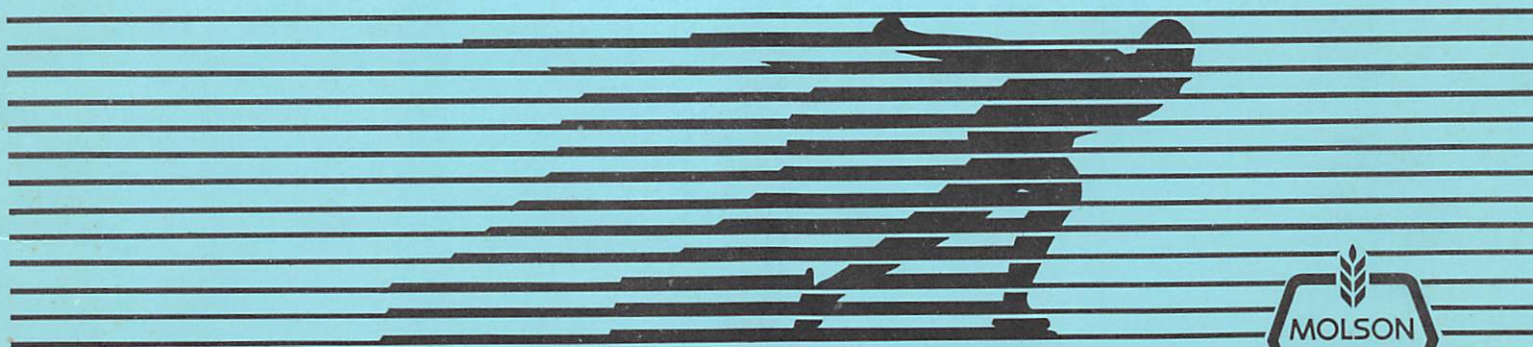
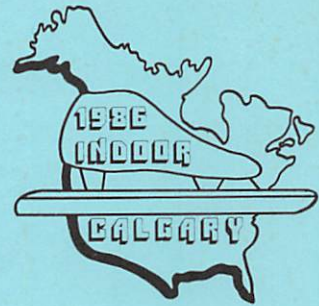


March 22 & 23, 1986 9 - 4 daily

MOLSON

North American Indoor Speed Skating Championships

Max Bell Arena Calgary, Canada



Daily Admission \$2.00
Sponsored by the Calgary Speed Skating Club

SENIOR OFFICIALS

CHIEF REFEREE	-	RENE MARLEAU
ASSISTANT REFEREE	-	GRETA HALL (USA)
		PHYLLIS LOEWEN
		MIKE HEITMAN
CHIEF STARTER	-	MARCEL LABERGE
ASSISTANT STARTER	-	T. KRYBOROUGH (USA)
		JOHN BODNARUK
CHIEF TIMER	-	CHRIS BOBENIC
		PIET DOEVEN
CHIEF PLACE JUDGE	-	LARRY DYCK
		RHONDA PLANTE
CHIEF PHOTO FINISH	-	GERRY GAINER
CHIEF RECORDER	-	TILLY SCHIPPER
COMPETITORS STEWARD	-	DENNIS NIKOLS
CLERK OF COURSE	-	JOHN DE VRIES
LAP RECORDER	-	BRUCE THORPE
ANNOUNCER	-	STEVE PIDOSNY
		AL LARONDE
MEET CO-ORDINATOR	-	JOHN THORPE

ORGANIZING COMMITTEE

CHAIRMAN	-	HOWARD COMFORT
MEET COORDINATOR	-	JOHN THORPE
FACILITIES	-	CAM WARRENDER
ASSISTANT FACILITIES	-	ROY BAKER
OFFICIALS	-	AL OVEREND
HOSTING	-	ANN OCKELOEN
PROTOCOL	-	WILMA JONES
PUBLICITY/ADVERTISING	-	BARB BAKER
ASSISTANT PUBLICITY/ADVERTISING	-	RICHARD ENGLEHARDT
FUND RAISING	-	JIM WOOD
BUDGET	-	JAYSON SHIU
TREASURER	-	DENNIS NIKOLS
CLUB REPRESENTATIVE	-	ARNO HOOGVELD
EXOFFICIO MEMBER (AASSA)	-	KLAAS SCHIPPER

MESSAGE FROM THE CHAIRMAN OF THE ORGANIZING COMMITTEE

We consider it a privilege to host a North American Championship and hope the event will be a rewarding and enjoyable experience for all the skaters, as well as for those who coach and support them.

We are grateful for the major financial support provided by the Provincial Government and Molson's Brewery, as well as for the generous contributions of money, goods and services made by numerous organizations, companies, and individuals. I would like to personally thank the meet organizing committee, the meet officials and the behind-the-scene workers who have made it all possible.

HOWARD COMFORT



THE PREMIER OF ALBERTA

307 Legislature Building, Edmonton, Alberta, Canada T5K 2B7 Telephone 403/427-2251

MESSAGE FROM PREMIER GETTY

I am pleased to extend greetings, on behalf of the Government and Province of Alberta, to all the participants of the 1986 North American Indoor Speedskating Championships being held March 22 and 23, at the Max Bell Arena in Calgary.

