all the parts together with such short notice.

I am going to suggest a few changes to the wording of the By-Laws at the Spring USISA meeting to make certain points clearer but, all in all, the new system is far superior to the old.

All ASU/USISA representatives should make plans to be at the Spring ASU Convention and the USISA Spring Board Meeting. Both are in Minnesota. The USISA meeting is April 19-21, 1996, and the ASU convention is May 17 -19, 1996.

I also encourage all other members to attend all or part of both of these meetings. It is here that all decisions are made for site selections, team selection processes (Category 1 - National Teams, World Teams, etc), and all rules (including competition entry postmark dates) which will affect your skating life. These usually cannot be changed after the fact. All committee meetings and general meetings are open to the public both weekends. Anyone can attend and voice their opinions, objections or suggestions.

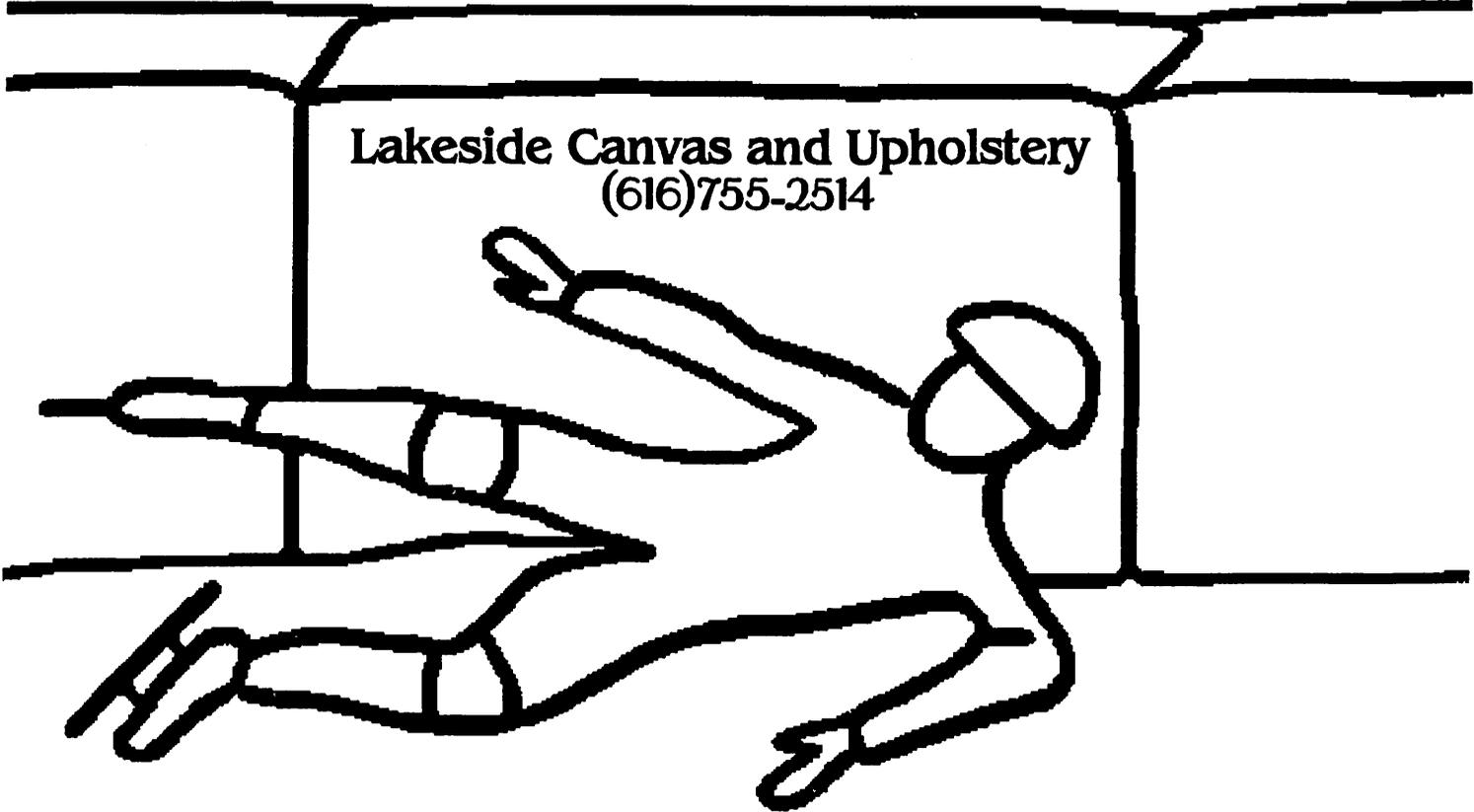
Again, you will feel welcome at these meeting. I urge you to attend.

**ARE YOU GETTING THE RACING BLADE?**

IF YOU MOVE, YOU MUST IMMEDIATELY NOTIFY THE ASU NATIONAL OFFICE, since The Racing Blade will not be forwarded to you Why? Because, unless you have paid the extra \$10.00 per year to have The Racing Blade mailed to you 1st class, it is mailed to you 3rd class, and the Postal Service does not forward 3rd class mail. Changes of address should IMMEDIATELY be reported to the ASU National Office, 1033 Shady Lane, Glen Ellyn, IL 60137. Missed copies due to incorrect address cannot be replaced at no charge.

# Skate Hard! Skate Safe!

Featuring the unique "smart-lock" system.



Lakeside Canvas and Upholstery  
(616)755-2514

Premium protective padding  
designed by speedskating  
coaches that will withstand  
the most violent crashes  
and still remain upright.

Either replacement of worn outer skins or complete skin/ foam units.

# Letters

Dear Shirley,

Enclosed is a copy of a death notice. Lowell Miller passed away. I will really miss talking to him. He was so supportive of all we did. He would call me after getting his copy of the Racing Blade in the mail and tell me how he enjoyed my column and how important our contributions were, and that I should finish my education.

Greg and I luckily found out in time to attend the funeral service. We had no idea he had been ill as he had said that he was recuperating from a knee problem. His family and colleagues from Stanford Medical School spoke about what a wonderful, supportive and thoughtful person he was. (What more can a person ask for?) Lowell knew that I coach for CYO, and he credited his "start" in life with speedskating for CYO in Chicago. Through his skating he was active racing for CYO, and they provided his college scholarship to Loyola. Then the Navy put him through medical school. Lowell also helped one of our other skaters, Joe Kraemer, in competition in Chicago in the early 40s. Joe's club was playing favorites with a skating child of an official and Joe got bumped off their team, so Lowell arranged for Joe to skate with CYO, and Joe got to go on to Nationals and Trials.

You can share this in the Racing Blade but please don't quote verbatim. I worry about whether I got the facts straight! Also please double check whether Lowell actually was a North American Champion [as stated in the obit] before anything gets repeated incorrectly. You know that death notices aren't always accurate.

Our first session at the Oakland rink is this week. We are so excited to have so many of our skaters pitching in to help Northern California Assn. grow. Cornelia [Bagg] has been very busy finding out each skater's strengths and finding a job they can do. It has really helped all to feel some "ownership" of the organization...

Mary Wong  
Golden Gate Speed Skaters



Lowell C. Miller  
1920-1995

Dr. Lowell C. Miller died Friday, October 6, at the age of 75. Dr. Miller practiced ophthalmology in Palo Alto, California, for 36 years before his retirement in 1994. Born in Minneapolis, MN, Dr. Miller graduated from Loyola University Medical School in Chicago. He interned with the U.S. Navy during WWII. Dr. Miller was a diplomate of the American Board of Ophthalmology and an Associate Clinical Professor of Ophthalmology, Stanford University Medical School. He was a member of the American College of Surgeons, as well as numerous professional societies.

In his youth, Dr. Miller was a champion speed skater and winner of the 1939 Minnesota State and North American championships.

Dr. Miller is survived by his wife of 45 years, Patricia, and children Kevin, Mark, Tom, Mary Bohannon, Colleen, Daniel, Matthew and two grandchildren. He is also survived by his mother, Agnes and brother, Frederick of San Diego.



## EVIE GABEL October 13, 1933 - January 21, 1996

Evie Gabel of Northbrook, Illinois passed away January 21, 1996. Evie was the devoted wife of National Chief Starter Andy Gabel and the beloved mother of Susie, Irene, Patricia, Andy and Steve. In addition, Evie was a devoted grandmother of eight.

She was appointed a National Chief Clerk of Course in 1982 and maintained that position to date. Evie was a truly dedicated worker. Even when son, Andy, joined the elite and Olympic ranks, she could always be called upon to work regional, novice or fun races. She loved to see the little children develop.

Evie held numerous offices within the Northbrook and ASAI organizations as well as a National meet director and ASU convention organizer.

She was a testimony to good friendship and always looked for the good and positive side to everything. Evie loved life and people. She will be missed forever.

Kay Klaiber



# United States International Speedskating Association News

## USISA NATIONAL OFFICE NEWS

by KATIE MARQUARD



The 1995-96 season is underway with extremely good results. We all believed that our young skaters had enormous potential, but we have been pleasantly surprised at how quickly they have risen to the top. High place finishes in the Long Track fall World Cups as well as record-breaking performances in Short Track has encouraged us that the direction we have been taking with our programs is working. Nick Thometz, as Program Director, and all the USISA coaches are doing a great job working as a team to develop this system. It is an exciting time of growth for USISA!

Pat Maxwell has recently resigned as the USISA Short Track Committee chairman and Jack Mortell was approved as the new chairman. Pat will remain on the Committee. We thank both Pat and Jack for all the work they have done, and will continue to do for U.S. Speedskating. Committee appointments will be discussed at the USISA Spring Board Meeting, scheduled for April 20-21, 1996, in Minnesota.