The Calgary Speedskating Club and the City of Calgary are proud to host this event which will see competitors from across Canada and the United States. I am sure that all the skaters, coaches, families and guests will receive a warm Alberta welcome.

Competitions such as these present a challenge that can extend personal abilities and accomplishments to new levels. I know that these championships will provide an excellent opportunity for such growth.

Best wishes for a very successful championship, and for an enjoyable stay in Alberta.

A handwritten signature in cursive script that reads "Don R. Getty". The signature is written in dark ink and is positioned above the printed name.

Don R. Getty



THE CITY OF CALGARY
OFFICE OF THE MAYOR

RALPH KLEIN
MAYOR

TO: SKATERS, COACHES, FAMILIES AND GUESTS:

It is with great pleasure that I welcome you to the City of Calgary and the 1986 North American Indoor Speedskating Championships.

The City of Calgary is honored to be the host city for this event and our hospitality is extended to all our guests from throughout Canada, the United States and other countries.

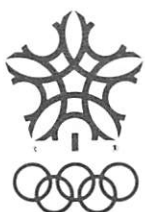
As Calgary is the site of the 1988 Olympic Winter Games, winter sports and especially short track speed skating take on new significance. I hope the high level of competition at this event will further develop the athletes and inspire them to return here for the 1988 Olympic competition.

I wish the athletes good luck in their events.

See you in '88.

Ralph Klein
MAYOR

/kih



Host City
for the 1988
Olympic Winter Games



ANDRÉ LAMOTHE
PRÉSIDENT

CANADIAN AMATEUR SPEED SKATING ASSOCIATION
ASSOCIATION CANADIENNE DE PATINAGE DE VITESSE AMATEUR

On behalf of the Canadian Amateur Speed Skating Association, I would like, first of all, to express to the Organizers my best wishes for a successful North American Indoor Short Track Championships which will be held on March 22 and 23, 1986 in Calgary.

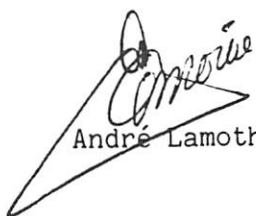
I know you will have a pleasant stay and I offer the warmest of welcome to the athletes, coaches, referees, officials and spectators from different regions of Canada and the United States who will be present for these two days of competitions.

I wish each skater will realize his best performances during this Championships. Good luck to all.

Au nom de l'Association Canadienne de Patinage de Vitesse Amateur, je désire exprimer mes meilleurs voeux de succès au comité organisateur de ce championnat Nord Américain courte piste qui se tiendra les 22 et 23 mars 1986.

Je souhaite la plus cordiale bienvenue et un séjour des plus chaleureux à tous les athlètes, accompagnateurs, entraîneurs, arbitres, officiels et spectateurs des différentes régions du Canada et des Etats-Unis qui seront présents pour ces deux journées de compétitions.

A Chacun des patineurs et patineuses, je souhaite de réaliser leurs meilleurs performances à l'occasion de ce championnat.


André Lamothe





On behalf of the Alberta Amateur Speed Skating Association I would like to welcome all athletes, visitors and guests to the 1986 North American Indoor Championships.

The essence of staging these Championships is the spirit of partnership. I wish every skater "good luck" and an enjoyable stay in the City of Calgary.

Finally, I would like to pay tribute to the Organizing Committee and the many volunteer workers. I wish to thank all those who contributed to the realization of this event.

Klaas Schipper
President, Alberta Amateur
Speed Skating Association

Au nom d'Association de patinage de vitesse amateur d'Alberta, je souhaite la bienvenue à tous les athlètes, à tous les visiteurs et à tous les invités d'honneur aux 1986 Championnats Nord-Américains Intérieur.

Il y a un élément fondamental aux ces Championnats et c'est l'esprit d'unité et de camaraderie. Je souhaite à tous les patineurs "bonne chance" et un séjour agréable dans la ville de Calgary.

Je désire finalement rendre hommage au Comité d'organisation et aux nombreux bénévoles. Je remercie tous ceux qui ont rendu cet événement.

Klaas Schipper
Président, Association de
patinage de vitesse amateur d'Alberta



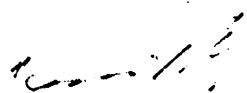
CALGARY SPEED SKATING CLUB

I would like to take this opportunity to welcome all participants in the 1986 North American Indoor Speed Skating Championships. In addition, on behalf of the Calgary Speed Skating Club, I welcome you to Calgary and Alberta. I know everyone in our club is proud of our city and proud to be your host.

I wish to express my heartfelt thanks to all the volunteers who gave so freely of their time to organize, promote and officiate at these championships. Without them, this event could not have been a reality. Our sponsors deserve a special note of thanks.

Nothing would please me more than to see all of you go home winners. You may not all leave with medals; you will all be winners, having made this championship a successful event.