The first trials in a number of years at Northern Michigan University have successfully been held. A big thank you to John Monroe for his work in coordinating these trials. John handled everything from the Marquette side, from lining up the officials to working with the local personnel to set up ice time, meetings, etc. We appreciate all the assistance on this competition from John.

USISA held three U.S. Championships at the end of December which produced good performances by the skaters. Those in the speedskating world were impressed by the skating of the top athletes. If these championships are any indication, our international results should continue to be high.

The USISA Board passed a resolution last February concerning late entries to our events which has met some resistance. The rule reads that entries must be postmarked or received no later than 10 days prior to the first day of competition, no exceptions. Like any new rule, it is difficult to enforce initially. It was decided to allow late entries to the first Short Track and Long Track competitions after the rule was in place. These

competitions were the 1995 U.S. Short Track Championships/Olympic Festival Trials held in March, 1995, in Saratoga Springs and the U.S. Sprint Speed Skating Championships held December 22-23, 1995, in Milwaukee. All late entries were accepted for these initial trials. No late entries have been accepted in any USISA event for Long Track or Short Track since this first occasion for each discipline. We believe this rule will lead to a smoother running of USISA competitions in the future and we request all skaters to be aware of submitting entries on time.

USISA has attempted to be fair when occasions, not connected to late entries, arise pertaining to a skater participating in our events. This season we have had two instances where questions on procedures were brought to light and in both cases the skater was allowed to compete. In one instance, information on when qualifying time must be met was printed differently in two places in Ice Chips. The other case involved a skater receiving incorrect information from a USISA representative about whether they needed to compete in a particular event. USISA has ruled in favor of the skater when miscommunications have occurred.

Best of luck to all the skaters for the remainder of the season!

### 1996 United States Junior Short Track Speedskating Champions

#### LADIES

Julie Goskowicz

#### MEN

Rusty Smith

### 1996 Junior World Short Track Team

#### LADIES

Julie Goskowicz  
Erin Porter

#### MEN

Rusty Smith  
Kip Carpenter

### Junior Category I

#### LADIES

Julie Goskowicz  
Erin Porter  
Whitney McGill  
Sarah Elliott  
Penelope Lang  
Kristen Brophy

#### MEN

Rusty Smith  
Kip Carpenter  
Mike Kooreman  
Apolo Anton Ohno  
Ian Baranski  
Chad Richards



# United States International Speedskating Association News

## U.S. SPEEDSKATING REMAINING EVENT SCHEDULE 1996

| DATE               | EVENT                           | SITE               |
|--------------------|---------------------------------|--------------------|
| Feb. 23-24, 1996   | World Cup Sprint                | Roseville, MN      |
| Feb. 24-25, 1996   | World Cup Allround              | Milwaukee, WI      |
| Feb 29-Mar 1, 1996 | Junior Country Match            | Salt Lake City, UT |
| Mar. 29-31, 1996   | World Short Track<br>Team Chps. | Lake Placid, NY    |

**ATTENTION SKATERS: NO LATE ENTRIES TO BE ACCEPTED** Effective February 15, 1995, the following resolution was approved by the USISA Board of Directors and PAB Members regarding late entries for USISA events:

**ST95-02:** Entries for all USISA Events must be postmarked or received no later than 10 days prior to the first day of competition, **NO EXCEPTIONS**. Entry fees will be refunded upon request for any skater withdrawing from the competition with notification of at least 48 hours prior to the start of competition.

**NOTE:** All entry forms are available through your ASU association secretary.

**CASEY FITZRANDOLPH ELECTED ATHLETES' REPRESENTATIVE** Casey FitzRandolph was recently elected to fill the vacant Athletes' Representative position on the USISA Board of Directors for the remainder of the 1994-98 term. A total of 60 ballots were returned to the USISA National Office out of 132 persons eligible to vote. Congratulations Casey!

## U.S. Allround Long Track Championships

KC Boutiette, the U.S. in-line skater turned speedskating Olympian won his first U.S. speedskating title at the 1996 U.S. Allround Long Track Championships in Milwaukee on December 31, 1995. Boutiette won the 1500, 5000 and 10,000 meter races and placed fourth in the 500 meter event over the two day meet.

Olympian Moira D'Andrea won her third consecutive U.S. Allround title by scoring sufficient points without winning any races. D'Andrea placed third in the 1500 meter event, second at 5000 meters and 500 meters and fifth at 3000 meters

Last year's Allround champion, Dave Tamburrino, finished second. Kirstin Holum who set a U.S. Junior record at 3000 meters last month won the 5000 meter race.

### Overall Standings

| <u>Ladies</u>        |              | <u>Men</u>       |              |
|----------------------|--------------|------------------|--------------|
| 1. Moira D'Andrea    | 180.662 Pts. | KC Boutiette     | 163.400 Pts. |
| 2. Becky Sundstrom   | 181.007 Pts. | David Tamburrino | 165.019 Pts. |
| 3. Tama Sundstrom    | 182.022 Pts. | Jeff Benjamin    | 168.301 Pts. |
| 4. Kirstin Holum     | 184.495 Pts. | Arlen Spicer     | 168.328 Pts. |
| 5. Chantal Dunn      | 184.986 Pts. | Jondon Travena   | 168.338 Pts. |
| 6. Christine Scheels | 185.023 Pts. | Derek Parra      | 168.597 Pts. |



# United States International Speedskating Association News

## U.S. Long Track Sprint Championships

Casey FitzRandolph and Cristine Witty handily won the U.S. Sprint Championships in Milwaukee on December 22-23. Both Casey and Chris swept all four of the races in the two day competition.

Chris's victory is the first woman's champion other than Bonnie since Bonnie Blair started her string of victories ten years ago. Casey's victory is his second in a row. When he won his first championship, he was the youngest to have won the title in a decade.

### Overall Standings

| <u>Ladies</u> |                   | <u>Men</u>   |                    |              |
|---------------|-------------------|--------------|--------------------|--------------|
| 1.            | Christine Witty   | 161.935 Pts. | Casey FitzRandolph | 148.245 Pts. |
| 2.            | Becky Sundstrom   | -----        | Patrick Kelly      | 151.330 Pts. |
| 3.            | Moira D'Andrea    | 165.855 Pts. | Cory Carpenter     | 161.685 Pts. |
| 4.            | Tama Sundstrom    | 166.370 Pts. | KC Boutiette       | 151.945 Pts. |
| 5.            | Chantal Dunn      | 171.605 Pts. | Brendan Eppert     | 152.265 Pts. |
| 6.            | Amy Sohnle        | 172.765 Pts. | David Tamburrino   | 154.085 Pts. |
| 7.            | Christine Scheels | 173.590 Pts. | Tim Hoffman        | 154.060 Pts. |
| 8.            | Cory Goelz        | 174.145 Pts. | Jeff Benjamin      | 155.320 Pts. |
| 9.            | Valerie Hopkins   | 174.205 Pts. | Eric Klein         | 155.355 Pts. |
| 10.           | Amy Sannes        | 174.379 Pts. | Jondon Trevena     | 156.035 Pts. |

## WORLD CUP LONG TRACK

### Berlin, Germany

November 23-24, 1995

BERLIN—KC Boutiette turned in the top performance for the U.S. in the final day of skating at the season's first World Cup competition.

Although Boutiette did not compete in the fastest group of skaters, he placed 4th in Group 2, earning three World Cup points in a new competition format that is not winning rave reviews from coaches or skaters.

This weekend's World Cup is the first under a new International Skating Union (ISU) format that places skaters in two separate groups with separate results.

Skaters at each distance are placed in two groups, based on their individual World Cup ranking. The best ranked skaters are placed in Group 1, the remaining skaters in Group 2. For this first World Cup Contest in Berlin, skaters were grouped on the basis of their 1994-95 ranking. In succeeding competitions, a skater's grouping will be based on their individual World Cup ranking from 1995-96.

World Cup points are awarded based on the final classification of each group. At the end of the season, a World Cup champion is named for each distance.

### RESULTS: FRIDAY, NOVEMBER 24

#### Women 500 Meters

1. Svetlana Zhurova, RSU.....40.19
2. Catriona Le May, CAN.....40.58
3. Franziska Schenk, GER.....40.69
4. Edel Therese Hoiseth, NOR.....40.85
5. Sabine Volker, GER.....40.89
6. Kyoko Shimazaki, JPN.....41.00

#### U.S. FINISHERS:

GROUP ONE: 15. Chris Witty, West Allis, Wis., 42.01;  
16. Becky Sundstrom, Glen Ellyn, Ill, (Fall)

GROUP TWO: 11. Moira D'Andrea, Saratoga Springs, NY, 42.27; 19. Tama Sundstrom, Glen Ellyn, Ill., 43.09

#### Women 1500 Meters

1. Gunda Niemann, GER.....2:03.81
2. Mie Uehara, JPN.....2:06.65
3. Annamarie Thomas, NED.....2:07.93
4. Chris Witty, USA.....2:08.02
5. Anna Friesinger, GER.....2:08.16
6. Claudia Pechstein, Ger.....2:08.17

#### U.S. FINISHES:

GROUP ONE: 15. Moira D'Andrea, Saratoga Springs, NY, 2:13.92.

GROUP TWO: 4. Becky Sundstrom, Glen Ellyn, Ill., 2:10.03; 13. Tama Sundstrom, Glen Ellyn, Ill., 2:13.26.



# United States International Speedskating Association News

## Women's 1000 Meters

1. Christine Witty, West Allis, Wis..... 1:21.66
2. Franziska Schenk, GER..... 1:22.46
3. Shiho Kusunose, JPN..... 1:22.97
4. Sabine Volker, GER..... 1:23.35
5. Anke Baer, GER..... 1:23.41
6. Edel Therese Hoiseth, NOR..... 1:23.73

### U.S. FINISHES:

GROUP TWO: 8. Moira D'Andrea, Saratoga Springs, NY, 1:24.78; 11. Tama Sundstrom, Glen Ellyn, Ill., 1:25.35.