Sincerely yours,


Dennis Nikols,
President, C.S.S.C.

DN:lr D5/2/4

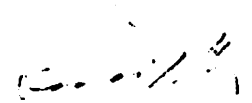
Je voudrais prendre cette opportunité pour souhaiter la bienvenue à tous les participants au championnat intérieur nord américain de patinage à vitesse. De plus, au nom du "Calgary Speed Skating Club", je vous souhaite la bienvenue à Calgary et en Alberta. Je sais que tous les membres de notre club sont fiers de leur ville et qu'ils sont fiers de vous y recevoir.

Je voudrais remercier sincèrement tous les bénévoles qui ont consacré leur temps pour organiser, promouvoir et supporter ce championnat. Sans eux, cet événement n'aurait pu avoir lieu.

Je voudrais aussi remercier nos commanditaires pour avoir fourni le matériel nécessaire au succès de ce championnat.

Rien ne me serait plus agréable que de vous voir retourner chez vous victorieux. Vous ne partirez pas tous avec des médailles au cou, mais votre simple participation, et contribution au succès de ce championnat auront fait de vous un champion.

Sincèrement,


Dennis Nikols,
Président, C.S.S.C.

We hope you will all enjoy the racing over the next two days and, to help you gain a better understanding and appreciation, we will explain the different parts of the sport.

The program of events is detailed elsewhere and shows the classes and distances for women and men.

During the competition there are several breaks for "resurfacing the ice". This is an important part of the skating competition and the operation is familiar to anyone who has attended a hockey game. The "Zamboni", an ice maintenance machine, shaves the ice and distributes a film of warm water in one pass.

S A F E T Y

If you are new to the sport, you will soon realize that Indoor Speed Skating is an extremely fast and exciting sport. There are elements of maneuvering which are spectacular, especially on the curves.

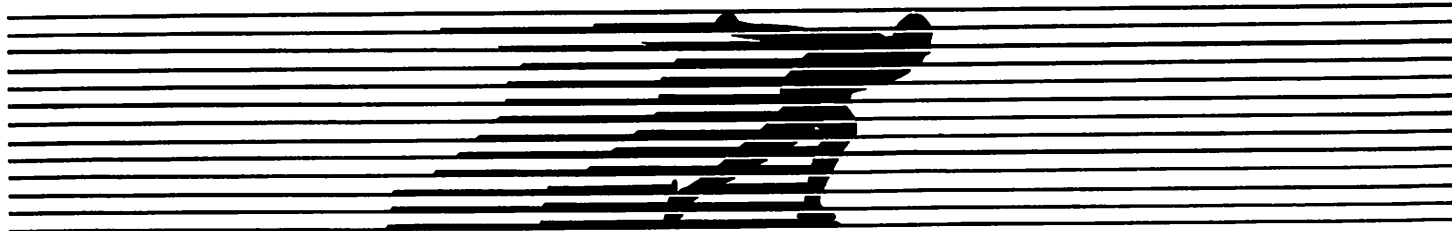
For this reason, and in the interests of competitors' safety, Speed Skating Regulations demand appropriate padding and protection and it is reassuring to the skaters and coaches that at this championship, there is thick padding at the danger points.

E Q U I P M E N T

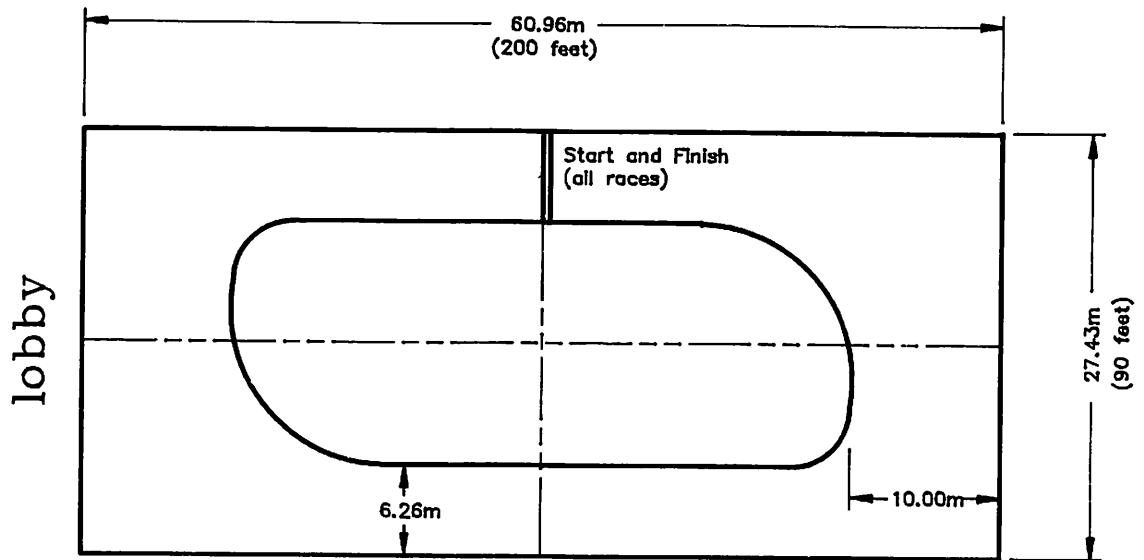
Each skater owns at least one pair of speed skates which have, during the past few years, reached a high degree of sophistication.