## RESULTS: SATURDAY, NOVEMBER 25

### Men's 1500 Meters

1. Martin Hersman, NED..... 1:54.25
2. Adne Sondrall, NOR..... 1:54.60
3. Hiroyuki Noake, JPN..... 1:54.62
4. Keiji Shirahata, JPN..... 1:54.78
5. Rintjo Ritsma, NED..... 1:55.88
6. Jeroen Straathof, NED..... 1:56.18

### U.S. FINISHES:

GROUP ONE: 9. KC Boutiette, Tacoma, Wash., 1:56.37; 15. Dave Tamburrino, Saratoga Springs, NY, 2:04.54.  
GROUP TWO: 16. Tim Hoffman, Waukesha, Wis., 1:59.61; 26. Jeff Benjamin, Highland Park, Ill. 2:00.39.

## RESULTS: NOVEMBER 26

### Men's 5000 Meters

1. Rintje Ritsma, NED..... 6:53.27
2. Gianni Romme, NED..... 6:53.50
3. Keiji Shirahata, JPN..... 6:54.27
4. Martin Hersman, NED..... 6:59.33
5. Bart Veldkamp, NED..... 6:59.50
6. Toshihiko Itokawa, JPN..... 7:02.10

### U.S. FINISHES:

GROUP TWO: 4. KC Boutiette, Tacoma, Wash., 7:06.49; 16. Jeff Benjamin, Highland Park, Ill., 7:19.82; 29. Dave Tamburrino, Saratoga Springs, NY, 7:31.64.

### Women's 3000 Meters

1. Gunda Niemann, GER..... 4:21.00
2. Claudia Pechstein, GER..... 4:26.15
3. Mie Uehara, JPN..... 4:26.21
4. Carala Zijlstra, NED..... 4:26.31
5. Svetlana Bazhanova, RUS..... 4:27.32
6. Anna Friesinger, GER..... 4:28.05

### U.S. FINISHES:

GROUP TWO: 8. Becky Sundstrom, Glen Ellyn, Ill., 4:40.64; 15. Christine Witty, West Allis, Wis., 4:49.52; 16. Christine Scheels, New Berlin, Wis., 4:52.01.

## WORLD CUP LONG TRACK Heerenveen, Netherlands

December 2-3, 1995

### RESULTS: SATURDAY, DECEMBER 2

#### Women's 500 Meters

1. Svetlana Zhurova, RSU..... 40.03
2. Crationa LeMay, CAN..... 40.37
3. Kyoko Shimazaki, JPN..... 40.41
4. Edel Therese Hoiseth, NOR..... 40.59
5. (Tie) Susan Auch, CAN  
(Tie) Tomomi Okazaki, JPN..... 40.63
14. Christine Witty, West Allis, Wis..... 41.33

#### US FINISHES:

GROUP TWO: 5. Becky Sundstrom, Glen Ellyn, Ill. 41.79; 22. Valerie Hopkins, Manchester, Mass., 44.66.

#### Men's 500 Meters

1. Manabu Horii, JPN..... 36.51
2. Sergei Klevchenya, RUS..... 36.76
3. Juinchi Inoue, JPN..... 36.85
4. Seng-Jeol Jaegal, ROK..... 36.90
5. Hiroyasu Shimizu, JPN..... 37.07
6. Toshiyuki Kuroiwa, JPN..... 37.17

#### US FINISHES:

GROUP TWO: 3. Casey FitzRandolph, Verona, Wis., 37.59; 17. Brendan Eppert, St. Louis, MO, 38.36; 18. Cory Carpenter, Brookfield, Wis., 38.45.

#### Women's 3000 Meters

1. Gunda Niemann, GER..... 4:18.22
2. Claudia Pechstein, GER..... 4:21.26
3. Mie Uehara, JPN..... 4:24.17
4. E. Belci-dal Farra, ITA..... 4:24.40
5. Svetlana Bazhanova, RUS..... 4:24.54
6. Tonny deJong, NED..... 4:25.10

#### US FINISHES:

GROUP TWO: 7. Moira D'Andrea, Saratoga Springs, NY, 4:35.81; 12. Tama Sundstrom, Glen Ellyn, Ill. 4:38.84; 16. Christine Scheels, New Berlin, Wis., 4:41.72.

#### Women's 1000 Meters

1. Witty..... 1:22.17
2. Sandra Zwolle, NED..... 1:22.23
3. B. Sundstrom..... 1:22.59
4. Eriko Sanmiya, JPN..... 1:22.67
5. Franziska Schenk, GER..... 1:22.95
6. Shiho Kusunose, JPN..... 1:23.17

#### US FINISHES:

GROUP TWO: 3. D'Andrea, 1:23.82; 6. T. Sundstrom, 1:24.45.



# United States International Speedskating Association News

## Men's 1500 Meters

1. Keiji Shirahata, JPN.....1:53.82
2. Martin Hersman, NED.....1:53.93
3. Ids Postma, NED.....1:54.71
4. Rintje, Ritsma, NED.....1:55.04
5. Audrey Anufrivenko, RUS.....1:55.10
6. Hiroyuki Noake, JPN.....1:55.40
12. **KC Boutiette, Tacoma, Wash.**.....1:56.42

### US FINISHES:

GROUP TWO: 16. Jeff Benjamin, Highland Park, Ill., 1:59.45; 26. Tim Hoffman, Waukesha, Wis., 2:00.47; 33. David Tamburrino, Saratoga Springs, NY, 2:02.10.

### RESULTS: SUNDAY, DECEMBER 3

## Women's 500 Meters

1. Svetlana Zhurova, RUS.....40.14
2. Catriona Le May, CAN.....40.48
3. Kyoko Shimazaki, JPN.....40.49
4. Tomomi Okazaki, JPN.....40.50
5. Oksana Ravilova, RUS.....40.62
6. Edel Therese Hoiseth, NOR.....40.69
16. **Christine Witty, West Allis, Wis.**.....42.90

### US FINISHES:

GROUP TWO: 3. Becky Sundstrom, Glen Ellyn, Ill., 41.78; 10. Moira D'Andrea, Saratoga Springs, NY, 42:00; 18. Tama Sundstrom, Glen Ellyn, Ill. 42.98.

## Men's 500 Meters

1. Manabu Horii, JPN.....36.70
2. Sergei Klevchenya, RUS.....36.75
3. Juinchi Inoue, JPN.....36.93
4. Yasunori Miyabe, JPN.....36.73
5. Roger Strom, NOR.....36.99
6. Hiroyasu Shimizu, JPN.....37.00
11. **Casey FitzRandolph, Verona, Wis.**.....37.29

### US FINISHES:

GROUP TWO: 15. Cory Carpenter, Brookfield, Wis. 38.40; 19. Brendan Eppert, St. Louis, MO, 38.79.

## Women's 1500 Meters

1. Gunda Niemann, GER.....2:04.92
2. Svetlana Bazhanova, RUS.....2:05.60
3. Claudia Pechstein, GER.....2:05.77
4. Chiharu Nozaki, JPN.....2:06.37
5. Sandra Zwolle, NED.....2:06.38
6. Mie Uehara, JPN.....2:06.84
12. **Witty**.....2:07.62

### US FINISHES:

GROUP TWO: 3. B. Sundstrom, 2:08.85; 10. D'Andrea, 2:11.31; 25. Christine Scheels, New Berlin, Wis, 2:15. 33.

## Men's 5000 Meters

1. Keiji Shirahata, JPN.....6:46.91
2. Gianni Romme, NED.....6:50.45
3. Toshihiko, Itokawa, JPN.....6:51.45

4. Rintje Ritsma, NED.....6:52.64
5. Martin Hersman, NED.....6:55.55
6. Frank Dittrich, GER.....6:56.92

### US FINISHES:

GROUP TWO: KC Boutiette, Tacoma, Wash., 7:02.40; 24. Dave Tamburrino, Saratoga Springs, NY, 7:14.68; 28. Tim Hoffman, Waukesha, Wis., 7:19.32.

## Men's 1000 Meters

1. Adne Soendral, NOR.....1:15
2. Manabu Horii, JPN.....1:15.09
3. Yukinori Miyabe.....1:15.10
4. Yasunori Miyabe, JPN.....1:15.14
5. Sylvain Bouchard, CAN.....1:15.16
6. Gerard van Velde, NED.....1:15.28

### U.S. FINISHES:

GROUP TWO: 1. FitzRandolph, 1:15.09; 13. Eppert, 1:16.99; 16. Carpenter, 1:17.32.

FitzRandolph, 20, from Verona, Wis., skated a 1:15.09 in the 1000 meters, the second fastest time among all World Cup skaters. The only hitch—FitzRandolph was placed in Group Two which prohibits skaters from winning medals regardless of how fast they skate.

## WORLD CUP LONG TRACK

### Oslo, Norway

December 9-10, 1995

### RESULTS: SATURDAY, DECEMBER 9

## Women 3000 Meters

1. Claudia Perchstein, GER.....4:32.92
2. Mie Uehara, JPN.....4:36.34
3. Carla Zijlstra, NED.....4:36.45
4. Annamarie Thomas, NED.....4:37.11
5. E. Boloi-Dal Farra, ITA.....4:37.11
6. Svetlana Bazhanova, RUS.....4:37.50

### US FINISHES:

GROUP TWO: 3. Becky Sundstrom, Glen Ellyn, Ill., 4:50.92; 5. Moira D'Andrea, Saratoga Springs, NY, 4:53.58; 6. Christine Scheels, New Berlin, Wis., 4:53.95.

## Men 500 Meters

1. Yasunori Miyabe, JPN.....37.64
2. Sergey Klevchenya, RUS.....37.79
3. Roger Strom, NOR.....37.81
4. Grunde Njos, NOR.....37.85
5. Junichi Inoue, JPN.....38.03
6. **Casey FitzRandolph, Verona, Wis.**.....38.08

### US FINISHES:

GROUP TWO: 11. Cory Carpenter, Brookfield, Wis., 38.95; 18. Brendan Eppert, St. Louis, 39.42.



# United States International Speedskating Association News

## Men's 1500 Meters

1. Neal Marshall, CAN.....1:57.75
2. Toru Aoyanagi, JPN.....1:50.76
3. Andrey Anufriyenko, RUS.....1:58.93
4. Jeroen Straathor, NED.....1:59.02
5. Rintje Ritsma, NED.....1:59.10
6. Adne Sondral, NOR.....1:59.93
10. **KC Boutiette, Tacoma, Wash.**.....2:00.33

### US FINISHES:

GROUP TWO: 8. David Tamburrino, Saratoga Springs, NY, 2:03.56; 19. Jeff Benjamin, Highland Park, Ill., 2:06.06; 22. Tim Hoffmann, Waukesha, Wis., 2:06.13.

### RESULTS: SUNDAY, DECEMBER 10

## Women 1500 Meters

1. Sandra Zwolle, NED.....2:09.03
2. Mie Uehara, JPN.....2:09.22
3. Claudia Perchstein, GER.....2:09.26
4. Annamarie Thomas, NED.....2:09.46
5. Mie Shimizu, JPN.....2:09.69
6. Maki Tabata, JPN.....2:10.18
9. **Christine Witty, West Allis, Wis.**.....2:10.88

### US FINISHES:

GROUP TWO: 1. Becky Sundstrom, Glen Ellyn, Ill., 2:15.94; 6. Tama Sundstrom, Glen Ellyn, Ill., 2:18.97; 14. Moira D'Andrea, Saratoga Springs, NY, 2:23.

## Men 500 Meters

1. Grunde Njos, NOR.....37.34
2. Yasunori Miyabe, JPN.....37.46
3. Junichi Inoue, JPN.....37.57
4. (Tie) Manabu Horii, JPN.....37.66
- (Tie) Hiroyasu Shimizu, JPN.....37.66
6. Mike Ireland, CAN.....37.72
7. **Casey FitzRandolph, Verona, Wis.**.....37.75

### US FINISHES:

GROUP TWO: 8. Cory Carpenter, Brookfield, Wis., 38.45; 15. Brendan Eppert, St. Louis, 38.66.

## Men's 5000 Meters

1. Bart Veldkamp, BEL.....7:00.26
2. Rintje Ritsma, NED.....7:01.91
3. Gianni Romme, NED.....7:04.19
4. Keiji Shirahata, JPN.....7:04.85
5. Ids Postma, NED.....7:05.10
6. Martin Hersman, NED.....7:06.29

### US FINISHES:

GROUP TWO: 2. KC Boutiette, Tacoma, Wash., 7:08.63; 13. Dave Tamburrino, Saratoga Springs, NY, 7:23.93; 25. Jeff Benjamin, Highland Park, Ill. 7:42.69.

## Men's 1000 Meters

1. **Casey FitzRandolph, Verona, Wis.**...1:16.17  
(Track Record)

2. Adne Sondral, NOR.....1:16.25
3. Manabu Horii, JPN.....1:16.30
4. Gerard van Velde, NED.....1:16.44
5. Toshiyuki Kuroiwa, JPN.....1:16.52
6. Sylvain Bouchard, CAN.....1:16.71

### US FINISHES:

GROUP TWO: 8. Carpenter, 1:18.44; 15. Eppert, 1:19.00.

## U. S. SHORT TRACK Travel Team Selected

Ten skaters qualified for U.S. Speedskating's Travel team at trials in Marquette, Michigan, December 2-3.

Tony Goskowicz won the 500, 1000 and 1500 meter titles and set a new U.S. record for the 1000 meter time trial in 1:29.18.

Julie Goskowicz won the women's 500 and 1500. She set the Junior U.S. women's record in the 1000 meter time trial in 1:36.12.

Other record-breaking performances included those by J. P. Shilling, in the men's 3000 meters. He skated a 4:50.50, breaking the previous record held by Goskowicz by six seconds. Shilling's time broke the world mark of 4:56.29 held by Ji Hoon Chae of South Korea, but it can not be considered a world record because it was not set during a sanctioned international event.

Mike Kooreman, (Grand Rapids, Michigan) established a new junior men's 1000 meter mark with a 1:31.94, breaking another Goskowicz record. Also, Kip Carpenter, (Brookfield, Wis.) set two Junior American records in the 3000m (4:59.85) and the 1000 meters (1:31.95).

Traveling team members in rank order are:

### MEN

1. Tony Goskowicz, 18 .....New Berlin, Wis.
2. J. P. Shilling, 23 .....Baltimore, Md.
3. Charles King, 26 .....Studio City, Calif.
4. Scott Koons, 19 .....Cleveland, Ohio
5. Tom O'Hare, 18 .....St. Louis, Mo.

### WOMEN

1. Julie Goskowicz, 15 .....New Berlin, Wis.
2. Karen Cashman, 23 .....Quincy, Mass.
3. Amy Peterson, 24 .....Maplewood, Minn.
4. Erin Porter, 16 .....Saratoga Springs, NY
5. Erin Gleason, 18 .....Jackson, N.J.

### HOLUM SETS NEW AMERICAN MARK

CALGARY—Kirstin Holum (Waukesha, Wis.) set a new American Junior Long Track Record in the 3000 meters at the Can-Am competition at the Olympic Oval.

Holum, 15, skated a 4:27.44 to finish second. Canada's Cindy Overland won the event in 4:27.00.



# United States International Speedskating Association News

## WORLD SHORT TRACK RANKING MEET

BORMIO, ITALY - DECEMBER 10, 1995

Scott Koons, 19 of Cleveland, was the top U.S. finisher at the Short Track International Ranking Competition in Bormio, Italy.

Koons qualified for the 500 meter Finals and skated a 44.08 to finish fourth. Koons also skated a 5:21.16 in the 3000 meter final. He placed eighth overall in the three day competition.

### RESULTS: DECEMBER 10

#### Women's Final Standings

1. Isabelle Charest.....Canada
2. Marinella Canclini..... Italy
3. Debbie Palmer.....Great Britain
4. Christine Boudrias.....Canada
5. Annie Perreault.....Canada
6. Karia Colturi..... Italy
7. **Amy Peterson.....Maplewood, Minn.**
8. Eugenia Radanova.....Bulgaria
9. **Karen Cashman.....Quincy, Mass.**
10. Tania Vicent.....Canada

#### US FINISHES:

13. (Tie) Erin Porter.....Saratoga Springs, NY
- (Tie) Erin Gleason..... Jackson, N.J.
16. Julie Goskowicz..... New Berlin, Wis.

#### Men's Final Standings

1. Marc Gagnon.....Canada
2. Frederic Blackburn.....Canada
3. Sylvain Gagnon.....Canada
4. Maurizio Camino..... Italy
5. Michele Antonici..... Italy
6. Derrick Campbell.....Canada
7. Wiff O'Reilly
8. Orazio Fagone..... Italy
9. **Scott Koons.....Cleveland, Ohio**
10. Bryce Holbeck.....Canada

#### US FINISHES:

16. J. P. Shilling..... Baltimore, MD
18. Charles King.....Studio City, Calif.
27. Tony Goskowicz..... New Berlin, Wis.
37. Tom O'Hare.....St. Louis, MO

## INTERNATIONAL SHORT TRACK WORLD RANKING COMPETITION

GJOVIK, NORWAY - DECEMBER 17, 1995

1994 Olympic bronze medalist Amy Peterson won the 3000m race today and finished second overall at the International World Ranking Competition at the Olympic Cavern Hall in Gjovick, Norway.

### RESULTS: SUNDAY, DECEMBER 17

#### Men's Overall Final Ranking

1. Orazio Fagone.....Italy
2. Hugo Hernhof.....Italy
3. Michelle Antonioli
4. Maurizio Carnino.....Italy
5. Bjornar Elgetun.....Norway
6. Diego Cattani.....Italy

#### US FINISHES:

7. J. P. Shilling, Baltimore, MD; 9. Tony Goskowicz, New Berlin, Wis.; 11. Charles King, Studio City, Calif.; 12. Scott Koons, Cleveland, Ohio; 14. Tom O'Hare, St. Louis, MO.