There are inter-changeable blades, molded boots to the individual's feet and all this refinement can become very costly. In fact, it is not unusual to spend \$350 on a pair of indoor speed skates.

The clothing worn by most skaters is also very important. Light-weight "skin suits" in a one piece design are now the order of the day; in fact any resistance to rapid movement is strictly taboo. Helmets tend to be streamlined with identification of the individual skater often evident.

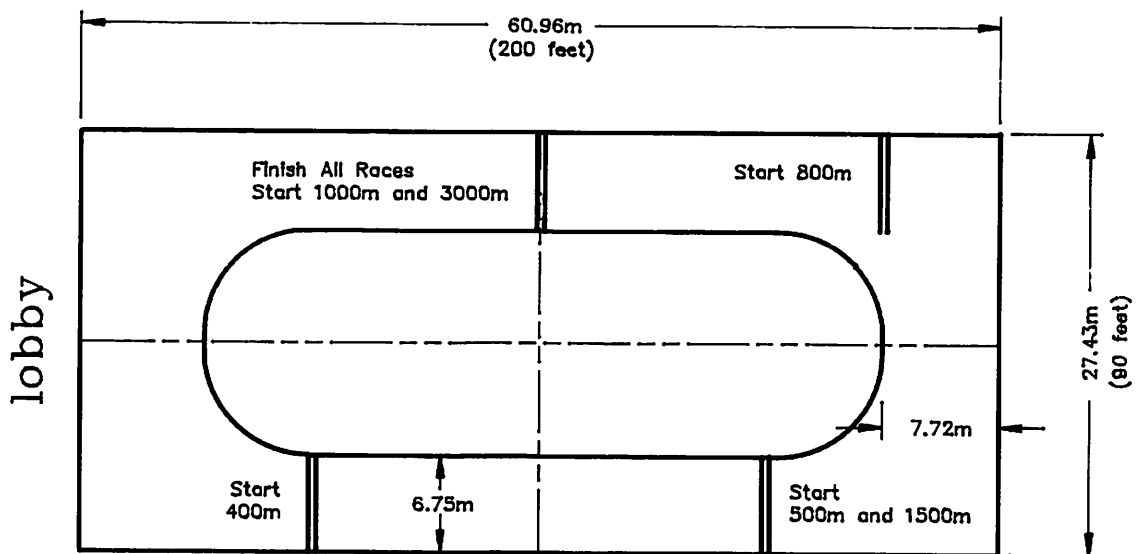


Canadian Amateur Speed Skating Association 100 Metre Double Radius Indoor Speed Skating Track



1 Lap = 100 Metres

International Skating Union 111.12 Metre Indoor Short Speed Skating Track



1 Lap = 111.12 Metres

R A C E S

Skaters compete in Heats, Quarter Finals, Semi Finals, and Finals against skaters in their age class and over several distances. There are up to five skaters on the starting line in the shorter distances of each class, and six on the line in the longer distances. In the very long 3000 metre races, eight or even nine skaters may race together.

Each race is started using a low calibre pistol. Each skater is only allowed two false starts, and is disqualified from the race if he makes a third false start. If during the start a skater falls before reaching the apex of the first corner, the race may be called back by the starter for a new start. Other disqualifications can arise from contact or collision with other skaters, impeding, and other interference.

There are two types of tracks being used at this Championship. The National teams or International skaters are skating on the "International Skating Union (ISU) Indoor Short Speed Skating Track", used in all International Competitions. The rest of the skaters skate on the "Double Radius Indoor Speed Skating Track" traditionally used in Canada. One lap around the ISU track is 111.12 metres, whereas one lap around the Double Radius Track is 100 metres.

There will be four-man relay races at the end of the meet. These races are renowned for the excitement and interest they create - a real spectator event.

W H O _ W I N S

The winner of a race is the skater whose skate crosses the finish line first. Photofinish equipment (which freezes the action across the finish line) is used by finish line judges to determine the winner.

The skater who wins the most points in all the races of an age class, is declared the age class champion. Points are awarded only to the skaters competing in the final of each distance:

FIRST PLACE	5 points
SECOND PLACE	3 points
THIRD PLACE	2 points
FOURTH PLACE	1 point

A large number of officials (40 to 80) are required to run a championship. Their duties include; registering the skaters, determining the order of races, overseeing the conduct of the races, determining the time and placing of each skater, recording the results and identifying the champions.

The Chief Referee is the senior official and as such is responsible for ensuring the competition is conducted fairly and in accordance with the rules laid down by the sports governing body (the Canadian Amateur Speed Skating Association).