#### Women's Overall Final Ranking

1. Marinella Canclini.....Italy
2. **Amy Peterson.....Maplewood, Minn.**
3. **Julie Goskowicz.....New Berlin, Wis.**
4. Katia Colturi.....Italy
5. (Tie) Debbie Palmer.....Great Britain
- (Tie) **Erin Gleason.....Jackson, N.J.**

#### US FINISHES:

10. Erin Porter.....Saratoga Springs, NY
11. Karen Cashman.....Quincy, Mass.

#### Women's 500 Meter Final

1. Canclini, ITA ..... 46.76
2. Colturi, ITA ..... 47.27
3. Barbara Baldissera, ITA..... 47.46
4. Penelope Di Lella, NED..... 47.51

#### 1500 Meter Final

1. Canclini, ITA..... 2:34.04
2. Goskowicz, USA..... 2:34.13
3. Mara Urbani, ITA..... 2:34.32
4. Gleason, USA..... 2:35.46
5. Colturi, ITA..... 2:35.60
6. Porter, USA..... 2:35.76

#### 1000 Meter Final

1. Canclini, ITA..... 1:39.57
2. Peterson, USA..... 1:39.65
3. Palmer, GBR..... 1:39.81
4. Goskowicz, USA..... Fall

Nothing is ever said -  
that has not been said  
before



# United States International Speedskating Association News

### 3000 Meter Final

- 1. Peterson, USA.....5:38.90
- 2. Goskowicz, USA.....5:39.05
- 3. Colturi, ITA.....5:40.15
- 4. Baldissera, ITA.....5:41.52
- 7. Gleason, USA.....5:43.20

### 3000 Meter Relay Final

- 1. Italy.....4:32.42
- 2. USA (Peterson, Goskowicz, Porter, Cashman).....4:38.51
- 3. Mixed Team.....4:41.27
- 4. Netherlands.....5:09.43

### Men's 1500 Meter Final

- 1. Fagone, ITA.....2:28.87
- 2. Antonioli, ITA.....2:29.29
- 3. Hernhof, ITA.....2:30.28
- 4. Elgetun, NOR.....2:30.47
- 5. Shilling, USA.....2:30.71

- 6. Martin Johansson, SWE.....2:31.42
- 7. Diego Cattani, ITA.....2:35.47

### 500 Meter Final

- 1. Carnino, ITA.....43.98
- 2. Cattani, ITA.....44.05
- 3. Hernhof, ITA.....44.20
- 4. Elgetun, NOR.....44.56

### 1000 Meter Final

- 1. Fagone, ITA.....1:36.66
- 2. Hernhof, ITA.....1:36.74
- 3. Elgetun, NOR.....1:36.89
- 4. Shilling, USA.....1:37.20

### 3000 Meter Final

- 1. Fagone, ITA.....5:10.62
- 2. Antonioli, ITA.....5:10.96
- 3. Hernhof, ITA.....5:11.86
- 4. Cattani, ITA.....5:11.90
- 7. Shilling, USA.....Fall

**SUBSCRIBE  
NOW AND  
GET THE  
EDGE!**



# SKATERS EDGE

AN INFORMATIVE QUARTERLY SPEED & IN-LINE SKATING JOURNAL

#### YES

Please send me a one year subscription  
4 issues at only \$15 (in Canada)  
Foreign subscriptions \$20 (U.S. funds)

#### YES

Please send me a three year subscription  
12 issues at only \$40 (in Canada)  
Foreign subscriptions \$50 (U.S. funds)

Enclosed is my:  Cheque  Money Order

Payable to: The Ontario Speed Skating Association

Name.....

Address.....

City..... Prov/State.....

Postal Code/Zip.....

Phone No. ( ).....

Return To: Ontario Speed Skating Association,  
1185 Eglinton Avenue East, North York, Ontario M3C 3C6  
or FAX #: (416) 426-7385

RB

## SAVE ON A 3-YEAR SUBSCRIPTION

“Official Supplier of the U.S. Speedskating Team”

THE WORLD OF SPORTS



THE WORLD OF SPORTS



THE WORLD OF SPORTS



**Get in Front**

**SPEED SKATE SPECIALISTS**

BONT • VIKING • HYPER • ZANDSTRA

DARKSTAR • SURE GRIP • RIEDEL

MOGEMA • CORE • POWER LINE • PASS

LONG TRACK ■ SHORT TRACK ■ ICE ■ INLINE ■



**ORDERS WELCOME**

1 (800) 550-1455

**HIGH PEAKS CYCLERY**  
MOUNTAIN ADVENTURE CENTER



Send \$2.00 for our current catalog and take \$5.00 off first purchase.

Tel: 1 (518) 523-3764 Fax: 1 (518) 523-2368  
331 Main St., Lake Placid, NY 12946

**COMING SOON**  
High Peaks Cyclery's  
**CATALOG ON DISK**  
for IBM & compatibles

**HIGH PEAKS CYCLERY**  
MOUNTAIN ADVENTURE CENTER



**NEW FOR 1996!**

**SPEED SKATE TRADE UP PROGRAM FOR KIDS!**

**LONG TRACK AND SHORT TRACK**

**INQUIRE ABOUT OUR**

**CONSIGNMENT SPEED SKATES AT THE NEW**

**HIGH PEAKS**

**TRADING CO.**

331 Main St., Lake Placid, NY 12946

1 (800) 550-1455 Orders Only  
Tel: 1 (518) 523-3764 Fax: (518) 523-2368

## SHIRLEY SAYS...

- Entry forms for the National Short Track Championships were mailed early in February to all association secretaries. If you are a Direct Member planning to compete in that meet and have not yet called the National Office for an Entry Form, you should do so immediately. Do not delay because we have strict deadlines for submitting Entry Forms and the restrictions on quotas are different for Direct Members.

- The 1996 North American Short Track Championships are April 5-7 in Red Deer, Alberta, Canada. You may call the National Office for Entry Forms for that also. Red Deer is north of Calgary. The venue, Centurium Arena, is an exceptional facility. Representatives from the Red Deer organizing committee were at the North American Short Track in Cleveland promoting their meet. The "red carpet" will be rolled out for you so it should be an exciting experience for anyone going up there - especially since they have invited several International teams and are hoping for a good representation.

- As you approach the 1996 National Short Track Championships, REMEMBER THIS. If you finish first or second overall in your class, Midget through Senior, you will be reimbursed for \$250 in expenses for the 1996 North American Short Track in Canada, if you choose to compete in that competition. All you have to do is provide the National Office with receipts for expenses following the meet. If the first and second place finishers cannot compete in that meet, the offer of paid expenses falls to the third and fourth. We are grateful to the United States International Speedskating Assn. for again approving this grant to ASU for this year.

- Birth certificates are required for all competing skaters. This means that when you first register with the ASU you must submit a copy of your birth certificate. When you do, it is recorded in the computer along with all the other information about you and the actual birth certificate is kept in the ASU files (I guess for perpetuity!)

- It is important that we see a copy of your birth certificate, not just in case you may want to compete in World and Olympic events (citizenship must be proven) but because frequently the birth date entered on your membership application is wrong. I am not kidding! Presumably these are filled out by

skaters themselves or their parents. In the case of skaters, it must be lapse of memory or a wandering pen. In the case of parents, we suspect fathers do not always know their offsprings' birth dates.

- The ASU membership form has a place to check if you are a U.S. citizen (and if not, how long you have lived here) but that has nothing to do with whether or not we have received a copy of your birth certificate. That is needed to determine your eligibility for competing in the Nationals. The rule on non-citizens skating in National Championships is you must have lived in the U.S. at least one year.

- One of the items we have available in the National Office (free of charge to you) is a brochure entitled "Grants and How to Get them" written by Sarah Hill of the Northern New York Assn. When Sarah was the ASU Promotion & Publicity Chairman she attended a grant workshop in Detroit and subsequently put together this "practical guide for obtaining local grants for club projects". There are grants on all levels for activities such as ours. The only problem is, applying for them is not easy because writing a grant proposal takes a special knowledge and technique, which Sarah has tried to give you in this brochure.

-The National Office can also offer you the very best materials to promote your club. They were compiled and written by the current Promotion & Publicity Chairman Myra Vandersall, with help from her committee members. They are listed in the ASU catalog and the packet, which sells for \$2.00, includes: "Getting on Track - How to Promote Your Speedskating Club", "Marketing 101, Selling your Speedskating Club" and "Developing a Club Newsletter-A Medium for Communicating". They were distributed at the 1995 Convention in Boston during Myra's Media Clinic but anyone who did not receive them should call or write the National Office. They are top of the line, professionally written materials.

- Think CONVENTION! Are you disgusted? Do you want to make changes in the sport? Go to the ASU Convention. It's May 17-19 in Minneapolis, Minnesota. Have courage. Be a rabble rouser. Raise your voice. You will be heard. If enough people feel as you do, you may make significant changes in the sport. Only time will tell if they were the right changes!

## The Carol Blatchford Memorial Scholarship Fund

By Bob Vehe

In the December, 1993, issue of The Racing Blade, the announcement was made concerning the dissolution of the Carol Blatchford Memorial Trust Fund and the transfer of its assets to the ASU and the creation of the titled scholarship fund. The original trust was created by friends of the Blatchford family and the family as a memorial to Carol Priest Blatchford who was killed in an automobile accident in April, 1969. Carol was an avid speed skater as were her brother and sisters. The trust provided support for young girls within the State of Illinois to "...assist them...in pursuing their interests in amateur ice skating...as the Trustees...may deem fitting..."

During the 1970s and 1980s, numerous Illinois girls were helped with a portion of their expenses for training in Europe before a rink in the United States was open. As times have changed, it became evident that the Trust should change and its goals altered by broadening the coverage.

Upon the transfer to the ASU, the funds were invested while the decisions as to the details of the scholarship were being established. The following criteria establish, in part, this scholarship:

1. The grant will be made annually providing funds are available and acceptable applications are received.
2. The grant will be made only from income accrued from the investments.
3. The applicant must be a female involved and interested in speedskating.
4. The applicant must be a full-time student at the Northern Michigan University in Marquette, Michigan.
5. The applicant must be a registered member of the ASU and an active participant in organized speedskating activities.
6. The applicant need not be a member of any national or elite group of skaters as may be established by the national skating organizations.
7. The granting of this scholarship is solely the decision of The Carol Blatchford Memorial Fund Committee.

This scholarship is separate and distinct from the ASU scholarship.

Female skaters who can meet the criteria shown and are interested should request an information package from the ASU National office. Be sure to specify The Carol Blatchford Memorial Scholarship Fund.

## Southern California Speedskating Association

By Bob Nelson

The Southern California Speed Skating Association took advantage of the new Olympic Oval in Salt Lake City with a four-day Long Track camp coached by Olympic Coach Stan Klotkowski, and sponsored by the Bill Disney Boosters on December 18-21.



It was a great experience for some 23 skaters coming from Southern California, Northern California, Chicago, and local Utahians.

Bob Nelson, the Bill Disney Boosters' Coordinator, put the camp together some months ago at the OTC with Stan, hoping that ice would be available. Everyone was blessed with the freezing of the Oval just one week before the camp. That was too close for comfort according to Bob whose life's dream was to have a camp in the West for the kids, remembering his Squaw Valley experience in 1960.

It's only a start and next year it may be a little longer. The kids were really enthused and are returning in January for the Utah Winter Games for three days of Long Track and Short Track Competition.

### California Classic

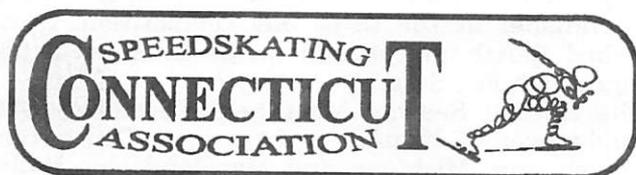
When the announcement of this year's plans for the California Classic was made, it differed from the schedule featured in The Racing Blade. The date for the Classic is March 23 at the new Glacial Garden Lakewood, a beautiful three-rink facility at the northwest end of the McDonnell Douglas Long Beach Airport With two side-by-side Olympic ice surfaces and an Olympic size roller surface dedicated to in-line hockey and in-line racing, the Garden is only one of Ron White's new recreation centers in the So. California area. Presently, the Glacial Gardens Anaheim has been open for two years with Mission Viejo and Riverside starting next year.

This year the Classic starts on Friday with the Bill Disney Celebrity Challenge Golf Tournament bringing back some 25 of the 46 speedskaters turned golfers from the past. Last year, Stan Fail

won the tournament with a 72 followed by Bill Disney, Ray Blum, Bud Campbell, Roy Wallace, Lowell Gothra, Jack Bennett, and many others. This year the tournament will field some 60 players

Saturday, for five hours, the Bill Disney Sprints and Ross Zucco Memorial will be held with figure skating, hockey and Special Olympic exhibitions.

Sunday morning something new will be added featuring a community in-line race and 5K and 10K Elite Competition. "If the indoor roller rink is finished by March 10, we will have an invitational in-line hockey tournament to help make this a memorable weekend" says Classic Coordinator Bob Nelson. Information on the Classic can be obtained by calling (310) 944-9006 or FAX (310) 947-6695.



At long last the beautiful new municipal rink in Norwich CT has opened. We will be hosting the Eastern Seaboard Short Track Speedskating Championships there on March 23. The rink is a skating parent's dream. It has a large heated lobby with tables and comfortable chairs and a large glassed section for viewing the rink. It also has four locker rooms.

The Eastern Seaboard's will be the first speedskating meet to be held in Southeastern Connecticut. Besides having a well run meet, we have another objective - to fill the stands. We will be going all out on publicity. The meets on the East coast usually have very few spectators and we want to change that.

On November 25, Connecticut speedskaters participated in the Norwich Winter Carnival and parade. Jody Foley, Jerry Klasman, Al Menghi and Dave Moneypenny in-line skated and handed out brochures. For a "float" a giant speedskate was cut out of a sheet of sign board and mounted on top of Dave's truck. Thanks to Jay Benton our unofficial, official photographer for the idea. After the parade, we put on slideboard, turncable and in-line skating demonstrations in the town square.

We had our first session in Norwich on November 30. Nine new skaters showed up to give the sport a try. Eight of them had never seen speedskating other than on television. We pick up a skater or two just about every week, so the program should be in good shape in a month or so. It also helps that the rink management is very supportive of our program.

The second annual "Dave & Al" (Dave Moneypenny & Al Forsyth) Mini Camp was held in Lake Placid over the Christmas break. This has become an international event; this year a few Canadian skaters joined in the fun.

THE GREATER



By Steven Canson

The Greater Pittsburgh Unified Speedskating Club is half way through its fourth season. I can definitely say that it has been a productive and prosperous year so far. We see new faces show up at club practices every week who are interested in the sport. And because of this interest our membership is growing. The club is getting ice times five to six times a week and because of this, many of our skaters are improving on technique and speed.

On December 9-10, 14 of our skaters went to the Seaway Short Track Championships in Ohio. And we also had a huge turn-out from Pittsburgh of spectators to cheer us on. Gary Uziel skated his first race in Juvenile Novice and took second place. Augustin Pionati skated his first race in Midget Novice and took first place. Mathew Fetters skated his first race in Senior B and took third place. Preston Jones skated his first race in Juvenile and took a second place. Denise Soutanian skated her

**FORCE**

**VIKING**

**MOGEMA**

**ZANDSTRA**

**TEAM KARIM**  
2801 Telegraph Avenue  
Berkeley, California 94705

Send foot tracing, \$3 for catalog  
& decals. Orders: 510-841-2181  
Fax Machine: 510-849-4004

first race in Senior B and took first place. Steven Radney skated his first race in Senior B and did not place, but skated remarkably well. Sandra O'Toole who skated her first race in Senior B did not place either, but skated remarkably well considering that she just started skating eight months ago. Wade Smith skated in Senior A and took a second place. Steven Canson skated in Senior B and took a first place. Dan Mays skated in Special Needs and took a fifth place. Joe Mays skated in Special Needs and took a second place. Terri DiNome skated in Special Needs and took a first place and Heather McCrea skated in Special Needs and took a second place. Congratulations to all the skaters in the club! All of you skated fine races!

One week later, the Special Needs skaters went to a Special Olympic Short Track race in Franklin Park, Illinois. where Dan Mays placed fifth, Joe Mays placed second, Terri DiNome placed third, Heather McCrea placed first, and Ken Bradley placed second. Congratulations to the Special Needs skaters from the club on skating excellent races!

As you can see the Pittsburgh Club is making a name for itself in the speedskating community. This is because of a few dedicated members who want to see the club continue to grow and make sure that those members in the club now keep having fun during practices. Keep up the good work!

Oh....before I go, I want to remind all registered speedskaters of the ASU that there will be a joint meet (Pittsburgh Club and Maryland Speedskating Association) named the Susquehanna Challenge at the Twin Ponds Skating Complex in Harrisburg, Pennsylvania on February 3-4, 1996. There will be competition in all age divisions from Tiny Tot to Grand Master and for Special Needs. There will also be a Master B class. Novice races will be held in open divisions as follows: Midget/Pony/Pee Wee combined, Intermediate/Junior/Juvenile combined, Adult Novice. Applications for the race will soon be sent out to all clubs. Start making plans to attend, because this is going to be one heck of a fun two day competition! Hope to see everyone there!



## OHIO SKATING ASSOCIATION

By Marshall R. Herron

Speedskating is getting even stronger here in Northern Ohio where top ranked skaters are emerging and many new skaters are experiencing the thrill of competition.

O.S.A.'s own Scott Koons placed eighth overall at the Short Track International Ranking Competition in Bormio, Italy, making Scott the top U.S. finisher at the three day competition. Scott finished fourth in the 500 meter final at 44.08. Congratulations, Scott!

The Annual Seaway Meet held December 9-10 brought over 77 skaters to Lakewood, Ohio, from Pennsylvania, Michigan and Maryland. Joe Balbo took first overall in Master Men followed by Bob Heeley and Mark Ballenger, all from Lakewood. Kevin Graf from Lakewood placed second in Senior B.

Ron Biondo from Brooklyn placed first overall in Juvenile Boys. Congratulations, Ron!

In Midget Boys, Graham Geiselman, Lakewood, edged out rival Roman Milan placing Graham and Roman first and second.

Matt Cawley, Lakewood, was first in Novice Juvenile Boys and Chris Tribuzzo placed first in Novice Pony Boys. Novice Pee Wee Boys was highly competitive with Brian Veber first, Sebastian Chada third followed by fourth place Matt Biro, all from Lakewood. In Novice Tot Boys, Alex Uhlik was first and Justin Tribuzzo second.

In Senior B Women, Kim Schad-Szczepinski, Elyria, placed second in her debut competition followed by Mary Beth Horvath and Karen Roberts from Lakewood.

National Sports Academy



at Lake Placid

Academic and Athletic Excellence



Cross Country • Nordic Combined • Ski Jumping • Alpine Skiing • Figure Skating • Speed Skating • Luge • Snowboarding • Biathlon • Freestyle Skiing

## TRAIN AND STUDY IN THE OLYMPIC VILLAGE

A college preparatory school for student-athletes  
training in the Olympic Winter sports.

- 4-5 morning training hours daily at the Olympic Venues with weekend travel to competitions.
- Fully supervised dormitory facilities with a private bath in each room.
- Each student participates in a full academic schedule.
- Four, seven and nine month programs available. • Financial aid available.

For information, contact: Admissions Office • National Sports Academy at Lake Placid  
12 Lake Placid Club Drive • Lake Placid, New York, 12946 • (518) 523-3460

Kristen Biondo, Brooklyn, Ohio, took top honors in Midget Girls followed by Katie Marquard and Katie Smee of Lakewood.

Kira Heeley was first in Pony Girls, Jenny Smee first in Novice Juvenile Girls, Maggie Ballenger first in Novice Midget Girls, Sophia Milan was first in Novice Pony Girls followed by Emily Marquard.

In Novice Pee Wee Girls, Clare Geiselman was second followed by Elise Tribuzzo.

We're very proud of all our O.S.A. skaters. We have experienced excellent results from our Learn To Speed Skate program and are showing a nice increase in novice skaters who performed well at the Seaway Meet. A good number of registered and novice skaters will be traveling to Detroit February 2 and 3.

O.S.A. is even getting into the business of selling speedskating mats as an ongoing fundraiser to further speedskating development. Look for our ad possibly appearing in this issue of The Racing Blade.

Bob Reppenhagen, Tim Quinn and I are relentlessly developing the new Elyria Club and we're finally seeing some results with somewhere between 14 and 20 skaters on the ice each week.

Our sincere thanks goes to Coach Dennis and Katie Marquard for their consistent dedication and inspiration to countless speed skaters.