T H E _ N O R T H _ A M E R I C A N _ C H A M P I O N S H I P

In accordance with Articles of Alliance between the Amateur Speed Skating Union of the United States (the ASU) and the Canadian Amateur Speed Skating Association (CASSA), there is an Indoor and an Outdoor competition held each year to determine the best skaters in the USA and Canada. Each competition alternates between the two countries each year. Skaters from other ISU Member Countries may enter.

SHORT TRACK IN THE OLYMPICS

Among the firsts at the XV Olympic Winter Games in Calgary in 1988, will be the inclusion of Short Track Speed Skating as a Demonstration Event. This is the first step towards Short Track Speed Skating becoming an Olympic discipline.

The demonstration event will be spread over four days and will be in a modified World Championship format. One of the four distances will be skated and medals awarded each day. The Relay Heats will be run on the first two days, and the Relay Finals will be run on the last two days.

Ten nations will be invited to send teams of four men and four women. The selection of which nations to be invited will probably be made following the 1987 World Championships in Montreal. These athletes will be housed in a separate village from the athletes in medal sports, but will nevertheless be a part of Calgary's celebration of the fifteenth Olympiad.

The arena to be used is the new Father David Bauer Arena, which seats about 2 000 around a 60 m x 30 m ice surface. Everyone will have a good view of this very exciting sport. It will be televised live throughout North America starting on Monday, February 22 (a holiday in USA) through Thursday, February 25.





CALGARY SPEED SKATING CLUB

75 SUSSEX CRESCENT S.W.
CALGARY, ALBERTA
T2W 0L6
Telephone: 259-4192

SO YOU WANT TO BE A SPEEDSKATER?

THE CALGARY SPEED SKATING CLUB is looking for new members

*
* WE OFFER LEARN TO SKATE, *
* RECREATIONAL AND RACING *
* PROGRAMS FOR ALL AGES ON *
* INDOOR AND OUTDOOR ICE *
*

IF YOU ARE INTERESTED CALL US:

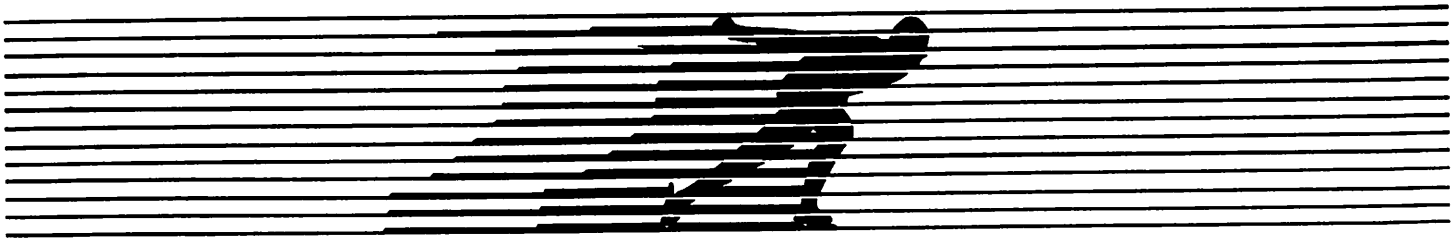
DENNIS NIKOLS 259-4192
GARY KOOISTRA 242-6146

WE OFFER TWO WEEKS OF SKATING WITH NO OBLIGATION STARTING OCTOBER 1

(A LIMITED NUMBER OF SPEED SKATES ARE AVAILABLE FOR RENT)

OUR OUTDOOR 400 M OVAL IS AT THE GLENMORE ATHLETIC PARK

50th AVENUE AND 16th STREET S.W.



Contestants entering a North American Indoor Championship Meet must skate all events of their age class as indicated below, if they are to be considered for the Age Class Champion.

DOUBLE RADIUS TRACK

<u>Age Class</u>	<u>Age (Years)</u>	<u>Distance</u>
MIDGET	10 - 11	300, 400, 500, 600 m
JUVENILE	12 - 13	300, 400, 800, 1000 m
JUNIOR	14 - 15	400, 800, 1000, 1500 m
INTERMEDIATE	16 - 17	400, 800, 1000, 1500, 3000 m
SENIOR	18+	400, 800, 1000, 1500, 3000 m
MASTER (EXHIBITION ONLY)	35+	400, 800, 1000, 1500 m
RELAY - WOMEN		3000 m
- MEN		5000 m

ISU TRACK (NATIONAL TEAM SKATERS)

INTERNATIONAL CLASS	500, 1000, 1500, 3000 m
RELAY - WOMEN	3000 m
- MEN	5000 m

RESULTS - WOMEN

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	FOURTH PLACE
MID 300M	_____	_____	_____	_____
400M	_____	_____	_____	_____
500M	_____	_____	_____	_____
600M	_____	_____	_____	_____
JUV 300M	_____	_____	_____	_____
400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
JR 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
INT 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
SR 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
RELAY 3000M	_____	_____	_____	_____