Have a super 1996!

## PADS *by Steve*

*Is your club ready to upgrade your safety padding or are you just starting to pad your ice rink for safety?*

I'm the guy who has made the majority of the safety pads used in the country for most ASU club events. I'm no longer affiliated with the former supplier, however since I did all the work before I wanted to let you know you can still get the same high quality safety pad in the future as many of you have in the past. So far I have made nearly 500 pads for ASU Clubs.

When you're ready to make the move to the highest quality safety pad available give me a call at **(314) 351-0212**. Leave your number if I'm not in and I'll return your call.

**Steve Chapin, Pad Maker - Since 1986**  
**5450 Gravois, St. Louis, MO 63116**

## NORTH TEXAS SPEEDSKATING CLUB

By Brad Lang

It's that time again in Texas. Winter! The temperature usually drops to around 55-60 degrees with an occasional high of 70. Not too bad, huh? Winter time also means it's time to travel north in search of competition. This is precisely what five of our skaters did several months ago.



North Texas Speedskating Club

These skaters traveled to an area just outside of Chicago to participate in the 78th Chicago Silver Skates. Over 100 skaters decided to compete on Saturday, October 29th. The Texas contingent included Yuval Toren, Seiji Higashi, Eric Hall, Brad Lang and Dennis Stanford. Originally, a few more skaters from the club had wanted to participate in the meet. We were under the assumption that we would have two days to compete. Unfortunately, this was not the case. Apparently, the published schedule did not reflect the change from two days to one day. A number of our skaters just could not justify the expense in traveling from Texas to Illinois for a one day meet. A real dilemma develops in determining when to book low air fares, hotel reservations, etc. Our budget for traveling is relatively low. Enough said.

After arriving in Chicago, the seasoned racers discussed race strategies with the first time racers. That is, after the younger skaters stopped jumping up and down on the hotel beds. We felt it was important to give them some idea of what they would see and hear. Competitive racing can sometimes be a bit intimidating and new skaters are unsure of when and where to go for the warmup sessions, what the starter will say, which start lines to use, etc. A few minutes of discussion will reduce some of the fear factor. After sharpening their skates, we called it quits for the evening. After a good breakfast, the Texas skaters headed over to the Center Ice of Dupage.

Seiji Higashi was our lead-off skater in Pony Boys. Seiji was moving fast, so fast that frequently his headgear moved to the back of his head. Seiji was second in the 444, second in the 333 and third in the 222. Overall he finished second and this was his first meet ever! Eric Hall was next off the line in the Open Combined Boys division. This is Eric's second year of skating and he continues to improve. Eric finished second in the 333, third for 777 and third in the 500m race. Great finish, Eric! Yuval Toren, our youngest skater (and first timer!) appeared very focused during all of his races and came away with a first place win in Pee Wee Novice!

In the Senior B Open Combined division the venerable Dennis Stanford and I battled each other to determine which airline has better on time service (sorry folks, this is personal). Denny finished third in the 777m, and fourth in the 1000m race. I was happy to finish third in the 500m and not happy about my fifth place in the 1000m race. American won this time but the season isn't over for Delta.

As Tom Healy said, we need more ice time, to sit back more, and work the straight-aways! The Chicago Silver Skates is a great meet. Make it if you can.

Two weeks later Rob Blair and Yuval Toren traveled to Milwaukee for the Great Lakes Short Track meet. Rob actually arrived on Saturday because of bad weather. Yuval skated in the Pee Wee Novice Boys division finishing third in the 111m, fourth in the 222m and third in the 333m. Yuval came away with fourth overall. Good job Yuval.

Finally, two new rinks were constructed in November. If all goes well, we'll have a regulation size track to skate on soon. Until next time....Stay relaxed.

## HARVEY MOORE

*(Continued from page 8)*

like most everyone else.

Harvey left an indelible mark on Champaign speedskating. Capan and Dorgan were his first skaters to reach the Olympics. They were 1968 Olympians. Drebes was a member of six World Short Track teams. I was the next to reach the Olympics in 1980, 1984 and 1988. Blair, of course, was on four Olympic teams, 1984, 1988, 1992 and 1994.

As I said earlier, it used to upset me that Harvey would assist my competition and I gave you the reasons from 10 to 15 year old boy. I am afraid this will always be the case if you are asking the 10-15 year old Erik Henriksen.

When I look at the decline in the numbers in our sport and the exclusionary and elitest attitudes of some of those who steward our sport, I long for the selflessness and generosity of one, Harvey Moore.



By Larry A. Clever

The 1995-96 NNY racing season began on November 4-5 with the Eastern States Short Track Championships on "the fastest ice in the country" at the Weibel Avenue rink in Saratoga Springs. One hundred twenty five competitors from Maryland to Maine made the meet a truly exciting event. Many thanks to those who made it possible, including the officials, without whom no meet can function, and Chairman Chuck Brome and his dedicated crew. The Saratoga Winter Club looks forward to welcoming the speedskating community to Saratoga Springs to "the fastest ice in the country" in 1996 for the U.S. Speedskating Championships and in 1998 for the ASU National Short Track Championships.

Congratulations to Tom Miller and the Adirondack Club on the successful Met/Pack meet held on the Oval at Lake Placid on Dec. 9-10. Combining metric and pack style skating together into one meet was a great idea that attracted wide spread interest. Skaters registered for the style skating they preferred. The concept was so successful that it will be used for the upcoming Eastern Seaboard Championships to be held by the Eastern Scheduling Committee on January 20-21 on the Oval. Tom would like to remind the readers that the World Short Track Team Championships will be held in Lake Placid in March, offering an exceptional spectator opportunity. A raffle currently underway costs one ticket for \$5, three tickets for \$10 and offers as first prize; two nights lodging and event tickets for four, as second prize; two nights lodging and event tickets for two, and third prize; event tickets for two. Contact Tom Miller (518-523-1157) for more information!

The Green Mountain Club is busy enjoying weekly ice time at the Gutterson Ice Arena at the University of Vermont with sessions through February 25. The club, by the way, has inaugurated an excellent newsletter that is informative, graphically exciting, and powerful as a recruiting tool. Editor Dave Townsend has set a new standard with this effort! Rob Kramer, we have learned, is dedicating this year to Long Track. He has just returned from an extended training period in Canada and intends to travel to Europe soon to continue intensive training. Best wishes, Rob!

The Saratoga Winter Club is hard at work on final arrangements for the 63rd Eastern States Long Track Championships, slated for January 6-7. In cooperation with the city and through the efforts of President Joel Williams, a new track has been laid out adjacent to the Weibel Avenue rink, offering a longer track than has been available in recent years. Rick Strauss has taken the reins for

this meet and looks forward to welcoming you all to Saratoga Springs. The Winter Club has recently expanded its strength training program in cooperation with "My Gym" and trainer Mark Bordeau, and looks forward to the benefits of that collaboration. Special congratulations to Erin Porter who recently won a place on the US Short Track Traveling Team, and placed 13th in competition in Bormio, Italy, and 10th in Gjøvik, Norway.

The Syracuse Speed Skating Club is in full swing with good attendance at the early meets this year. Their Syracuse Short Track meet will be on February 10 and they look forward to welcoming skaters from Canada and the Midwest, in addition to the East, for what has been developing into a major event on the skating schedule. They have purchased additional mats to fully pad the arena and promise an exciting event for all who come. Congratulations to Mary Handley and Eddie Luban on the birth of a future speedskater, Adam! Proud poppa Dean Burns reminds the world that Virginia Burns is up and coming.

**AMATEUR SKATING  
ASSOCIATION  
OF ILLINOIS**



by BOB REIFSNYDER

Evanston's got the fever! That infection that spreads! The joy of victory. Watching the underdog, the NU Wildcats, win has infected all of Illinois with the winning fever. The Evanston Speed Skating Club has gone purple. Matt Daley, Marcus Smith and Shani Davis sporting new purple and black skins fashioned by that pro, Sam Poulos. They skate fast and are achieving personal bests this season. A coincidence? You decide.

A university that would rather study hard than emphasize competition is going to the Rose Bowl for the first time in forty-seven years. The team known for the most consecutive losses in the Big Ten has won. A whole community of people—a team—feels the fever and the thrill. The rewards have come from their effort, at last.

But why now? What's changed? The university still emphasizes the well rounded academic athlete. Is it the coaching? The kids? Inferior competition?

*(Continued on following page)*

*If you can't make a mistake  
you can't make anything.*

# buy these skates

**\$72**  
**what a**  
**deal.**



## Here's a low cost, entry level speed skate!

Now, clubs, associations and individuals can purchase the Ving 500 without making a huge financial commitment.

- \$72.00 per pair, including shipping
- Sizes children's 13 (30) through adult 15 (50)
- Leather boot and counter
- Fixed blade with variable blade length, depending on skate size
- Appropriate for short or long track. Blades will be sized accordingly. 8-meter rock for short track.
- Ving jigs available for \$15.00
- Orders are placed through the ASU, but the ASU will not repair, exchange, rent or trade skates
- Available quickly if in stock. Otherwise, approximately five weeks for delivery. Orders will be shipped from the supplier

TO ORDER CONTACT: Jim Chapin, President  
Amateur Speedskating Union of the United States  
6551 Tholozan Ave., St. Louis, MO 63109  
Phone: (314) 645-8320 FAX: (314) 645-0754

## MISSOURI SKATING ASSOCIATION

by Mary E. Chapin

Happy 1996 to all our skating friends. We hope your '96 plans include a trip or two to Missouri for the Metros Meet on March 2-3 and the National Short Track Championships on March 15-17.