ISU (NATIONAL TEAM) SKATERS

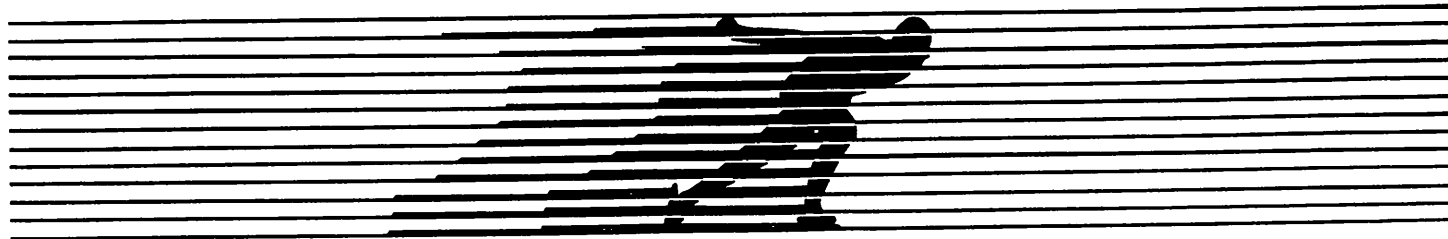
500M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
RELAY 3000M	_____	_____	_____	_____



EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	FOURTH PLACE
MID 300M	_____	_____	_____	_____
400M	_____	_____	_____	_____
500M	_____	_____	_____	_____
600M	_____	_____	_____	_____
JUV 300M	_____	_____	_____	_____
400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
JR 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
INT 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
SR 400M	_____	_____	_____	_____
800M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
RELAY 5000M	_____	_____	_____	_____

ISU (NATIONAL TEAM) SKATERS

500M	_____	_____	_____	_____
1000M	_____	_____	_____	_____
1500M	_____	_____	_____	_____
3000M	_____	_____	_____	_____
RELAY 5000M	_____	_____	_____	_____



PROGRAMME

C A L G A R Y

22 - 23 Mars

1 9 8 6

Lieu d'Hebergement: Marlborough Inn (H)

Arena : Max Bell (A)

Enregistrement (H)	17 Mars, Lundi 7:30 - 8:30
Pratique (A)	18 Mars, Mardi 12:00 - 3:00
Enregistrement (H)	7:30 - 8:30
Pratique (A)	19 Mars, Mercredi 12:00 - 3:00
Enregistrement (H)	7:30 - 8:30
Pratique (A)	20 Mars, Jeudi 12:00 - 3:00
Enregistrement (H)	7:30 - 8:30
Pratique (A)	21 Mars, Vendredi 12:00 - 2:00
Tour du nouveau Anneau Olympique de Calgary (H)	3:00 - 5:00
Assemblee des patineurs autour de la piscine (H)	5:00 - 7:00
Pratique (A)	7:00 - 9:00
Enregistrement (H)	7:00 - 8:30
Reunion des Officiels (H)	7:00 - 8:30
Reunion des Entraîneurs (H)	8:30 - 9:30
Soiree de l'amitie (adultes - H)	8:30 -
Petit Dejeuner (H)	22 Mars, Samedi 6:30 - 7:30
Echauffement (A)	7:00 - 8:30
Competitions (A)	9:00 - 6:00
Finales - Premiere distance	11:30
Ouverture Officielle	12:30
Finales - Deuxieme distance	4:15
Banquet (Bar ouvert 7:00 - H)	8:00 - 10:00
Soiree de l'amitie (adultes - H)	10:00 -
Petit Dejeuner (H)	23 Mars, Dimanche 6:30 - 7:30
Echauffement (A)	7:00 - 8:30
Competitions (A)	9:00 - 4:30
Finals - Troisieme distance	10:30
-4me dist Interm& Senior + 3me dist. International	1:00
Finals - Derniere distance	2:30
Relais	4:00 - 4:30
Remise des medailles et trophées	4:30 - 5:00

C A L G A R Y

March 22 - 23

1 9 8 6

Meet Headquarters: Marlborough Inn (H)

Arena : Max Bell (A)

Registration (H)	Monday, March 17 7:30 - 8:30
Practice (A)	Tuesday, March 18 12:00 - 3:00
Registration (H)	7:30 - 8:30
Practice (A)	Wednesday, March 19 12:00 - 3:00
Registration (H)	7:30 - 8:30
Practice (A)	Thursday, March 20 12:00 - 3:00
Registration (H)	7:30 - 8:30
Practice (A)	Friday, March 21 12:00 - 2:00
Tour to Calgary's new Olympic Oval (H)	3:00 - 5:00
Skater Hospitality at pool area (H)	5:00 - 7:00
Practice (A)	7:00 - 9:00
Registration (H)	7:00 - 8:30
Officials Meeting (H)	7:00 - 8:30
Coaches Meeting (H)	8:30 - 9:30
Hospitality Suite open (adults only - H)	8:30 -
Breakfast (H)	Saturday, March 22 6:30 - 7:30
Warm-up (A)	7:00 - 8:30
Competitions (A)	9:00 - 6:00
Finals - first distance	11:30
Official Opening Ceremony	12:30
Finals - second distance	4:15
Banquet (cash bar at 7:00 - H)	8:00 - 10:00
Hospitality Suite open (adults only - H)	10:00 -
Breakfast (H)	Sunday, March 23 6:30 - 7:30
Warm-up (A)	7:00 - 8:30
Competitions (A)	9:00 - 4:30
Finals - Third distance	10:30
- 4th dist. Intern. & Senior + 3rd dist. Intern	1:00
- Last distance	2:30
Relays	4:00 - 4:30
Awards Ceremony	4:30 - 5:00

Since 1976, Canada has ranged first at each Short Track Championships (indoor track) except for 1978 and 1985.

- 1977 * World Short Track Championships, France
Brenda Webster, World Champion, 2 gold, 1 bronze,
1 gold overall
- 1978 * World Short Track Championships, England
Brenda Webster, 2 bronze
Cathy Turnbull, 1 silver
- 1979 * World Short Track Championships, Canada
Sylvie Daigle, World Champion, 1 gold, 2 silver, 1 bronze,
gold overall
Cathy Turnbull, 1 gold, 2 silver, 1 bronze, silver overall
Brenda Webster, 1 bronze
Louis Baril, 1 gold, 2 bronze, silver overall
Louis Grenier, 1 silver
Gaetan Boucher, 1 silver
- 1980 * World Short Track Championships, Italy
Gaetan Boucher, World Champion, 3 gold, gold overall
Louis Grenier, 2 silver, silver overall
Louis Baril, 1 silver
Cathy Turnbull, 1 silver, 3 bronze, bronze overall
- 1981 * World Short Track Championships, France
Benoit Baril, World Champion, 1 gold, 2 silver, gold overall
Gaetan Boucher, 1 gold, 1 silver, silver overall
Louis Baril, 1 gold
Louise Begin, 1 silver, 2 bronze, bronze overall
Nathalie Grondin, 1 bronze
- 1982 * World Short Track Championships, Canada
Guy Daignault, World Champion, 3 gold, 1 silver, gold overall
Gaetan Boucher, 3 silver, silver overall
Louis Grenier, 1 gold, 1 bronze, bronze overall
Maryse Perrault, World Champion, 2 gold, 2 silver, gold overall
Louise Begin, 1 gold, 1 bronze, silver overall
Sylvie Daigle, 1 gold, 1 silver, bronze overall

- 1983 * World Short Track Championships, Japan
 Sylvie Daigle, World Champion, 4 gold, gold overall
 Maryse Perrault, 2 bronze, bronze overall
 Louis Grenier, 3 gold, 1 bronze, gold overall
 Michel Delisle, 1 gold, 1 bronze, silver overall
 Guy Daignault, 2 silver, bronze overall
- 1984 * World Short Track Indoor, England
 Guy Daignault, World Champion, 2 gold, 1 silver, gold overall
 Michel Daignault, 1 silver, 1 bronze, bronze overall
 Sylvie Daigle, 1 gold, 1 silver, silver overall
 Natalie Lambert, 1 silver, 1 bronze, bronze overall
 Marie Martin, 1 silver
- 1985 * World Short Track Indoor, Holland
 Maryse Perreault, 2 bronze
 Susan Auch, 1 bronze
 Nathalie Lambert, 1 silver, bronze overall
 Canadian Women, 1 silver relay
 Louis Grenier, 1 gold, 1 silver, bronze overall
 Michel Delisle, 1 bronze

**1985 NORTH AMERICAN
 CLASS WINNERS**

MASTERS MEN	-	RONALD SCHOLEFIELD	(MICHIGAN)
SENIOR MEN	-	GUY DAIGNAULT	(QUEBEC)
SENIOR WOMEN	-	BONNIE BLAIR	(ILLINOIS)
INTERMEDIATE MEN	-	MARIO VINCENT	(QUEBEC)
INTERMEDIATE WOMEN	-	TAMMI ROSBECK	(MICHIGAN)
JUNIOR MEN	-	NEIL SULLIVAN	(QUEBEC)
JUNIOR WOMEN	-	CAROLINE MAHEUX	(QUEBEC)
JUVENILE BOYS	-	PIERRE LANTHIER	(QUEBEC)
		MICHAEL KANGAS	(MICHIGAN)
JUVENILE GIRLS	-	EDEN DONATELLI	(BRITISH COLUMBIA)
MIDGET BOYS	-	PATRICK SULLIVAN	(QUEBEC)
MIDGET GIRLS	-	CAROLINE GAGNE	(QUEBEC)