The Missouri Speedskating Association has a huge group of Midget skaters this year. In fact we have so many there will have to be qualifying races to see who can skate the National Short Track. The top six point scorers in the combined Gateway Meet, six Doyle Series races and our State meet will qualify for the Nationals. J P Kepka is exempt since he is the defending Midget champion. It has been a long time since we've been in this position and we're loving it. This has to be a good sign!



Past Speedskating Olympians from Missouri who were honored at the St. Louis-Atlanta football game: Brendan Eppert, Nikki Ziegelmeyer Schuman, Dave Pavlacic, Jim Chapin Jr. and Dan Carroll.

We have renamed our six week St. Louis Short Track Series of races this year. We have named it The Doyle Series after Lee and Budd Doyle, long time supporters of speed skating in our area. Budd is a past President of the MSA and was the first president of the Gateway Speedskating Club. They were competitors for many years and worked as officials afterwards. They both still skate weekly at the Kennedy Recreation Complex. We have been lucky to have two such dedicated people in our midst all these years and the MSA is pleased that we are able to recognize them in this way.



Don Pavlacic has found a better way to enjoy football. It's more fun even than coaching for Gateway and the M.S.A.

We have two of our skaters on the mend after serious accidents while skating. John Vandersall joins Bob Scherl on our injured reserve list. We understand Bob is back on skates but won't be racing this season. John broke his leg at a Metros club practice. He had surgery the evening of the accident, was in traction for three days and then had more surgery to put in a rod and pins. John was able to come home December 23 in time for Christmas and right now is pretty much immobile. John was training for the Junior Team Trials and the Short Track season ahead. Really bad luck, but we hope by next season both Bob and John will be ready to pick up where they left off before their accidents.

### ILLINOIS *(Continued)*

I don't know and knowledgeable sports analysts will surely give the expert's view, but I have a hunch that team spirit, once it's ignited and becomes a fever, sends athletes to victory.

So what does this all have to do with speed skaters? Those athletes racing the clock. Each competitor aiming for a personal best. Well, we've got the skating team spirit here in Illinois. Five of the best speed skating teams in the country. Carmen and Tory from Champaign/Urbana watching out for each other (and achieving impressive times). Glen Ellyn's Carl, Eric's dad, writing press releases, skating, helping to develop Eric's athleticism (short on sleep). And then there's Northbrook's Valerie who told me the other day when she showed up at our club's ice time that she was loyal to her team, they just didn't have ice over Christmas. That's what winning is all about. Good athletes. Good coaching. Good support. That makes up winning TEAMS. That allows each athlete to achieve a personal best.

And how about us in Evanston? Well we haven't painted the rink purple yet, but Nate Mills has gone off to Pasadena with Sarah and our team is feeling good. Just ask our President, Steve Young.



## MICHIGAN SPEEDSKATING ASSOCIATION

By Kasey Wallis



By  
Brad  
Goskowicz

Hi! Have you missed me? This time I couldn't think of anything to write about, then I received a great photo from one of the coaches from the Alpena SC, Kathy Burton.



Great sportsmanship was evident after a long day of skating at Midland, Michigan, with combined Junior and Intermediate Woman class; Sabrina Frawley, Jesse Burton and Samtha Frawley when they got together for this photo.

When I looked at the caption, I thought; "Team sportsmanship," perfect! Isn't that what a team is all about? I don't think it's the fastest skater who makes a team a team. I think it is the people who work hard at all aspects of skating. That means not only working hard at learning your own skills, but making sure that everybody is resoundingly encouraged at meets, whether members of your team or another team or association! That is what good sportsmanship is about. That's more important than who was the fastest.

I've only been skating a couple of years. The three pictured are some of the skaters who have kept me going. If you know someone in your club like them, tell them thanks and encourage others to be like them.

*Horse sense  
means seeing things two ways—  
How you want them to be  
and how they have to be.*



Dave Paul made Category 1 this year  
Brad Goskowicz Photo

- \* Happy New Year! As I write this article in January, the season is now half over, with the best half yet to come.
- \* Still, it has already been a noteworthy season here in Wisconsin:
- \* Registered skaters are up 20% for the third year in a row.
- \* The Great Lakes Short Track had a record 66 novice skaters this year.
- \* Superlative World Cup performances by Casey FitzRandolph, Chris Witty, Chris Scheels and Kirstin Holum.
- \* Strong World-Ranking Short Track performances by Tony and Julie Goskowicz.
- \* Records and personal bests are falling like snow in Muskegon.
- \* The Great Lakes Long Track will feature a Junior Metric Competition.
- \* Wisconsin sponsors the National Long Track Championships this month.

1996 promises to be another exciting year!

**Order Your Copy Now!**

# The 1996 National Short Track Speedskating Championships Video

The Event will be held at the Wayne C. Kennedy Recreation Complex in St. Louis, MO. The Alternative Sports Konnection will be on hand to capture this exciting event on video.



You can reserve your copy now for a pre-release price of only \$19.95 plus \$5.00 (shipping and handling).

Pre-release orders must be postmarked no later than March 14, 1996 in order to take advantage of this special pre-release price offer.

All orders submitted after March 14 will cost \$24.95 plus \$5.00 (shipping and handling).

(Allow 6-8 weeks for delivery).

Please send me \_\_\_\_\_ copy(s) of The 1996 National Short Track Speedskating Championships video,

- at the pre-release price of \$19.95 plus \$5.00 shipping and handling - \$24.95 before March 14
- at the regular price of \$24.95 plus \$5.00 shipping and handling - \$29.95 after March 14

Enclosed is my check or money order payable to: The Alternative Sports Konnection.

Mail your check and order form to: The Alternative Sports Konnection  
1507 McCausland Ave.  
St. Louis, MO 63117

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

**POLAR**  
HEART RATE MONITORS

**ZANSTRA SPORTS**



**PEARL IZUMI**



**PENNINGTON**

**Skates • Jigs • Stones • Skins  
& Everything In Between**

Give Us A Call For More Information . . .



**Aaron's Skate Accessories**

Aaron Eliot Cohen  
2431 The Strand  
Northbrook, IL 60062-6543  
U.S.A.

(708) 564-1818 Voice

(708) 509-9037 FAX

**BACK STREET INLINE**

*"Yes - We Do Ice!"*

Specializing in all major brands of "High End" Equipment at

**ROCK BOTTOM - DISCOUNT PRICES!**

**SPEED** - ICE, INLINE & QUAD  
**FIGURE** - ICE & QUAD

Wheels, Bearings, Accessories, etc.



| <b>BONT BOOTS:</b>   | <b>MOGEMA FRAMES:</b>   | <b>WHEELS &amp; BEARINGS:</b>   |
|--|---|---|
| <ul style="list-style-type: none"> <li>• Micro's \$500.00*</li> <li>• Graphite's 395.00</li> <li>• Hustler's 285.00</li> <li>• Sharkie's 195.00</li> <li>• Zanstra Blades/Equip. } <i>call for low low prices</i></li> <li>• Darkstar Equipment }</li> <li>• Pennington Jigs }</li> <li>• Much, Much More }</li> </ul> | <ul style="list-style-type: none"> <li>• Diamond Series \$200.00</li> <li>• All Others 250.00</li> </ul> <p style="text-align: center;">All other brands of frames<br/>at similar savings</p> | <ul style="list-style-type: none"> <li>• Labeda 80mm/78A \$50.00/10</li> <li>• Core 80mm 115.00/10</li> <li>• Shock's 80mm 75.00/10</li> <li>• Hyper Race 80mm 80.00/10</li> <li>• Dots 80mm 90.00/10</li> <li>• Sidewinder 80mm 90.00/10</li> <li>• Boss Swiss 65.00/20</li> <li>• Ultralube (processed) 80.00/20</li> </ul> |

**908 381 3143**

\* Note: All prices subject to change.

Eastern Standard Time

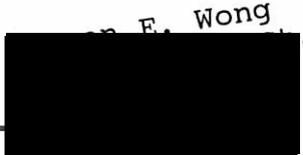


# The Racing Blade®

— Publisher —  
**R. C. HELMINSKI**  
2504 Seventeenth Street  
Wyandotte, Mich. 48192

— Editor —  
**ROBERT R. VEHE**  
404 HiLusi Avenue  
Mt. Prospect, Ill. 60056

BULK RATE  
U. S. POSTAGE  
**PAID**  
Permit No. 126  
Wyandotte, MI 48192



## You're Serious



## About Speed

## We're Serious About Skating!

FULL LINE OF SPEED SKATING & IN-LINE PRODUCTS  
AS WELL AS ICE SKATES & ROLLER SKATES

**MAIL ORDER PRICES WITH IN-STORE SERVICES!**  
YOUR BEST CONSUMER COMBINATION  
SEND FOR FREE CATALOG

# RAINBOW SPORTS SHOP

2 CONVENIENT LOCATIONS:

5920 W. Dempster,  
Morton Grove, IL 60053  
708-470-0323

4836 N. Clark St.,  
Chicago, IL 60640  
312-275-5500

Serving the skating community with service & integrity for over 37 years.



## MADE TO MEASURE

## Inline Uniforms from

# \$50.00

## Ice Speedskating from

# \$72.95

## NO MINIMUMS!

# YOUNG Originals



## Sublimation & Advanced Graphics!

P.O. Box 28, 89 Perch Lake  
Somerset Center MI. 49282  
Phone: 517-688-4860  
Fax: 517-688-3161  
e Mail: Youngorig@aol.com



## FREE CATALOG 1-800-470-3359

## PENNINGTON EXCALIBUR SHORT TRACK BLADES

Aluminum Extruded Eccentric Offset Tube • Bimetal Sprint Height Blade  
Compatible with Bont, Laberge, Marchese, etc., boots

Now available with cups - \$250.00  
+ shipping and handling

Long Track Style Also Available

## Call BOB FINKEL (201) 567-3715

BONT boots, In-Line frames and wheels, Jigs and skate accessories also in stock.