LADIES/DAMES

NORTH AMERICAN INDOOR RECORDS 100 m DOUBLE RADIUS TRACK

CHAMPIONNATS NORD AMERICAIN - RECORD ETABLI SUR PISTE INTERIEURE 100 m DOUBLE RAYON

<u>DIST</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>PLACE</u>	<u>DATE</u>
<u>DIST</u>	<u>TEMPS</u>	<u>NOM</u>	<u>CLUB</u>	<u>ENDROIT</u>	<u>DATE</u>
<u>Senior</u>					
400 m	43.7	Susan Hellingwerf	Quebec	Sherbrooke	1982
800 m	1:29.9	Susan Hellingwerf	Quebec	Sherbrooke	1982
1000 m	1:56.1	Cathy Turnbull	Regina	Victoria	1980
1500 m	2:56.0	Cathy Turnbull	Regina	Victoria	1980
*3000 m	6:41.70	Cathy Vogt	Manitoba	St. John	1984
<u>Intermediate/Intermediaire</u>					
400 m	43.0	Lisa Parfitt	Michigan	Sherbrooke	1982
800 m	1:33.9	Louise Begin	Norbec	Victoria	1980
1000 m	1:59.2	Lisa Parfitt	Michigan	Cherbrooke	1982
1500 m	3:04.7	Lisa Parfitt	Michigan	Sherbrooke	1982
*3000 m	7:11.16	Susan Auch	Manitoba	St. John	1984
<u>Junior</u>					
400 m	43.9	Natalie Grondin	Norbec	Victoria	1980
800 m	1:31.12	Angela Curtone	Montreal	Saint John	1984
1000 m	1:58.2	Lucie Gagnon	Norbec	Victoria	1980
1500 m	2:55.2	M. Kinoshita	Japan	Sherbrooke	1982
<u>Juvenile</u>					
300 m	33.28	Nathalie Patenaude	Quebec	St. John	1984
400 m	44.56	Sylvie Cantin	Quebec	St. John	1984
600 m	1:08.8	Beth Nowell	Mass.	Sherbrooke	1982
800 m	1:32.5	Susan Auch	Winnipeg	Victoria	1980
*1000 m	1:59.09	Sylvie Cantin	Quebec	St. John	1984
<u>Midget/Cadet</u>					
200 m	24.3	Maura D'Andrea	N. New York	Victoria	1980
300 m	35.0	Sylvie Cantin	Quebec	Sherbrooke	1982
400 m	46.1	Sylvie Cantin	Quebec	Sherbrooke	1982
500 m	58.2	Sylvie Cantin	Quebec	Sherbrooke	1982
*600 m	1.12.51	Jule Marceaux	Quebec	St. John	1984

*new distances first year

nouvelles distances - premiere annee

NORTH AMERICAN INDOOR RECORDS 100 m DOUBLE RADIUS TRACK
 CHAMPIONNATS NORD AMERICAIN - RECORD ETABLI SUR PISTE INTERIEURE 100 m DOUBLE RAYON

<u>DIST</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>PLACE</u>	<u>DATE</u>
<u>DIST</u>	<u>TEMPS</u>	<u>NOM</u>	<u>CLUB</u>	<u>ENDROIT</u>	<u>DATE</u>
<u>Senior</u>					
400 m	40.1	Gaetan Boucher	Norbec	Vaudreuil	1980
800 m	1:21.1	Gaetan Boucher	Norbec	Victoria	1980
1000 m	1:47.0	Louis Baril	Quebec	Sherbrooke	1982
1500 m	2:46.4	Louis Grenier	Norbec	Victoria	1980
3000 m	5:50.4	Gaetan Boucher	Norbec	Victoria	1980
<u>Intermediate/Intermediaire</u>					
400 m	40.4	Robert Tremblay	Quebec	Sherbrooke	1982
800 m	1:23.7	Gordon Goplen	Saskatchewan	Sherbrooke	1982
1000 m	1:44.1	Robert Tremblay	Quebec	Sherbrooke	1982
1500 m	2:47.6	Robert Tremblay	Quebec	Sherbrooke	1982
*3000 m	6.22.91	Mark Lackie	St. John	St. John	1984
<u>Junior</u>					
400 m	40.1	Benoit Lamarche	Quebec	Sherbrooke	1982
800 m	1:22.8	Mark Lackie	N.B.	Sherbrooke	1982
1000 m	1:44.3	Benoit Lamarche	Quebec	Sherbrooke	1982
1500 m	2:41.2	Mark Lackie	N.B.	Sherbrooke	1982
<u>Juvenile</u>					
300 m	30.8	Derrick Auch	Manitoba	Sherbrooke	1982
400 m	42.1	Derrick Auch	Manitoba	Sherbrooke	1982
600 m	1:01.3	Derrick Auch	Manitoba	Sherbrooke	1982
800 m	1:23.6	Derrick Auch	Manitoba	Sherbrooke	1982
*1000 m	1:54.67	Sylvain Gagnon	Quebec	St. John	1984
<u>Midget/Cadet</u>					
200 m	22.5	Derrick Auch	Winnipeg	Victoria	1980
300 m	33.4	Derrick Auch	Winnipeg	Victoria	1980
400 m	45.73	Jerome Fryer	Mission	St. John	1984
500 m	56.0	Derrick Auch	Winnipeg	Victoria	1980
*600 m	1.10.77	Pat Carpenter	Montreal	St. John	1984

* new distances
 nouvelles distances - premiere annee

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